Lane

Lane Community College

4000 E. 30th Ave. Eugene, OR 97405

Vol. 18, No. 6 October 23 - 39, 1980

A kick in the grass

Soccer's heady blend of rug-gedness, speed, and graceful coor-dination has gained increasing popularity around the country in recent years.

In a match played here October 22, an OSU defender challenges a determined Titan drive to the goal

The Titans face Southern Oregon State College on their home pitch Saturday, October 25.



TRESIDE ALL

Editorials «» Letters «» Opinions

No Reagan

To the Editor:

Since the issue has been brought up in an attempt to rid Reagan of his war-monger image that he is against the "peacetime draft," I thought it would be interesting to point out some of the things that the actor-turnedpolitician does support and op-

Looking at the 1980 Republican platform and past quotations from Reagan one has to notice that he is strongly opposed to social programs that benefit the poor including unemployment insurance, welfare, food stamps, and many others. This combined with the lack of jobs, the higher costs of attending college, and the fact that Reagan is for massive military spending, an escalated nuclear arms race, supports the Vietnam war as an 'honorable cause,'' and wants to blockade Cuba, brings me to the conclusion that under a Reagan Presidency a "peacetime draft" would not be necessary simply because the lower echelons of the economic ladder would be financially forced into the military. It should be obvious to everyone that this man is no dove of peace!

Ronald Reagan says this country needs to be and I quote "not regulated by government but ruled by big business." America shouldn't be ruled by anyone! Isn't this a democracy? Does Ronald realize that without government regulation the oil and electric companies will not give us renewable energy resources until they have sold us every drop of oil and every nuclear reactor that the public will buy? Does he know this problem is also the main cog in our economic woes? Does he know that without government regulation of pollution from this big business sector that many of us will live to see the day that Oregonalismon longerow noise beautiful, slow bas green? Of course he does, but all of To the Editor: that Ronald Reagan is concerned about is the wealth of the already wealthy. Does America want to be ruled by the oil companies any more than we already are?

Ronald Reagan is also supported by these American Ayatollahs with their religious televison programs who call themselves "the moral majority." The reasons these people support Ron are because he supports military spending, is against abortion, and wants to put "prayer back into our schools." Haven't Americans always had the right to pray wherever and whenever they want to? What Reagan and these people are talking about is forced prayer! That the possibility looms that someday our children will be forced to pray in their public schools is preposterous! Whatever happened to the good old freedom of religion and the separation of state and religion. These people want to do away with the teaching of the humanities entirely in favor of the holy gospel.

Ron Reagan is pushing a measure that will give more power to the CIA and FBI. Barry Goldwater in his keynote speech at the Republican Convention stated in support of Reagan's stand on this issue that, "We have to know who those people are that are living among us that don't believe in the system!' Whose system? America's or Reagan's? Because if it's the latter, myself and anyone else could find themselves with their phones tapped or worse. Internal oppression and external aggresion are not the answer to our country's problems.

America must junk this machoistic reactionary, attitude and lighten up before it gets us all in trouble. We have the responsibility to our country and the rest of the countries on this good earth not to make a 70-year old Fascist one of the most powerful men in an already troubled world.

John T. Nelson

Lighten up Ms.

I see in the Oct. 16 issue of the TORCH where Anne Stewart has predictably directed one of her libby knee-jerk responses in the direction of the student recreation area. Her objection to the game area on the basis of its catering mainly to "young white men," leaves one wondering if she hasn't finally gone off the deep end in her zealous quest to ferret out sexism. (Her persistent outcries sort of remind you of the Salem witch hunts, the McCarthy witch hunts, and the boy, pardon me, the "person" who called wolf once too often, all rolled into oné paranoid and jaundiced view of the world.)

I would remind Ms. Stewart that there is nothing inherently "male" about a pin ball machine or a pool table. Neither game requires any particular strength to play, neither game requires any particular skill that can't be learned by anyone. Is Ms. Stewart simply saying we should forget the idea of a game area because she feels that women and minorities are not interested in pool or pin ball? If so, I would hasten to remind her that preference of entertainments is no ground for objection. Such individual choices are not sexually mandated. I think it's high time Ms. Stewart realize that many of her sacred cows are themselves sexist. I think I'd be justified in assuming that a Child Care Center would carte mainly to women's

For Pete's sake (pardon me again), for Patricia's sake, Anne, lighten up and get over yourself. **Jack Robert**

Tacky protest

To the Editor:

I would like to speak out as a student of LCC about a recent event which transpired on campus. I would like to express my feelings of ire in regards to the anti-abortion demonstration on campus last Thursday, Oct. 16. My protest is not against their right to demonstrate, because I will defend their right to protest with my last breath, even though I personally oppose their cause. No, my protest is about the undignified and extremely prejudiced manner in which they chose to demonstrate. Some of their tactics were devious, underhanded, and highly insulting (to those who were passers-by and those who questioned them). Harassment and name-calling were also some of the tactics employed.

A classmate related to me an incident with some of the demonstrators in which, upon questioning about their cause, she was met with taunts of 'murderess!'' She was understandably upset!

But, perhaps the most horrific and deplorable tactic of all, I understand happened later in the afternoon when an image of a baby was placed upon a cross! Need I comment upon this gross over-simplification and sentimentalization of the issue?



These so-called "Christians" were a group from the Liberation House. What gives them the right to stand up on their high horses and publicly denounce passersby as "murderesses" and sinners and to stand in judgement of them? Did not Jesus say that one must "first cast out the mote that is in thine own eye" before passing judgement upon others? Did not he also say, "Judge not, lest ye be not also judged?" And did He not teach love and tolerance for everyone?

I feel hard-pressed to also point out some of this group's inconsistencies. I never received any satisfactory or well-formed answers to questions I posed in regards to killing in warfare, the practicality of nuclear power or nuclear arms. Another question which did not receive any attention was about the quality of life for new beings born into this world. I definitely got the impression from this group that is a totally ignored issue.

In conclusion, I must note that other self-admitted "Christians" on campus allowed themselves to get caught up in the emotionalism of this issue and didn't really think the issue out for themselves before jumping to defend their fellow "Christians." Perhaps they felt some sort of obligation towards them or is it some sort of "Christian" conspiracy to impinge their idea of morality onto the general public? (This reeks of the Moral Majority, who threaten to deprive non-Christians of their

I find myself totally outraged that this group was permitted to behave in such unseemly and denigrating fashion and I want to know whether or not the student government will allow this particular group (or any other one, for that matter, who engages in such deplorable conduct) to demonstrate on campus again. I think that any group that cannot conduct itself in an orderly and dignified fashion ought not to be issued a permit to demonstrate on

constitutional rights.)

One last thought -- I hope that there are some other persons out there who are also perturbed by this breach of respect for fellowhumans. Let's hear from you!

Shelly Tea

P.S. It has since come to my at-

tention that the image of a baby upon a cross was not enacted by the pro-life group, but by a group of people parodying the message of this same group.

Children first

To the Editor:

I feel that it is important to stress certain reasons why the proposed recreational facility in the snack bar area should not go through.

Due to our obvious lack of funds at LCC it seems that any extra money we do have should be put to use in much more needed areas such as child care. Child care is a definite issue with many of the students at Lane.

Granted, game machnines could bring money into the school. However, this is also true of child care. Needy parents could pay possibly on a sliding scale. This would bring consistent constructive funds into the school.

I've personally seen a lot of illegal and unacademic things going on in the snack bar area such as: smoking pot, drinking, and simply hanging out all day. A game room would attract even more of these people, and encourage more of this behavior.

Lane Community College is a school. There are many other places around the community to go for fun and games.

Please take this into considera-

Debi Berrow

For Reagan

To the Editor:

In last week's TORCH issue, Ms. Vicki Beede responded to my recently published letter entitled 'Carter Used Smear Tactics.'' In my letter, I gave just one example of racism by Carter and the irony of Carter mislabeling Reagan a racist. Ms Beede then accused Reagan of racism, so I'll respond to a few of her charges against

I) Ms. Beede hinted that since Reagan was endorsed by some

An anti-will not then be taken in a partie of

Continued on Page II

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The TORCH is a student-managed newspaper oublished on Thursdays, September through June.

News stories are compressed, concise reports intended to be as fair and balanced as possible. Some may appear with a byline to indicate the reporter responsible.

News features, because of their broader scope, may contain some judgments on the part of the writer. They are identified with a "feature" byline. Forums" are essays continuously TORCH readers and are aimed at broad issues facing members of the community. They should be limited to 750 words.
"Letters to the Editor" are intended as short

commentaries on stories appearing in The TORCH.
The editor reserves the right to edit for libel or length.
"Omnium-Gatherum" serves as a public announcement forum. Activities related to LCC will be

All correspondence must be typed and signed by the writer. Deadlines are the Tuesday prior to publication. Mail or bring all correspondence to: The TORCH, Room 205 Center, Building, 4000 E. 30th Ave. Eugene, Or 97401. Phone 747-4501. ext. 2654.

Dog disease vaccine now available

by Jeff Saint of The TORCH

Parvo Virus, a highly contagious disease currently affecting dogs in all parts of the country, was discovered in this area several months ago. A preventative vaccine (dellen-parvocine) is available, but is in very short supply, according to the Tri-Agency Animal Clinic.

Early symptoms of the disease are depression, high fever, lack of appetite and vomiting. The last symptoms are red-brown diarrhea, dehydration, gastroenteritis (stomach pains) and further vomiting.

The vaccinations come in a series of two shots given three weeks apart. An annual booster is also recommended. Blood immunity to the virus takes effect one week after the second shot. The shot won't protect dogs previously exposed to the

Treatment for seriously affected dogs costs from \$150 to \$300. It consists of supportive intravenous fluid therapy and antibiotic therapy if the animal has a low white blood cell count.

Death rates are variable. Twenty to forty percent of young pups and ten to twenty percent of mature dogs who have contracted the disease die.

The disease is highly contagious. It can be spread by petting an affected dog and then petting a healthy dog, or from the shedding hair of an affected dog. The Tri-Agency Animal Clinic advises dog owners to keep their animals at home and away from other dogs at least one week after the dog has had the second shot and has a blood immunity to the disease. The vaccination may not be 100 percent effective, but a healthy dog should be safe, Tri-Agency claims.

Although the McKenzie Animal Hospital has some of the Parvo serum, it is treating animals through a waiting-list system.

For more information contact the Tri-Agency at 687-DOGS.

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Women to rally against rape

by Mara Math of The TORCH

It wasn't planned this way, but one week after the escape of convicted rapist John Paul Schroeder, Eugene women will be marching en masse to protest violence against women.

The march, entitled "Women Take Back the Night," has been planned for several months as a way of dealing with violence against women that includes wife-beating, sexual harassment on the job, and degradation in advertising and pornography.

The incidence of reported rape increased 11 percent here in the last year, a rate higher than the national average.

But there's power in numbers, says Janice Rubin, one of the march's 25 organizers. "You have a chance to realize just how many other women feel the same way. It breaks down the isolation. Take Back the Night is a bringing together of all the resources that we have so that we can take action in our communities.'

Take Back the Night will open Saturday, Oct. 25, with a day of

workshops at South Eugene High School, 400 E. 19th.

Workshops will include Women In Media; Rape Crisis Network

Against Violence Against Women.

The workshops will be followed by an open potluck at 5 p.m. and the rally and march will begin at 7

Women Take Back the Night



This drawing signifies the Take Back the Night movement featured on posters of the event.

sessions, one for women and one for men; self defense for both disabled and able-bodied women; and a slide show by Women at the High School and return

Carpooling will be available to the Women's Dance at 40th and

Donald streets. Childcare and sign interpreting for the hearing impaired will also be available all

When asked why the march is for women only, Rubin explained, "It's important for us to realize that we can walk the streets without fear, that we can understand our own strength, without being protected by and from men. Men who want to support this effort are encouraged to hold candlelight vigils on various street corners. The University Veterans have already said they will be out there.

For more information, call 686-3327



Take Five for Your Future.

Back in 1968 a lot of political activists and young voters refused to vote rather than support Hubert Humphrey. That omission helped elect Richard Nixon, just as surely as if they had voted for him.

We can not afford to make the same mistake in 1980.

In all the nation there are only three states where you can register to vote from now through election day. This is one of the three states in which the law was designed to give people like us a chance to make our opinions count. Now it's up to us to take advantage of it.

The margin between President Carter and Ronald Reagan is whisker thin. Voters aged 18 to 25 have the opportunity to deliver the electoral votes of Maine, Oregon and Wisconsin to Jimmy Carter. The three states control 21 electoral votes. the same number as one of the big, "superstates." This is our chance to unite and

speak up to shape our future. We can choose four years of keeping peace, protecting the environment and putting America back to work, or we can choose the alternative: Ronald Reagan.

It takes just a few minutes to register and vote, but the decision we make will last four long years. Remember that on November 4th.

Remember the record of Ronald Reagan. Remember the lesson of 1968.

Most importantly, remember to register and vote. It's your future.

CARTE

You may register and vote if you are a U.S. citizen, age 18 by election day, and an Oregon resident since Oct. 15. Register at County Election Board, 175 W. 8th Ave., Eugene, (503) 687-4234; 8 a.m. -5 p.m. M-F and all day Election Day. You must vote at your precinct polling place. Register Early!

Paid and authorized by the Democratic National Committee

LCC cafeteria food prices raised again

by J. R. Schumacher for The TORCH

Ever get the feeling you can't afford to be hungry?

It frequently seems to happen around lunch time, when trying to balance the stomach's grumbling against the price list in the LCC cafeteria and snack bar.

This year the cost of food is up again (right on the heels of a stiff increase last year) and it somehow seems unfair to pay what amounts to commercial costs for food in a community college cafeteria.

But Bob Tegge, LCC Food Services manager, says, "We receive absolutely no money from any source except the cash register. The department is totally self-sufficient. The only two such departments on campus are the book store and Food Service.'

The college "owns" the Food Service Department, but has a contractual arrangement with Mannings, Inc. of San Francisco to manage the operation. Tegge is Mannings' manager, but the college pays his and all other Food Service employees' salaries.

The Food Service Department pays LCC a "rent" of approximately \$1,300 per month in the form of an administrative overhead charge. In effect, that money comes out of the pocket of every student who walks through the food lines.

Jack Carter, dean of students, is quick to point out that- 'the college does not charge rent on a square-foot basis, in the sense that we would if we were leasing a building downtown. The intent of that charge is to cover the cost of electricity, maintenance and heating.

To meet this charge and other costs, Tegge figures the breakdown of a typical dollar spent in the snack bar to be 38 50 percent for labor; with cleaning, paper costs and miscellaneous taking up the rest.

"By law the Food Service can't make money -- and it can't lose money," explains Tegge. "Last year I raised prices on what I call junk food' -- cokes, desserts, etc. Some people felt it wasn't fair. My theory was not to raise prices on the entree: That way a

student could still get a lunch and if he had money left over he could then buy a coke.

'This year I had to raise the entrees," concedes Tegge. But "I figure our overall he adds, price increase should run between 3 to 5 percent, which is well below the rate of inflation.

It hasn't turned out that way in every case. An egg-salad sandwich in the snack bar jumped overnight from 55 cents to 80 cents.

This sort of price-raising has many students fuming. Still, Tegge says, raw food is supplied to the department by the lowest bidder on a weekly basis, and most of the vendors provide Food Services with a double discount on purchases.

Tegge says because Mannings is actually buying the food -- and not LCC -- it has the benefit of buying in large amounts from vendors serving other Mannnings operations. Ten junior colleges in California contract with Mannings, for example, and so do all the restaurant units working on the Alasa North Slope oil pipeline.

'Everything I buy is absolutely top grade," Tegge points out. "I could probably lower prices and cut grade, but I personally would have a hard time doing that.

And eating away at the balance sheet is theft. "The biggest thing is the drinks," says Tegge. "Someone fills up a cup, drinks it there, then fills it up again and pays for one. That's a 100 per-

"Right at lunch when we're so busy, there is no way to watch closely and when that line is gone, right there on the tray rails will be empty trays where people have stood in line and eaten, then walked off without paying.

As manager, Tegge uses a system of ''averaging'' food costs. One higher priced item percent for raw food cost; 45 to _ may make up for the lower cost of other foods. The build-your-ownsandwich is a case in point.

> A common complaint of the operation is that the first 2 to 3 ounces of any sandwich is just bread, and at 20 cents an ounce, you're paying a lot for flour.

> 'The bread you're paying a lot for," Tegge admits. "But not so much for the meat, cheese and spreads. Most of the sandwiches

figure out at about that 38 percent figure for raw food cost. It averages out that way.

"Probably the biggest loser I've got right now is the natural apple juice (about 90 percent food cost), but I can't take it off the menu -- the students would nail me to the wall." He adds that

Food Services also has to cover the cost of cleaning all chairs, tables and rugs in the cafeteria. It absorbs the costs of breakage, and theft of dishes and silverware.

The college pays Mannings 3.2 percent of the fist \$40,000 gross income, 2.5 percent of the next

college underwriting a portion of the cost of running Food Service. This does not seem unreasonable, considering that LCC is located far from town and the cafeteria is the only place to eat. Under these circumstances, Food Service might be considered in the same light as the Student Health Service or the Library. But LCC administrators are not recep-

tive to the idea.

"I wouldn't agree that our location would indicate that the college should underwrite the Food Service program," says Dean Jack Carter. "What we do try to do is provide as good a selection as we can at the most reasonable cost.

"I know of some colleges that underwrite their food operation, but most don't. There was a time when we were doing that and Food Service was losing money. That took direct education dollars away from the general fund.

"It would take a significant amount of money," Carter concludes. "You'd be talking about perhaps wiping out a whole academic program to make any impact on a 3/4 million dollar operation. Or else a tuition increase.

Tegge feels Food Service could take over the operation of the vending machines on campus, run them effectively, and perhaps bring in as much as \$15,000 to augment his department's budget. The administration isn't supportive of his proposal because of the initial cash outlay required to purchase the vending machines.

The menu could be trimmed, reducing variety, but leading to more effective purchasing and preparation costs.

The only sure thing is that there is no painless solution to the problem of rising food costs -- at LCC or anywhere else. As long as the Food Service operation on campus is required to exist on the same basis as a regular commercial restaurant (with the exception of potential profit-making) it will continue to be subject to the spiralling costs of the marketplace.

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natural apple juice is also one of those items people tend to drink while in line -- and not pay for.

What about the cost of labor, which takes up almost 50 percent of the food dollar?

"The year I came here we took in \$265,000," explains Tegge. "Last year we took in over \$600,000. Over the same period of time I've cut our staff from 37 employees to 24. I feel my people earn every bit of what they get, but we are paying about the highest salary in town. . . They deserve it, but it does run the cost of food up.

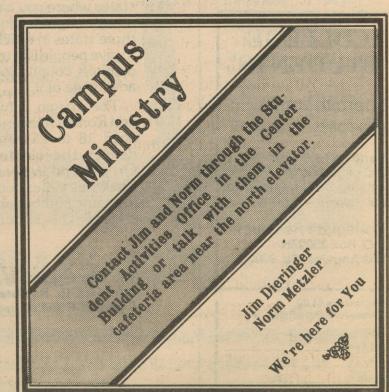
\$200,000, and 2 percent of the gross income over and above that amount. Roughly, then, the college paid Mannings \$17,800 for operating the cafeteria and snack

With the national rate of inflation running at 14 percent, the forecast for a series of continuing price hikes for food at LCC looks inevitable, unless there are basic policy changes made in the near future.

The best possibility for relief lies with the concept of the



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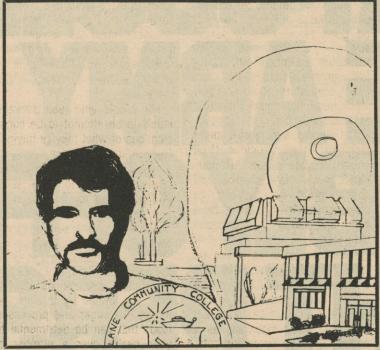
Middle East students cry, 'This war is crazy....'

by Mara Math and Sandra Edgeman of The TORCH

bombs. You have to stay at home most of the time. Most of the banks are closed, so (Iraqi) students here are having a hard time getting their money -- that's why I'm looking for a job now.'

"My family lives 600 miles from the fighting -- but that's only 50 minutes by air -- if the bombers wanted to be there. Phone calls and letters don't go through now. I sent my family a picture of me a long time ago, but they didn't get it. They haven't seen me for six years."

These similar quotes, from an Iraqi and Iranian student, respectively, illustrate the human side of the current conflict between their countries. Iraq and Iran are struggling for control of the Shatt al Arab waterway, its port city of Khorramshar and the oil refinery complex at Abadan. The waterway has changed hands many times in the past century, most



Granhic by Lisa Jon

recently being ceded under duress to Iran by Iraq.

And in the midst of the fighting are civilians -- the families of these two students among them.

The fears, attitudes and even

the politics of both students prove to be similar. And both Iraqis and Iranians are primarily concerned for their families and friends.

"Both countries are crazy, really," says Amin Zolfaghari, an architecture student from Iran.

"It's all caused by the big oil companies to raise the price of oil -- to make the smaller countries dependent, and divide them by making them fight."

He believes Iraq is being backed by an international CIA (France, Italy, Switzerland and the US): "It's an attempt to get the Ayatollah out, so they can choose someone else to be Shah, and run him, run our government, the same as before."

Zolfaghari worries about the new government formed last year after the revolution that toppled the Shah. "I'm not in sympathy with Khomeini's government -- I like him as a person, not as a leader. He is a good religious leader, but we cannot run a country by religion alone."

The Iraqi student, who asked not to be named because of his claims of reprisals by his own government, has a different view of Khomeini.

"The Iraqi government never liked Khomeini," he says, "because Khomeini supported people who wanted to overthrow the Iraqi government." This naturally contributes to the cur-

rent conflict between the two countries, in his opinion.

But he fears his own government in Iraq: "It's a dictatorship -- you can't say anything. A person can be killed like this. . "He snaps his fingers.

His parents were visiting relatives in another Arabian country when the war broke out, and have had to leave everything behind. They cannot return to Iraq.

He claims his country recently deported anyone who had the slightest trace of Iranian blood, and confiscated everything they owned. Iran accepted the 50,000 exiles, many of whom had Iranian grandparents but no other connections. Thus, a 60-year-old woman whose grandparents left Iran to move to Iraq over 100 years ago would be forced to leave the land in which she grew up, and relocate in a country whose language and culture is foreign to her.

In a random sampling of other Mid-Eastern students, most were able to maintain contact with their families and emphasized that they had no enmity for each other, saying they still have more in common than not.

"This is a war between governments, not between people," says the Iraqi student. "I have almost gotten in fights many times. People give me a hard time, because they think I am Iranian.

Even if I was Iranian, it's not a good way to treat Iranians -- they don't have anything to do with their government."

'This war is crazy,''
Zolfaghari says. 'Iran just wants
to be independent, to be left
alone.

"If I was in Iran right now," continues Zolfaghari, "I would try to make peace with the countries by talking. God gave us a brain to think with and a tongue to talk with. We should talk out our problems verbally, not with atomic bombs, or F-16 bombers. Not for a barrel of oil."

A Vote for Jimmy Carter May Save Your Life.

At the signing of the Camp David Accords, Menachim Begin said: "I ask the question who is the architect of the peace treaty between Egypt and Israel? And the answer is, the President of the United States, Mr. Jimmy Carter."

Jirnmy Carter is, indeed, a man of peace: For the first time in over 56 years, no American soldiers have been killed in combat. SALT II negotiations were completed after seven years of bargaining. Alexander Ginsburg and four other Soviet human rights activists were released, thanks to the negotiations of this administration. The world now understands that human rights is a cornerstone of American foreign policy.

The next four years will be a time of increasing world tension. We need the strong, steady hand, and the cool head, of President Jimmy Carter in the White House. We need to be sure that four years from now we can **still** say that no American has died in combat. That assurance is the most important reason for Americans, aged 18 to 25, to vote for Jimmy Carter. Our very lives may depend on it.

Take Five for Your Future.

There are only three states in the country where you can register to vote from now through election day. This is one of the states.

We know the election will be close and our votes can make the difference, if we cast them.

It takes just a few minutes to register and vote, but the decision we make will last four long years. Register and vote for Jimmy Carter on November 4th, so we can all live in peace.

CARTER MONDALE

You may register and vote if you are a U.S. citizen, age 18 by election day, and an Oregon resident since Oct. 15. **Register** at County Election Board, 175 W. 8th Ave., Eugene, (503) 687-4234; 8 a.m. 5 p.m. M-F and all day Election Day. You must **vote** at your precinct polling place. **Register Early!**

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Reality in foods - is an egg an egg?

by Jeff Saint of The TORCH

The shelves are lined with large glass jars full of exotic herbs with hand-written labels. The room is filled with cabinets stocked with dry goods and IO gallon containers full of rice, beans and noodles. Customers stroll around scooping their goods into brown paper bags, weighing them and marking the price on the sack with grease pencils.

It's a typical scene at any of several natural food stores in the Eugene area. "No preservatives" and "no additives," "organically



Photo by Jeff S

A typical scene in a natural foods store.

grown'' and ''completely natural' are the passwords of the trade.

Geraldine Hyde has worked at the Health Food and Pool Store in Springfield for the last five years. She tries to explain why some people choose to shop at smaller, natural food stores like hers, rather than the larger chain

"I guess it's the quality of food," she says. "A lot of times in the smaller stores the owners have the time and energy to find out the source of where their product is coming from. A lot of people who come in want to clean up their diet over a period of time and make it a little more pure source of food intake; they have more trust and faith in a store like this—that they're buying something closer to the natural product that they're after.

''Items like fertile eggs make a difference to some people,'' she says. ''A natural foods store would know the farmer and have an affadavit from them stating that they feed the chickens grain and let them run free. With commercial eggs, lots of times it's just a warehouse with penned-up animals being fed chemicals that make them lay eggs faster.''

Judging by the number of natural food stores listed in the phone book (27), a lot of people

in this area are concerned about what they eat, and where that food comes from.

People who shop at these stores give several reasons for doing so. The consumers can be more sure of what they're getting and where their money goes; the products have no preservatives or chemicals added; and most everything is sold in bulk, so you may buy just the amount you want. And the atmosphere is different from the file-through-check-out routine of chain supermarkets. Many people find it to just be a more personal approach to food shopping.

But just what exactly is meant by the term "organic" when referring to a type of food?

"You can't call something 'organic,''' Hyde explains of the misnomer, but food can be organically or naturally grown, or have natural ingredients. "Basically what 'organically grown' means is that the soil where the food was grown hasn't been treated with any chemicals for a period of something like three years.

"If something is labeled organically grown it must have a certificate or affadavit from the State Agriculture Department stating that it has not been treated with any chemical fertilizers or pesticides during the growth and harvest of the product."

Many steady customers of health food stores are vegetarians, and most of the stores don't sell food with animal products in it. For someone who wants to switch from a meateating diet to a vegetarian diet, Hyde makes these suggestions.

"First of all, you would need to find out what vitamins and minerals meat supplies the body -- mainly the eight essential amino acids and B vitamins. Then you would have to find these nutrients in other foods and supplement them into your diet. There are some good books around that deal with this -- 'Diet for a Small Planet,' 'Survival for the 21st Century,' and 'Nutrition Almanacs' are fine sources of information.'

Americans have developed some poor eating habits. Some of

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Sandwiches.
All at popular prices.

Hamburger

Hamburger

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of LCC

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(Near Wildish)

the things we put into our bodies, often in large amounts, may not be good for us. For instance, sugar, chocolate and coffee (caffeine) are under attack for their-potentially harmful effects. A health food store would probably stock items that could substitute for these eatables.

To replace sugar one might pick up honey, fructose (fruit sugar) or date sugar. An alternative to chocolate is carob, and coffee might be replaced by chicory or herbal tea. All of these items are standards for a health food store.

Other products of merit are tofu, a soybean product of high nutritional value; acidophilus dairy products, such as yogurt; Aloe Vera, a cactus-like plant that has been used externally as a healing agent for burns and cuts, and in a gel form in the treatment of ulcers; plus a wide variety of herbs and spices -- such as the ancient Chinese wonder drug Ginseng.

As in all businesses, there are times when products claim to be something they're not.

"There was one instance," Hyde remarks, "when a company was putting out a brand of mayonnaise that they were claiming was eggless and natural; but as it turned out they were just steaming the label off of jars of plain mayonnaise and putting a different label on. That type of thing happens. But if you're buying from a store or people that you can trust, it is not so likely to occur."

"One thing that can be relied on," says Hyde, "is that the

foods in these types of stores are fresh. Without preservatives, the products must be bought and sold on a continual basis or they would spoil. Milk, for instance, is bought every two days at the store."

For people who read package labels in an attempt to be conscientious of what they're buying, Hyde offers this advice.

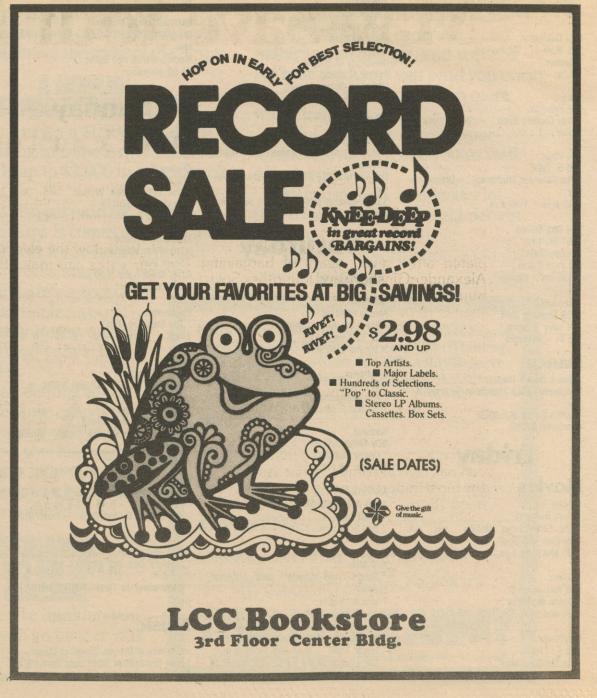
"Before you start checking labels you need to know what you're looking for. If it says no preservatives or additives then that's a desirable sign. But you also need to check a consumer's handbook or guide to see what the ingredients are. If you're trying to be conscientious of your diet, you should try to eliminate things like sugar and processed foods that can be detrimental to your health over a number of years."

Toothpaste is a good example. "There is a lot of talk that commercial toothpastes have sugar in them -- it seems strange that we would brush our teeth with sugar. Natural toothpastes are sometimes made from dolomite -- a kind of stone-like lime -- fennel oil or peppermint. Natural soaps are derived from sources like Vitamin E or Aloe Vera."

One might think that the typical shopper at a health food type store would be some kind of 'hippy,' but Hyde disclaims this theory.

"Being over here in Springfield we don't really have a 'typical customer.' We get a wide cross section of students, older people from the outlying areas of Springfield who are kind of farmers, and then some people just wander in off the street who've never heard of this stuff before."





AROUND TOWN

Thursday

Movies

Cinema 7
Atrium Building
"The Left-Handed Woman" and "Ali:
Fear Eats the Soul"
7:30 and 9:40 p.m.

Mayflower 788 E. 11th. "The Elephant Man" 7:30 and 9:45 p.m.

National 969 Willamette St. "Divine Madness" 7:30 and 9:30 p.m.

McDonald 1010 Willamette 211 ''Stunt Man'' 7 and 9:30 p.m.

Fine Arts Theatre
630 Main St.
"Cheech and Chong" and "Animal
House"
7 and 9:15 p.m.

Cinema World
"Ordinary People" - 7 and 9:35 p.m.
"Terror Train" - 6:45 and 10:05 p.m.
"The Empire Strikes Back" - 7 and 9:30 p.m.

Valley River Twin Cinema
"Smokey and the Bandit" - 6:15 and
8:15 p.m.
"Somewhere In Time" - 6:15 and 8:15

Music

Biederbeck's 259 E. 5th Emmett Williams 8:30 p.m.o.n.12/30 acm. continuity 2200

BJ Kelly's 1475 Franklin Blvd. "Slow Train" -- country rock 8:30 p.m. - 2 a.m.

Lost Dutchman 535 Main St., Springfield "Bentley" 9 p.m. - 2 a.m.

Perry's 959 Pearl St. ''Real Country Band'' -- country rock 9 p.m. - 1 a.m.

The Place 160 S. Park "The Fabulous Mudtones" -- Oregon swing 9:30 p.m. - 1:30 a.m.

Red Dog Saloon 2891 W. 11th "Happy Days" 9 p.m. - 2 a.m. \$1.50 cover charge

Treehouse 1769 Franklin Blvd. Jeff Levy -- piano 9 p.m. - midnight

Dance

Lazarus Dance Theatre
Dougherty Dance Theatre in Gerlinger Annex
Modern Dance and ballet
Admission \$3.50

Friday

Movies

Cinema 7
Atrium Building
"The Left-Handed Woman" and "Ali:
Fear Eats The Soul"
7:30 and 9:40 p.m.

National 969 Willamette St. "Divine Madness" 7:30 and 9:30 p.m

Mayflower 788 E. 11th. 'The Elephant Man'' 7 and 9:30 p.m. McDonald 1010 Willamette St. "Stunt Man" 7 and 9:30 p.m.

Fine Arts Theatre
630 Main St., Springfield
"Ceech and Chong" and "Animal
House"
7 and 9:15 p.m.
99 cents

Cinema World
"Ordinary People" 7 and 9:35 p.m.
"Terror Train" 6:45 and 10:05 p.m.
"The Empire Strikes Back" 7 and 9:30 p.m.
Valley River Twin Cinema
"Smokey and the Bandit" 6:15 and 8:15 p.m.
"Somewhere in Time" 6:15 and 8:15

Music

p.m

BJ Kelly's 1475 Franklin Blvd. "Slow Train" -- country rock 8:30 p.m. - 2 a.m.

Black Forest 2657 Willamette "Three Point Landing" -- rock 9:30 p.m. - 1:30 a.m.

Duffy's 801 E. 13th Ron Lloyd -- rock vocalist 9 p.m. - 2 a.m.

Perry's 959 Pearl "Real Country Band" 9 p.m. - 1 a.m.

The Place 160 S. Park "Lightning Brothers" 9:30 p.m. - 1:30 a.m.

Taylor's 13th and Kincaid "Xplorers" 9:30 p.m. - 1:30 a.m.

Treehouse 1769 Franklin Blvd. Buddy Ungson - piano Eugene Opera

University of Oregon School of Music "Musical Smorgasboard" 12:30 p.m. in room 198

Dance

Lazarus Dance Theatre
featuring modern dance and ballet
numbers.
Dougherty Dance Theatre in Gerlinger Annex.
\$3.50 general public and \$3 for dance

Saturday

Movies

Cinema 7
Atrium Building
"The Left-Handed Woman " and "Ali:
Fear Eats the Soul"
7:30 and 9:40 p.m.

Mayflower 788 E. 11th. "The elephant Man" 7:30 and 9:45 p.m.

National 969 Willamette St. "Divine Madness" 6,8 and 10 p.m.

McDonald 1010 Willamette St 'Stunt Man'' 7 and 9:30 p.m.

Fine Arts Theatre 630 Main St. "Cheech and Chong" and "Animal House" 7 and 9:15 p.m.

Cinema World
"Ordinary People" - 7 and 9:35 p.m.
"Terror Train" - 6:45 and 10:05 p.m.
"The Empire Striks Back" - 7 and 9:30 p.m.

Valley River Twin Cinema
"Smokey and the Bandit" - 6:15 and
8:15 p.m.
"Somewhere In Time" - 6:15 and 8:15

Music

Biederbeck's 259 E. 5th Dick Blake -- Jazz piano 8:30 p.m. - 12:30 a.m.

BJ Kelly's 1475 Franklin Blvd. "Slow Train" -- country rock 8:30 p.m. - 2 a.m.

Black Forest 2657 Willamette "Three Point Landing" -- rock 9:30 p.m. - 1:30 a.m.

Duffy's 801 E. 13th Ron Lloyd -- rock 9 p.m. - 2 a.m.

Perry's 959 Pearl St. "Real Country Band" -- country rock 9 p.m. - 1 a.m.

The Place 160 S. Park "Lightening Brothers" 9:30 p.m. - 1:30 a.m.

Taylor's 13th and Kincaid "X-plorers" 9:30 p.m. - 1:30 a.m.

Treehouse 1769 Franklin Blvd. Buddy Ungson -- piano 8 p.m. - midnight

Dance

National Academy of Artistic Gymnastics Exhibition and benefit dinner 4 to 8 p.m. \$3 for adults, \$1.50 for children.

Lazarus Dance Theatre
Dougherty Dance Theatre in Gerlinger Annex
Modern Dance and Ballet
\$3.50 admission

Sunday

Movies

Cinema 7
Artium Building
"The Left-Handed Woman" and "Ali:
Fear eats the Soul"
Matinee at 2 p.m.

McDonald Theatre 1010 Willamette St. "Stunt Man" 2:15, 4:40,7 and 9:30 p.m. \$3.75 admission

Mayflower
"The Elephant Man"
2:45,5,7:15 and 9:30 p.m.

National "Divine Madness" 1:30, 3:30, 5:30, 7:30 and 9:30 p.m.

Fine Arts Theatre
630 Main St., Springfield
"Cheech and Chong" and "Animal
House"
7 and 9:15 p.m.

Cinema World
"Ordinary People" - 7 and 9:35 p.m.
"Terror Train" - 6:45 and 9:45 p.m.
"The Empire Strikes Back" - 7 and 9:30 p.m.

Valley River Twin Cinema
"Smokey and the Bandit" - 6:15 and
8:15 p.m.
"Somewhere In Time" - 6:15 and 8:15
p.m.

Music

University of Oregon School of Music Leslie Breidenthal plays bass baritone in Faculty Artist Series at 8 p.m. Treehouse Restaurant David Case -- classical guitar Pam Birrell -- flute. 10 a.m. - 1 p.m.

Monday

Movies

Cinema 7
Atrium Building
"The Left-Handed Woman" and "Ali:
Fear Eats the Soul"
7:30 and 9:40 p.m.

Mayflower
"The Elephant Man'
7:30 and 9:45 p.m.

National
"Divine Madness"
7:30 and 9:30 p.m.

Fine Arts Theatre
630 Main St., Springfield
"Cheech and Chong" and "Animal
House"
7 and 9:15 p.m.

Cinema World
"Ordinary People" - 7 and 9:35 p.m.
"Terror Train" - 6:45 and 10:05 p.m.
"The Empire Strikes Back" - 7 and 9:30 p.m.

Valley River Twin Cinema "Smokey and the Bandit" - 6:15 and 8:15 p.m. "Somewhere In Time" - 6:15 and 8:15 p.m.

Music

Biederbeck's 259 E. 5th. Dick Blake -- jazz piano 8:30 p.m. - 12:30 a.m.

Black Forest 2657 Willamette St. "Party Kings" -- blues 9:30 p.m. - 1:30 a.m.

Tuesday

Movies

Cinema 7
Atrium Building
"The Left-Handed Woman " and "Ali:
Fear Eats the Soul"
7:30 and 9:40 p.m.

Mayflower
"The Elephant Man"
7:30 and 9:45 p.m.

National
"Divine Madness"
7:30 and 9:30 p.m.

Fine Arts Theatre
630 Main St., Springfield
"Cheech and Chong" and "Animal
House"
7 and 9:15 p.m.

Valley River Twin Cinema
"Smokey and the Bandit" - 6:15 and
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"Somewhere In Time" - 6:15 and 8:15
p.m.

Cinema World
"Ordinary People" - 7 and 9:35 p.m.
"Terror Train" - 6:45 and 10:05 p.m.
"The Empire Strikes Back" - 7 and 9:30 p.m.

Music

BJ Kelly's 1475 Franklin Blvd. "Slow Train" -- country rock 8:30 p.m.-2:30 p.m.

Perry's 959 Pearl St. "'Real Country Band" -- country rock 9 p.m. - 1 a.m.

Treehouse 1769 Franklin Blvd. Jeff Levy -- piano 9 p.m. - midnight.

Wednesday

Movies

Cinema 7
"The Left-Handed Woman" and "Ali:
Fear Eats the Soul"
7:30 and 9:30 p.m.

Mayflower "The Elephant Man" 7:30 and 9:45 p.m.

National "Divine Madness" 7:30 and 9:30 p.m.

Music

EMU Cultural Forum
"The Toshiko Akiyoshi and Lew Tabackin
Big Band"
Show at 7:30 and 10:30 p.m.
\$7.50 admission

BJ Kelly's 1475 Franklin Blvd. "'Slow Train" -- country rock 8:30 p.m. - 2 a.m.

Treehouse 1769 Franklin Blvd. Jeff Levy -- piano 9 p.m. - midnight

Perry's 959 Pearl St. "Real Country Band" -- country rock

Galleries

Opus 5
Exhibit "But Can They Cook"
Craft Meets Cusine
Gallery Hours: 11 a.m. - 5 p.m. Monday
through Saturday.

Maude Kerns Art Center
15th and Villard
Charles True photographs and mixed
media collages through October. Nancy
Algrim Feltworks and handmade instruments by Richard Noyes. Through
Oct. 30. Sculptures, ceramic forms and
mixed media wallpieces by George Kokis
and Nancy Hathaway.
Gallery Hours: Mon-Sat. 10 a.m. - 5 p.m.

Eugene Public Library 100 W. 13th St. Color photos by Eugene Tonry through October. Gallery Hours: 10 a.m. - 9 p.m. Mondays. 10 a.m. - 6 p.m. Tuesday through Satur-

The House that Jack Built 488 Willamette St. Porcelain doll display by Susan Dunham. Gallery Hours: 10 a.m. - 5:30 p.m. Monday through Saturday.

Husfliden Gallery
1616 West 11th St.
Tole and decorative painting, oil and water colors, stained glass and wheat weaving.
Gallery Hours: 9:30 a.m. - 4:30 p.m.
Monday through Saturday.

Steven J 941 Oak St. Portraits, still life, landscapes, oils, watercolors and pastels by Mary Lou Reed. Through October. Gallery Hours: 11 a.m. - 5 p.m. daily.

Visions and Perceptions Gallery of Art 1524 Willamette St. Contemporary American printmakers exhibit. Through October.

Courtyard Gallery 825 13th Ave. Prints by Corita Kent, Michael Sumner, Richard Wiegmann and Authur Geisert. Through October 18. Gallery Hours: 9:30 a.m. - 5:30 p.m. Weekdays. 11 a.m. - 4 p.m. Saturdays.

Designworks American and European graphic artists. Gallery Hours: 10 a.m. - 6 p.m. Tuesday through Saturday.

Lane Community College Art FAculty exhibit. Through October 23. Gallery Hours: 8 a.m. - 10 p.m. Monday through Thursday. 8 a.m. - 5 p.m. Friday.

> Compiled by Paula Case Of the Torch

REVIEWS

Music

The River Bruce Springsteen



His expression is different this time. In 1978, the cover of "Darkness on the Edge of Town" showed him standing in the hallway of what seemed to be a typical working class American home

Now, in 1980, the cover shot has zeroed in on that look of disgust, controlled anger and hurt.

Bruce Springsteen, "The Boss," is back on the scene. It's been a long time coming, and for the wait the offering is two albums full of more tales of hot rods and broken hearts from the "Jersey Devil."

"The River," a two record set, spans more emotions in twenty songs than some groups manage in their entire career. From the opening rifts of twelve-string guitar on "The Ties That Bind" to the final fade out of "Wreck on the Highway," the listener is put through the pain and frustration of young lust turned to boredom with the married life, the Friday night just-got-off-work-gonnaparty-and-dance-with-my-baby routine, and the realization that even rockers have to face growing up sometime.

The back of the album cover spells out the message that Springsteen pushes pretty clearly. It displays fold-up cardboard cut-

outs of the bride and groom, maid of honor, and bridesmaids neatly tucked away in a back closet with some glow glitter, some disposable cups, a cardboard eagle perched on a cardboard American flag, and a small box labeled "stock market quotations."

Seems like a typical assortment of symbols for what middle class America holds closest to its heart -- love, God, country, money. And paper cups.

Ballads have always been a specialty of Springsteen's. The title cut proves him capable of taking potentially dumb material and turning it into a clear description of what it feels like to lose the perfect feeling of young love on the riverside:

"I got Mary pregnant, and man that's all she wrote/No wedding day smiles, no walk down the aisle/No flowers, no wedding dress/Now all those things that seemed so important/Well, mister, they vanished right into the air/Now I act like I don't remember/Mary acts like she don't care

On the other end of the spectrum is "Sherry Darling:"

You're mama's yappin in the back seat/Tell her to push over and move her big feet/Well this morning I ain't fighting, tell her I give up/Tell her she wins if she'll just shut up.

Not exactly a tear jerker.

Sometimes Springsteen strives for nothing more (and nothing less) than having a good time. "Cadillac Ranch," "I'm a Rocker," and "Ramrod" are three examples of what seems to be a strong Chuck Berry influence:

Hey little dollie with the bluejeans on/I wanna ramrod with you baby til half past dawn.

The sexual overtones get real obvious at this point, but what else can you expect from a major

force in the rock music biz? Let's face it -- what used to sell was wine, (spo-dee-o-dee) women and song. The song remains the same, only the names have been changed to protect the innocent (???). Nowadays, the hip culture refers to this phenomenon as sex and drugs and rock and roll. Springsteen goes pretty heavy on two out of three. The strongest intoxicant mentioned on the album is beer ("Sherry Darling). Springsteen has a reputation of being a teetotaler, and it looks like it will stay that way.

Springsteen and his band have been expected to put out a live album for some time. For some reason, reportedly having something to do with the availability of several live bootleg tapes of his concerts, it has never happened. Legal suits have plagued Springsteen's career.

One surprising lyric on this album is in the song "I Wanna Marry You:"

Now, honey, I don't want to clip your wings/But two people should think of these things/Having a home and family/Facing up to responsibilities.

Can this be the same guy who wrote "I wanna die with you, Wendy, on the strip tonight (Born to Run)?

Well, there are five songs on "The River" about cars.

But again, Springsteen's strongest talent is his expertise at releasing emotions. As the last songs of this album wind down, the mix of Clemon's sax sweeping out across the open road and Springsteen's howl of a trapped animal in "Drive All Night" prove that the intensity remains. But this time, Springsteen is leaning towards survival:

There's machines and there's fire waiting on the edge of town/They're out there for hire but baby, they can't hurt us now/Cause you've got my love.

by Jeff Saint

Movies

Ordinary People Valley River Cinema

"Some movies you watch, others you feel," runs the advertisement for "Ordinary People", now showing at Valley River Cinema.

I've often read similar "grabbers" for films. Experience has taught me that they re rarely accurate. Until this time.

"Ordinary People" is not an ordinary movie. It is dramatic without overdramatizing, moving without being manipulative and it is indeed a film you feel.

In a well-to-do family of four where nothing is ever out of place and life appears to be a proverbial bed of roses, tragedy hits.

One afternoon while Buck, the oldest son, and his brother Conrad (played by Timothy Hutton) are out sailing, they encounter a storm. Buck drowns, leaving behind him a younger brother so emotionally devastated by the incident that he spends the next four months in a mental hospital, after a suicide attempt.

The film begins a month after he has returned home to make the slow descent into the "real" world.

He goes back to school, continues with the swim team, even sings in the choir, but moves through his life as though surrounded by a cloud visible only to himself

His father, played superbly by Donald Sutherland, loves him tremendously, making sincere, if awkward efforts to encourage him

His mother, who loved Buck with an energy that died with him, slowly and systematically rejects Con.

For those who are Mary Tyler Moore fans, there is no resemblence between lively, bubbly, selfless Mary Richards and the painfully icy Beth. This is by far Moore's best dramatic performance to date.

Into this maze of people and emotions enters Berger, Conrad's psychiatrist, portrayed by Judd Hirsch. Berger cuts deeply into Con's troubled self, not by giving him the answers as much as giving him the tools to make his own answers with. Gradually, Conrad deals with his inner demons and comes to peace with himself.

"Ordinary People" is Robert Redford's directing debut and it is a project that would have challenged the most seasoned director.

Redford moves us subtly from the opening scene of Illinois in autumn, to the closing winter snow.

Though it's easy to get the feeling that the dialogue is being used just to get us there, it's not what's really happening. The real happenings are the looks and the silences, the things left undone.

The soundtrack (Johann Pachelbel's "Canon in 'D' ") is haunting, and the photography in this work is striking, contrasting the moods of each scene with lighting and color (often an intense interaction is buried in semi-darkness, one tense "up" scene is so bright it hurts your eyes.)

This is not a movie that ends "happily ever after." The process wrenches deeply into the end tire family unit, drawing to light issues that may have never been recognized without it.

It destroys the myth that grief brings people together. In this movie, it tears them apart as each individual is tranformed, or rather, the reality of who each person is comes to the surface.

But it is not a movie about death. It's about choosing life.

And it is one of those experiences that leaves the viewer/participant a little different as well.

by Sarah Brown

A FAVORITE AMERICAN COMEDY!

The Man Who Came to Dinner

BY MOSS HART & GEO. S. KAUFMAN PRODUCED BY LCC PERFORMING ARTS NOV. 14, 15, 19-22. \$4, 726-2202



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361 S.W. 2nd, CORVALLIS

OSU holds off LCC, 2-1

by Donna Mitchell of The TORCH

"Those who watched the game can testify we dominated the play." says LCC Soccer coach George Gyorgyfalvy of his team's 2 to I loss to the OSU varsity on Oct. 22.

A strong OSU side took advantage of numerous LCC injuries and an indecisive forward line to shut out the Titans during the first half of the

Former LCC star defender Martin Gyorgyfalvy headed in OSU's first goal in the 15th minute of the first half, and OSU added a second goal in the 35th minute of play to end the first half with a 2 to 0 lead.

Mohammed Al Subaie capped an aggressive attack by the Titan offense by scoring a goal 25 minutes into the second half. Though much of the second half was played on OSU's side of the pitch, LCC failed to capitalize on several scoring opportunities and the score remained 2-1.

'There are no easy games for us this year,'' says Gyorgyfalvy. But he adds he is very pleased with the team's play thus far. The Titans are one of only three junior colleges in the 18 member Oregon Intercollegiate Soccer League.

Sports in review

Spikers, runners, kickers



by Dan Holden of The TORCH

The LCC women's volleyball team is currently tied with Mt. Hood Community College at one loss apiece, after defeating Clackamas Community College, 11-15, 15-12, and 15-13 Saturday at Clackamas.

LCC also recorded wins over Umpqua Community College, 15-4 and 16-4 and Blue Mountain Community College, 15-0, 15-11, in a fourway league match.

Ruth Schmitt had 7 ace serves, 23 kills and 4 ace blocks for LCC. Carrie Davidson had 7 ace serves, Karen Harris had 43 assists and Terry Stephens made 20 kills

The Titan women are 9-2 overall

The LCC Intramural Office sponsored a predicted time mile race Oct.

Unlike most running events, in which speed is a necessity, this type of race is based on the runner's ability to predict his or her time before the actual race.

John Bernham and Paul Williams tied for first place. Bernham estimated a time of 7:15 before the race and finished in 7:15. Williams also finished in his predicted time of 6:50

Second place went to Monty Nash, who finished in 5:58, two seconds off his estimated time of 6:00.

The Intramural Office also sponsored an open mile run, in which Nash took first place honors in 5:21. Second place went to Aleica Ayers, who finished in 5:37

Freshman Scott Minter took the lead in the last 800 meters to capture first place and help LCC win the Mt. Hood Invitational Cross Country Meet at Blue Lake Saturday.

Minter ran the 5 mile course in 25:18, beating out James Hester and Vancie Blow, of Clackamas Community College.

LCC won the team title with 46 points. Highline Community College of Washington was second, with 72 points.

LCC Freshman Martha Swatt won the women's portion of the meet with a time of 17:29 for the 3 mile course. Sandy Dickerson placed third with a time of 17:44.

The LCC women finished second to Washington's Bellevue Community College. Bellevue had 41 points, LCC 47.

Kurt Konschot scored twice in the second half to help LCC defeat the Oregon State University "B" team, 4-0, in an Oregon Intercollegiate Soccer Association match Saturday at LCC.

Jamel Al Sane scored in the 23rd minute to give the Titans a 1-0 halftime lead. Konschot's goals came in the 52nd minute and the 59th

Amir Hajjarizadeh completed the scoring with a goal in the 69th minute.

The Titans are 1-2-2 overall and 1-1-1 in league play.

John's Electric Bike Shop

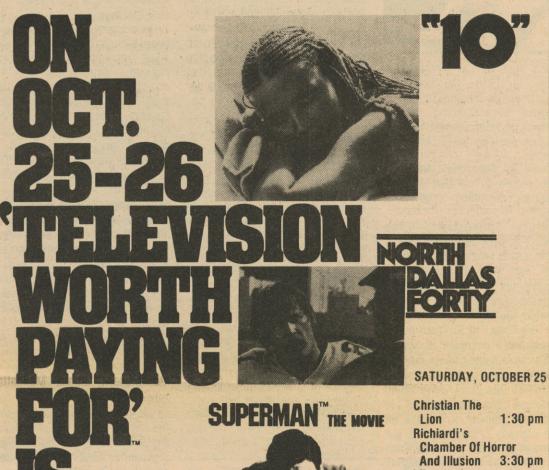
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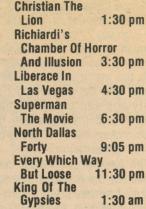
Presenting the most exciting weekend of television that Eugene-Springfield has ever seen! If you have Cable TV, we invite you and your family to sample SHOWTIME, America's most exciting Pay TV network, absolutely free, on KOZY-TV channel 11.

Tune into KOZY 11 on Saturday October 25, and Sunday October 26, starting at 1:30 pm, for 28 hours of comedy, action, and controverthat you'll never see on regular TV Blockbuster movies, spectacular Las Vegas revues, and Broadway productions...all presented the way they should

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SUNDAY, OCTOBER 26

Once Upon A Scoundrel 1:30 pm David Sheehan's SHOWTIME In

Hollywood 3:00 pm Prophecy 4:00 pm Norma Rae 6:00 pm 8:05 pm Bizzare 10:15 pm Spotlight on Jerry

Lewis The Clonus

12:00 am 2:00 am

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FORUMS

Trilateral Commission: Corporate Who's Who?

by George Wagner of The TORCH

Just because you're paranoid doesn't mean someone's not following you.

Despite this, many observations of facts about international events seem to be labeled ''paranoid,'' ''conspiratorial,'' or ''too hot.''

From the for-what-it's-worth department, here are some facts to kick around.

The Carter Administration is made up primarily of members from a small, private organization known as the Trilateral Commission.

Similarly, President Johnson filled his key posts with members of a single private organization -- the Council of Foreign Relations (CFR).

The CFR consists of approximately 1,400 members, many with the same background as those in the Trilateral Commission: media members, politicians, bankers, executives and Union leaders.

They study methods and manners of making a more interdependant and consolidated relationship with other post-industrial nations.

According to a September, 1961 article in the Christian Science Monitor, because of CRF's 'single-minded dedication' to studying foreign affairs 'almost half of the Council members have been invited to assume official government positions or to act as consultants at one time or another.'

In the last 30 years every elected U.S. president, with the possible exception of Carter, has been a member of this group.

David Rockefeller, founder of the Trilateral Commission, is also an executive member of CFR, as are 50 percent of the American Trilateralists. Many writers of both the left and right consider the Trilateral Commission to be more of a task force for CFR than a seperate entity. Regardless, both organizations do bring about the same results.

For example, trade relations the CFR-influenced Johnson Administration worked out with the USSR have been duplicated by the Carter administration's relation to mainland China. Both of these relationships were initiated with the idea that they were good for peace. However some feel they have been more profitable to Rockefeller enterprises than they have been to the world condition.

A January, 1967 New York Times article explains: "An alliance of family fortunes linking Wallstreet and the midwest is going to try to build economic bridges between the free world and communist Europe. The International Basic Economic Corporation, controlled by the Rockefeller brothers and Tower International Inc. headed by Cyrus S. Eaton Jr. Cleveland financier, plan to cooperate in promoting trade between the Iron Curtains including the Soviet Union."

In October, 1966, at the height of the Viet Nam War, President Johnson extended most favored trade relations to the USSR.

In addressing Congress at that time, Rockefeller explained that the best road to world peace would be through a modernization of the USSR, which would minimize the two countries' differences.

This idea predominated the Salt I talks, where it was felt that America would gain Soviet confidence by making them our technological equals.

Convinced that this move was in the national interest, Congress agreed to subsidize part of the loans or interest on the loans that were then made to the Soviets. The money was loaned by Rockefeller's Chase Manhattan and Export-Import Banks.

The New York Times article mentioned above goes on to say that because the Soviets were having a difficult time in this country with "the buying and

Your prescription is our main concern.

343-7715

30th & Hilyard

selling of licenses and patents," they would be doing their transactions through Tower International. In other words, the Eatons and Rockefellers were given control over who bought or sold goods to the USSR.

These loans and sales were not to include war materials. But an April, 1975 Wall Street Journal article said that the US government had agreed to sell uranium to the Soviets.

Early in 1970, construction on the world's largest truck factory began on the Kama River in Russia, at a cost of \$2 billion. The Soviets put up 10 percent of the cash. The rest was split between the US government and the Rockefeller banks. And where do you suppose all those new trucks driving around Afghanistan came from?

In similar fashion, the Trilateral-backed Carter proposal to build up mainland China and thereby intimidate the Soviets so as to insure a balance of power in the world is questionable.

No sooner than most favored relations were extended to China, Rockefeller was off to the mainland to negotiate trade agreements with Chou En-lai.

The move to build up China involves \$600 billion over the next 20 years. Who will loan this

money? Who will get the contracts?

Tractor Companies such as Deere and Co. and Caterpillar Tractor Co., which have Trilateral connections, are now expanding because of China sales, while non-Trilateralists such as Massy-Fergoson or J. I. Case are being forced to cut back.

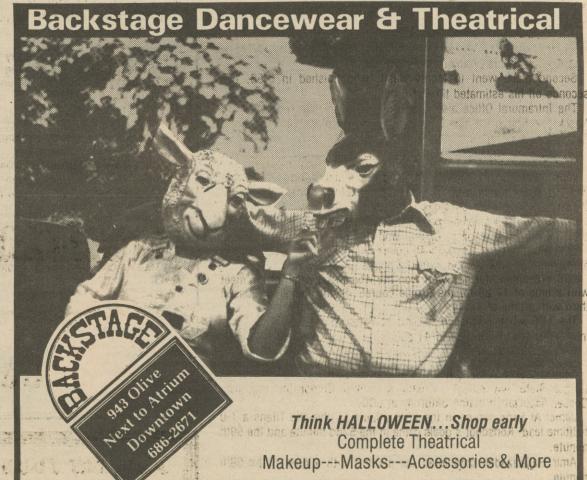
For those ambitious readers who would like to investigate this further, here is how to go about it. Go to the library and look in Moodies Bank and Finance Manual under Chase Manhattan Corporation. Or secure a membership list of the Trilateral Commission (345 E. 46th St. NY, NY, 10017) and then check the list against Standard and Poor's Indexes on Corporations, Directors and Executives, and Corporations Financial Statements. Also check the Dow Jones Business Almanac, the Encyclopaedia of Associations, and the Economic Almanac.

These books list how many positions a particular member holds in different corporations and what profits those corporations make.

You can then determine for yourself the answer to that age old question: "Is it who you know or how hard you work that really makes the difference?"







etters Continued

Continued from Page 2

faction of the KKK then he must be a racist and a supporter of their activities. Ms. Beede didn't mention the fact that, upon hearing of the endorsement, Reagan denounced the KKK and turned down their support.

2)Reagan publicly apologized for a Polish joke early in the primaries. At least Reagan had the courage to admit of a mistake -- something Carter has always lacked the guts to do. Does this make Reagan a racist? I think not!

Hosea Williams, of the mostly Negro Southern Christian Leadership Conference, elaborated recently on the fact that Carter did less for civil rights as governor of Georgia than strongly racist Lester Maddox. Also the famous Negro civil rights advocate the Rev. Ralph Abernathy has endorsed Reagan and is urging people to vote for him in November. These people know Reagan supports civil rights and his impressive record concerning civil rights in California goes to further prove this.

Anyone who knows anything about Carter's record in Georgia knows he ran on a platform based on racism, and never supported civil rights until it became politically expedient to do so. On the other hand, Reagan has always condemned all types of discrimination and has always supported equality.

Lori Parkman

LCC bike path

To the Editor:

I liked the article "LCC Bike Path" by George Wagner (TORCH, Oct. 16, 1980 issue).

I would like to give some additional information regarding the topic that others may not be aware of.

For the last four months ASLCC (Associated Students of Lane Community College) has been working on bike path programs. A proposal has been submitted to the State of Oregon for a bike path on Franklin Boulevard, particularly on the overpass and the bridge.

We worked with the City of Eugene on the covered bike parking facility at the base of the 30th Avenue hill. Currently we are working on a shuttle bus designed to travel over the hill and back to the campus.

My reason for writing this letter is to make the above points clear for students interested in bike paths and because ASLCC would like to hear ideas and get feedback from interested students.

Please come up to the ASLCC offices, fourth floor Center Building, Room 479 to give us your input

- David Anderson ASLCC President

Omnium-Gatherum

Women effecting politics

LCC's Women's Program Brown Bag Talks presents Sarah Lichenstein, president of Lane County Women's Political Caucus, discussing "Women Effecting Politics" Wednesday, Oct. 29 at noon in the board room of the Administration building.

Call the Women's Center, 747-4501 ext. 2353 for more information.

Your health

Not feeling up to par? Have questions about your health? Student Health is here to help. Nurses and a doctor are on duty every day to answer your questions and help you find out what ails you. There is no charge for a general visit - some lab tests and special exams have a small fee. All LCC students except Adult Education students are eligible to use Student Health. Hours are 8 to 4 Monday through Thursday and 8 to 12 on Friday. Student Health is located just off the snack bar (south end) of the cafeteria and no appointment is needed.

Ski swap and sale

The annual Ski Swap and Sale will be held this year on Oct. 24 and 25 at the Lane County Fair Grounds. The Ski Swap is sponsored by the Willamette and Santiam Pass Ski Patrols.

You can take your used equipment, clothes, skies, packs, and boots, etc, to the agriculture building between 9 a.m. and 9 p.m., Thursday and Friday Oct. 23 and 24. The consignment fee is 10 cents per item, and, if your equipment sells the commission to the ski patrols is 20 percent of the selling price. If your goods don't sell, you can pick them up Sunday, Oct. 26 from 9 a.m. to 9 p.m. Admission to the Ski Swap is a 25 cents donation. The sale hours are Friday, 6 p.m. to 9 p.m.

All proceeds from the Ski Swap go to the Ski Patrols for first aid supplies for the upcoming ski season. This sale is the largest swap and sale of its kind. Come early and don't miss it!

Candidates on concerns

To help inform the voters in the upcoming election, Springfield Fair Share is sponsoring a "Candidates on Community Concerns" night at St. Alice Church at 1520 F St., on Tuesday, Oct. 28, at 7:30 p.m.

The candidates who have agreed to attend include: Jim Weaver and Mike Fitzgerald (U.S. Congress); Nancie Fadeley and Vern Meyer (Oregon House of Representatives-District 42); John Lively, Bob Adams, and Don Carter (Springfield Mayor); Chris Larson, Lewis Southmayd, Sonny Jones, Richard Satre, Duane Herring, Sandra Rennie, and Fred Simmons (Springfield City Council); Byron George, Eldon Shields, Mei Bryson, and James Stuart (Springfield Utility Board).

The candidates will be asked questions about jobs, taxes, budget cuts, housing, city services, and utilities. Fair Share is asking the candidates to stay after the formal part of the meeting for refreshments and a chance to chat informally with citizens who may not have been able to ask their questions during the meeting.

The candidate's answers to the prepared questions will be recorded on fact sheets which will be distributed throughout Springfield neighborhoods before election day.

Blood pressure clinic set

The Lane County Chapter of the American National Red Cross will hold its monthly free blood pressure clinic from 9 a.m. to 3 p.m. on Oct. 30 at the Chapter House, 150 East 18th Avenue in Eugene. The clinic is held the last Thursday of every month.

Photorealistic show at ERB

Photorealist Idelle Weber will present a slide lecture at the University of Oregon Monday night, Oct. 27. The event sponsored by the EMU Cultural Forum, is to take place at 8 p.m. in room 167 of the Erb Memorial Union. It is free and open to the public.

Weber finds her subject matter in the streets of Harlem and near her Brooklyn Heights home. Transformed by her selective eye and spectacular oil technique, refuse becomes an exciting juxtaposition of shapes, textures and vibrant colors almost Abstract-Expressionist in impact. She is among those artists whose work is beginning to revitalize the Photorealist style.

Classes still available

Fall session classes for various ages and levels, continue through Dec. 13, and includes ballet, modern dance, jazz, tap, yoga, dancercise, jazzercise, theatre improvisation, contact improvisation, performance lab, gymnastics, and creative movement. The studio also schedules workshops, performances, rehearsals, meetings, etc., and is the home of Oslund and Company/Dance, and Joint Forces. Call 344-9817 for information or visit the studio at 1231 Olive St., second floor.

Candidates to be on campus

Various candidates will be greeting students in the cafeteria between 11 a.m. and 1 p.m. during the week of Oct. 22 through the 29th. They will be at the north end of the cafeteria and the schedule of appearances is as follows:

Oct. 23; Ted Kulongoski, Candidate for Senate to appear between 12 and 1 p.m.

Oct. 27; Mary Burrows, Candidate for State Representative, District 44.

Oct. 28; Jerry Rust, Candidate for County Commissioner, South Eugene.

Oct. 29; Mel Jackson, Candidate for County Commissioner, South Eugene will appear at 11:30 a.m.

The candidates will be happy to answer any questions and discuss issues.

Basketball officials needed

Officials are needed for Eugene Parks and Recreation Department men's and women's basketball leagues.

Training clinics for new and returning officials begin Saturday, Nov. 1, 9 to 10 a.m., in the City Hall McNutt Room, 777 Pearl St. The clinics continue through Dec. 6 and attendance is required for anyone wishing to officiate.

Salaries for officials are \$12-\$14 per game. League play begins Dec. 8 and continues through March 8. For more information, contact Mary Kay Hessel, athletics supervisor, at 687-5360.

UN Day this Friday

This Friday, Oct. 24 is United Nations Day. The UN was established 35 years ago for the purpose of solving economic, social, cultural and humanitarian problems among nations. Human rights and fundamental freedoms were foremost in the thinking of the 51 founding members. Oct. 24 has been set aside each year to remind us that we are all world citizens with a world perspective. A review of UN accomplishments will be available at a informational table in the cafeteria all day Friday, UN day at LCC.

Also, a chance for LCC students to become an actual United Nations delegate in a "Model United Nations", may be available in winter and spring terms. A Model United Nations course is being proposed for the Social Science department. Watch the Torch for further details after approval. Stop by the informational table Friday, UN day, in the cafeteria for an update on the United Nations of the 80's.

Veterans club organizes

Veterans on campus are attempting to establish a Veterans Club to inform and assist the student with a prior military background. The first organizational meeting of the school year was held Tuesday, Oct. 21 in the Apprenticeship Building.

Last year's club president, Mike Arens, club ad-

Last year's club president, Mike Arens, club advisor Dave Roof, and new/prospective members met and discussed officer selection, goals, and expectations for the LCC Veterans Club for the year ahead. If you are a vet or a non-vet and are interested in the club, contact Dave Roof at ext. 2696.

Kulongoski to appear

Ted Kulongoski, candidate for the U.S. Senate opposing Bob Packwood, will appear informally in the LCC cafeteria Thursday from noon to 1 p.m. He will be answering questions and talking to individuals. It's an opportunity to meet the candidate. Kulongoski currently is an attorney in Eugene and an Oregon State senator.

Concerned about drinking?

A free orientation to their next 10-week series will be given by Drinking Decisions, Inc., an aducationally oriented alcohol abuse agency. The orientation will be held Thursday, Oct. 30, 7 to 9 p.m. in room 230 at LCC Downtown Center, 1059 Willamette St., Eugene.

The 10-week program teaches techniques to help drinkers reduce their drinking or maintain abstinence. It teaches drinkers to estimate their blood alcohol level and to recognize danger signals.

For further information call Drinking Decisions, Inc. at 484-9274 between 9 a.m. and 4 p.m.

Officiating meetings slated

Men and women: Lane County Basketball Officials Association will begin its meetings for the 1980-81 season on Sunday, Oct. 26 at 7 p.m. in the Math Center at North Eugene High School. Actual training for newcomers begins at 5:15 on Nov. 2 at North.

Bake Sale

The Multi-Cultural Center is sponsoring a bake sale to raise money for the Center. Sale items will consist of cookies and cakes. It will be held Oct. 31 from 9 a.m. to 2 p.m. in the cafeteria area.

Bread baking class offered

The old fashioned tradition of bread baking is featured in a course at LCC beginning Nov. 3 through Dec. 1.

Through a combination of lecture, demonstration and actual preparation, students learn to prepare a variety of yeast and quick breads, of rye, sourdough, white and whole wheat. Also included is the preparation of rolls, muffins and crackers.

This five week course is held on Mondays at 2 to 6 p.m. in room 114 of the health building on the LCC campus.

Dyna Besse is the instructor of this 1 credit course which costs \$15. To audit the tuition is \$8. The course is free to those 62 and over.

Preregistration is required. Enrollment is limited to the first 20. To preregister or for more information call the LCC Home Economics Department at 747-4501 ext. 2533.

Classifieds

for sale

RECYCLED STEREOS BUY -- SELL -- TRADE. STEREO WORKSHOP. Monday-Saturday 10-6: 126 N. 28th, Springfield. 741-1597.

Men's 25 inch 10-speed. Excellent condition. \$40. 687-1877, ask for David.

Tandem bike, needs work. \$50. Wemen's leather boots, 7B, like new. \$35.343-7278.

Honda 350. Real good condition, dependable. \$350. For Info. call 741-0162 eves. and week-ends.

Two pairs of short drapes. Green and gold stripes. 345-1705.

Beige wool carpeting, 16x18 plus dining area. Gold nylon carpeting, 9x12. Both clean, 345-1705.

Two men's trenchcoats, recently cleaned, good condition. "Army" coat, removable lining, tan, dress. \$5 each. 689-3511.

Double box springs, \$25, sturdy stroller, \$15, Franciscanware, \$75 (\$210 value new) 689-5631.

1967 Triumph T120TT 650cc Chop or custom swing-arm. \$1200 or best offer. 689-3531.

73 T.S. 400 Suzuki. Less than 5000 miles. 55 mpg. Strong motor. Excellent. Best offer. 218 E 27th.

Made in Oregon, maple chair and double rocking chair. Must sacrifice, \$135, 747-8240.

One pair women's running shoes, size 7, hardly used. Call Barb, 343-3702, MWF eves.

Sherwood S-7200 stereo receiver, 30 watts RMS continuous. \$150. Sony K2A cassette deck w/Ferrite & Ferrite heads. \$125. \$250 together

1980 Pentex ME 150- Camera -- make offer -- with add-on lens. 35mm. 689-8564.

Full sized couch for sale. \$50. Good condition. 342-6701.

Miniaturizerd Monitor speakers. O.A.S.Y.S. Prism-1. Tiny. Beautiful. Warrantied. Incredible sound. For details, call Tom, 484-6888, anytime.

Hi-Fi equipment, Luxman pre-amp. Beyer headphones and misc. All brand new. Priced to sell. Tom. 484-6888.

2 Bruce Springsteen tickets. The pair, \$18. 485-6620 Mandolin with case. Western style Excellent condition. \$70 or will trade for decent violin. Catherine, 343-0404.

One Queen sized spring mattress. Less than a year old. Call 726-7057.

Registered Morgan Palomino gelding, 13 years old. Excellent riding conformation, plus. \$1,000. 747-0671.

messages

than a blade of grass, no more than a shell cast out of the sea, no more than a bird in migrant flight nor am i less than a star whose light penetrates infinity.

HAPPY BIRTHDAY, RHETT! Love, MPS, Will, Lucky.

micronessans, Nan Annim -- Let's get a culture/support group started. Contact Denice at 683-1925, eves. and weekends.

Ants in your pants 'cause you wanna dance? Intermediate level Contemporary (MWF 11-12)and Ballet (T-H 11:30-1) dance classes still accepting students. Contact Mary Seereite in PE dept. or call ext.

Give away one cute, cuddly, black puppy. 484-6238.

Ken Razell: Wish I could see you more. Once a week's terrible.

Batman -- Remember, I'm still your masseuse. Love, Gunner.

Jim -- Weird lunches to eat: turkey meat. A snappy beat , Happy feet. You're sweet. Let's meet! LO

Paul -- You've got it all plus you have me. Gee... what more couldja ask for! LO

Cindy, there will be time to get together more often. With funny hours, it's hard, I know. Barbi Doll.

The time is now, for Reagan. Vote Reagan Nov. 4.

Why not elect a former actor? We've had a clown for the past 4 years.

LOST Thinsulate vest. 10/14/80 in dirt parking lot. Call 345-5915.

Reward.

If you like birds, then come to our Nov 6-7th Pigeon All Breed at the Fairgrounds.

Are you concerned with the diminishing resources on this planet? RECYCLE YOUR PAPER NOW!!

VOTE YES ON 7 for a nuclear-free future, waste facility and voter approval.

TRACY OR JULIE -- PLEASE CONTACT EDDIE MC GRANAGHAN'S SISTER. CALL COLLECT 1-216-428-6571.

Mark, Happy Birthday October 22. Found anything exciting in your pack, lately? Blondies

Dean: Remember the coast? Let's do it again sometime. Les.

Sunshine, I love you back. Paula

"The spiritual conciousness is not attained by any act. God is!"

services

CAR STEREO SERVICE CENTER -- Hi-fi equipment repair -- Monday-Saturday, 10 to 6. 126 N. 28th Springfield. 741-1597.

Women's clinic: Pap test, birth control information and method available. LCC Student Health Service. By appointment.

Intercollegiate Athletes:Physical exams for Fall, Winter, Spring sports Oct. 9, 6:30 p.m.,Student Health Service. \$10. Call Janet Anderson, ex. 2215, for more information.

Need something typed??? For a quality job at reasonable rates, call Coleen -- 741-1639.

PHOTO-STUDENTS, DARKROOM ENTHUSIASTS. Black and white and color lab rentals available. Personal assistance to suit every need. Hourly rates. Call for details. 342-7636. Pearl St. Photography, 440 Bearl St.

Let an English major help you with your typewritten assignments! I correct spelling errors. Leisha 484-5404.

wanted

Experienced wrestler needed to help coach at South Eugene H.S. Earn college credit. Contact Dave, LCC Health/PE Dept.

German Shephard puppy to train for protection. Will pay a suitable price. Preferably registered. 683-6187.

Roomate wanted. Responsible type. Quiet, mostly. Large House -- full basement, fireplace, large back yard. Pet negotiable. \$165 plus utilities. 683-9046 eves.

Roomate needed to share large 2 br apt. \$128 plus utilities. \$50 deposit. Call Gail, 485-4953.

Single mother/student with part-time son and full-time cat looking to rent nice, LARGE studio or 1 br apt. or small house in downtown area. Leave message at TORCH office.

Student living in Corvallis wants to know if there are any other students from Corvallis who would like to share a ride on MWF. 8-4. Please call 757-9015.

Help wanted: Addressers wanted immediately! Work at home -- no experience necessary -- excellent pay. Write: National Service, 9041 Mansfield, Suite 2004, Shreveport, Louislana, 71118.

Couple seek female for fun and friendship and possible roomate -- country living. 935-2620.

I need to exchange baby-sitting. 484-6238.

Ex. H.S. Mat Girl to help organize Mat Girl program at S.E.H.S. for credit. Contact Dave, Health/PE Dept. LCC.

cars

77 VW Rabbit. Great condition. Cassette and radio. Gas saver. Ask for Jane, 726-9947.

Trans Am, 1978 loaded. A very nice car. Asking \$5,900 only. Ask for more into, 485-2462.

'67 Chevy -- Runs -- \$150. 484-6238.

1969 Chrysler Wagon -- Very good condition. Good radial tires, radio, A/C, P/S, P/B. \$800. 683-9046.

76 VW bus -- 7 passenger -- clean, straight, tight mechanically.

\$3,900. 683-9046 eves. 1968 VW bus, \$1,100. 1969 Ford 1/2 ton 6, 4-speed overdrive,

\$1,400. 747-1804 weekends, 933-2933 nights. Ask for Randy.

1976 Audi, 54,000 miles, 24 mpg. \$2,500 negotiable. Call Nedra. Ext.2353 message or 683-2242.

'71 Honda 350cc. Great condition. \$400 or best offer. 747-8240.

I AM IN FINANCIAL CRISIS! Must sell immediately -- 1975 Formula Firebird. Only \$2,995! Phone 683-4869.

1978 Honda Accord. Hatchback. 5-speed. Gold/tan. Many extras. Beautiful. Asking \$5,595. Must sell. Tom 484-6888.