

Volume XXXVI Number 21

Save your health

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Behind the scene

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Thursday, April 18, 2002

Budget battles continue at recent meeting

Toward the end of a seven hour meeting, the faculty union presented a proposal that disputes the administration's budget calculations.

The Board of Education made historic budget cuts to meet a \$7.25 million budget gap on March 13. But skeptical faculty union members still question the college administration's budget data and call for a "transparent" budget process.

Margaret Bayless, LCC Education Association president, said, "We're questioning the assumption that the best course of action is to significantly and immediately reduce the size of the college. We respectfully but fundamentally disagree. ... We will show that the money is available and that there are posi-

tive ways that we can review programs that have, in this last process, been identified as having some problems but should really not be cut."

Bayless presented the faculty union's alternative budget proposal, which is divided into four parts: 1. recalculate/correct the budget; 2. promote new revenues; 3.

reduce costs; 4. re-analyze recommended cuts.

'As faculty members we consider it the only responsible course of action for all of the members of an institution to look at the budget projections particularly when we face ... (budget cuts) that we

see BUDGET on page 7

CRUCIBLE HEATS UP



Arthur Miller's play about the 1692 Salem, Mass., witch trials will be held at the LCC Performance Hall. The play runs Fridays and Saturdays at 8 p.m. from April 19 through May 4. An April 28 2 p.m. matinee will be sign interpreted for the hearing impaired. Admission is \$10 for the general public and \$8 for students and LCC staff and faculty. Tickets are available through the LCC box office at 463-5202 and Erb Memorial Union ticket office at 346-4363.

Student calls media coverage of conflict biased

Sarah Ross

LCC students arrived on campus Monday morning, April 15 to find a huge unsigned banner hanging in the Student Services Building lobby which read "What is the Israeli government doing?'

LCC student Jose Soto says he made the banner and hung it in the lobby "Because I think the media is so one-sided.

'I'm not looking for an argument," says Soto. "I just want people to think. I don't care whether they're for Israel or against Israel, as long as that question is in their minds."

Soto, who is an ASLCC senator and vicepresident of LCC's Latino Student Union, says his actions do not represent the views of either of those organizations. But he says he is planning to approach the ASLCC to see if it will back an anti-war

Student Life Leadership Director Barb Delansky took the poster down around 3:30 p.m.

message on campus.



Student Jose Soto says coverage of the Isreali-Palestinian conflict one-sided.

Monday afternoon.

"I have no problem with question," Delansky, "But there are college policies about where to post things."

Those policies require Delansky's office to okay all flyers or banners posted on campus. Soto did not present the banner for approval.

But Delansky says the "real reason" she took it was because "there was no place for people to go with their

'It's a wonderful question," says Delansky. "But if you want to raise this question ... you've got to have some kind of vehicle for people to express their feelings on the issue.'

ASLCC Sen. Charles Hoffman says he talked with one Jewish student who "was concerned that the poster was giving an anti-Semitic message.

"She was under the impression it was put up by the ASLCC," says Hoffman who emphasizes that "the ASLCC does not condone antianything except antihate."

Soto says he regrets offending anyone. "It was just supposed to be thoughtprovoking." He is interested in meeting with other students who want to learn more about the Israeli-Palestinian conflict. Soto can be contacted at 463-5365 or through a note in his mailbox in Room 210 of the Student Services Building.

Major Party Candidates discuss education reform in Oregon

Managing Editor

Community college funding is on the minds of gubernatorial candidates.

The six major candidates in the November race for governor of Oregon participated in a luncheon forum April 15 to discuss education. The event, which was broadcast on public access television, took place at the Eugene Hilton and was cosponsored by the City Club of Eugene and the League of Women Voters.

Over all, the candidates stressed the importance of

funding education, and each of them even touched on the problems facing community col-

Democratic candidate Bev Stein said, "(Program cuts) are not acceptable. Our community colleges are such an important link for people who are struggling to upgrade their education. ... We have an obligation to make sure our community colleges are successful."

While the candidates' speeches mainly centered around education as a whole, including K-12 and higher education, during the question and

answer session that followed, Mike Rose, LCC Board of Education member, asked, "How do we maintain accessibility and affordability?"

Republican candidate Kevin Mannix wants to add \$150 million to the current education spending, "to make up for the fact that we're spending 2 percent less in overall state spending today on higher education than we were 10 years ago."

Republican candidate Ron Saxton said, "(Community college) is absolutely the key to

see FORUM on page 7



The 2002 candidates (left to right) Jim Hill (D), Ron Saxton (R), Jack Roberts (R), Bev Stein (D), Kevin Mannix (R) and Ted Kulongoski (D).

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The Torch, the official student-managed newspaper of Lane Community College, is published every Thursday.

Letters to the editor should be limited to 250 words and include the author's name, phone number and address (address and phone number are for verification purposes only and are not for publication.) Commentaries should be limited to 750 words and should also include the author's name, phone number and address. Deadline for the following issue is Monday, 5 p.m. The editor in chief reserves the right to edit letters and commentaries for length, grammar, spelling, libel, invasion of privacy and appropriate lan-

Mail all correspondance to: The LCC Torch, IT 218, 4000 E. 30th Ave. Eugene, OR

e-mail: torch@lanecc.edu

Cultural exchange busts stereotypes

We all form stereotypes, but many of us never have an opportunity to learn new facts and revise our view of reality. Some may not even be aware that they make

Last week, The Torch was graced with a Saudi visit from nine journalists/correspondents/professors, from the Saudi Gazette, Arab News, Al-Madinah Newspaper and King Abdul Aziz University. They were on a short tour of the U.S., sponsored by the U.S. State Department. They visited Washington, D.C.,

Commentary

Skye Mac 9vor

Editor in chief

Eugene and Seattle.



I was, of course, wrong.

The women wore pants and sweaters, no scarves. One woman had brightly dyed burgandy hair. The men were cordial and respectfully deferred to

women asking questions. And they said the journalistic process followed in Saudi Arabia is based on the

same ethical principles other countries follow: keep opinion out of a straight news story, don't accept gifts, tell the truth.

Saudi Arabians' freedom of speech is limited, but not to the extent I expected. A minister of information controls government press releases and plays an integral role in hiring and firing editors, but does not "loom over the shoulders" of the press



Tired from their travels, Saudi Arabian visitors discuss journalism with members of the Torch. Left to right: Surraya Salem M. Al Siteitry, Arab News; Amira D. Gashgari, Saudi Gazette; Kinda Gahtan Balkhair, Arab News; Hassan Hamad Ali Adawi, Arab News.

reviewing all stories before publication.

Our guests admitted that since the minister of information controls job security, the highly-paid editors self-censor publications, removing any direct criticism of top Saudi officials or the royal family.

During the visit, Torch Managing Editor Derek Olson asked our guests what they thought of U.S. media coverage of Middle Eastern issues.

They said that in the past the media were clearly biased, especially concerning the Palestinian-Israeli conflict. But they said

that recent coverage has been more indepth, presenting better analysis of complex issues. They said Americans still need to seek more information.

Our guests advised American readers to seek out Middle Eastern news reports available on the Internet. Our visitors' newspapers are available online: Saudi Gazette at www.sakhr.com/services/sgazet.htm, Arab News at www.arabnews.com, and Al-Madinah Newspaper at www.almadinah.com.

Letter to the Editor

No trash day

As part of the Earth Day (April 22) celebration, the Lane Ecology Club asks students and faculty to throw away as few things as possible and be aware of the many opportunities to recycle.

Students and faculty who participate in the "no trash day" will be subtracting from the ton of trash that we throw away every day at Lane. This adds up to 400 tons, on average, per year and costs the school \$50,000 that could be spent offering classes and providing student services.

In contrast, recycling made Lane \$1,600 last year. This is a number that could grow every time you decide to recy-

Here are some simple ways to reduce your personal waste:

 The cafeteria provides reusable plates and silverware for almost every meal they offer, the paper plates cannot be recycled or reused, and are meant to be used only when one is eating outside the cafeteria and has no way to return the dishes.

Choosing to use the washable plates and silverware takes away from the 56 tons of paper we, at Lane, throw away every year.

· Paper cups for coffee or soda are also one-time use items, 24 tons of which is thrown out each year at Lane. Bringing a container from home could save the school up to \$3,000.

· Another opportunity to recycle comes with the fact that almost any kind of paper you use at school can be recycled, including returned homework, scrap paper, newspaper and computer paper.

· Recycling facilities are all over campus. For example at the bus stop and outside the library there are multi-use recycling bins. Also, a paper recycling bin is in the cafeteria, and several soda can and bottle bins are spread across the campus.

To represent the amount of recycleable materials thrown away each day the Ecology Club will be exhibiting a trash sort on Wednesday, April 24, to show exactly what Lane students, staff and faculty have thrown away and how much of it could have been recycled. By participating in the no trash day you will be doing your part to benefit both your school and your world.

> Roy Carter for the LCC Ecology Club

ve soofed!

In "Students Challenge Community's Heterosexism," in the April 11 issue of The Torch, the date of the Challenging Learning about and Undermining Heterosexism workshop preby sented the Queer/Straight Alliance should be every fourth Thursday, location TBA. The next workshop is scheduled for April 25. Contact Wendell Freeman at 463-5331 for more information.

In "Bloodmobile to visit campus," in the April 11 issue of The Torch, the date of the blood drive should be Friday, April 19. For information on signing up to donate please call Pete Peterson at 463-5655.

Mackworld



Columnist

When you relax at home, you take it easy all day long. You should concentrate on studying, but don't worry. Then go out on a dinner date with a woman friend.

I always pick up six or seven books to read all day long. I unplug the T.V. and drink milk before I go to morning class. I have a one track mind and think or read all day long.

I'm definitely a journalist, very

carefully writing all the good clean thinking. I concentrate very hard to be a good journalist. It's serious work all day long at The Torch paper. A new story takes me all day long.

Men and women can be journalists, eat hot donuts and drink coffee or tea. They have a good time and definitely come back again to work on a new story for the next paper.

At the next journalists meeting, new things will come up, good

things that will someday be in a history book.

Editor's Note:

John Mackwood is a special needs student on loan to The Torch from the LCC Downtown Center office of Adult Basic and Secondary Education.

Over-enrollment prompts UO to tighten admissions

LCC transfer students must heed May 15 application deadline to insure UO acceptance.

Peggy Morgan Copy Editor

LCC students who plan on attending UO next fall are going to need to apply soon. To be given full consideration by the university, both direct transfer students and those pursuing an Associate of Arts Oregon Transfer Degree must turn in their completed applications by

To transfer to the UO from Lane, students must have a grade point average of 2.25 or better. UO Admissions requires students who graduated from high school after 1997 to prove that they have taken two years of foreign language classes, either in high school or at community college. There are also some course requirements, such as Writing 121, 122, 123, and one college level math course.

In the past, students with certain majors have been able to waive the university's math requirements. Because enrollment for fall term is so high, UO counselor Kirk Koenig says this year the university may not be able to accept these students. Koenig recommends that students wishing to enter the university take all the required classes before applying.

There are advantages for students who graduate from LCC. Since enrollment is up, not everybody who applies to the UO will be accepted. But Lane graduates who meet the university's requirements may have a better chance.

"If a transfer student meets criteria, we are accepting them," says Koenig.

LCC Academic Advisor Jerry Sirois says that after taking all the required classes at Lane, AAOT students can start out at the university as juniors. And UO Counselor Bunny Nosler doesn't feel that students transferring from Lane are any less prepared.

"It really depends on the student," says Nosler. "As with all students, there are some that really do well, and others that don't apply themselves.'

Jenni Schultz, a dual enrollment student, says that there are some differences between the two campuses. The university has nicer equipment, for one

thing. And overall, the student population at the UO is younger, which adds a social element that LCC doesn't have.

LCC students who have used the AAOT Degree in the past have rated it a success. According to a survey published by Lane's Institutional Research, Assessment, and Planning Department, more than 75 percent of the students who graduated from Lane with a transfer degree during the 1999-2000 school year responded "very much" when asked if they felt they had accomplished their goals. At that time, more than 12 percent of the UO's student body had transferred from one of Oregon's community colleges.

For more information about the AAOT Degree, or the course requirements for your major, contact your advisor or go to the UO Admissions website at http://uoadmit.uoregon.edu/.

Workshop unmasks TRIO students' talent

His scraggly spaghetti beard and devilish horns cause several passers-by to stop and stare.

But on closer inspection, the white clay mask created by LCC student Mike Powers turns out to have a friendly, mischievous expression that invites the onlooker to reflect on his or her own "devilish" self.

Powers' mask, along with about 20 others, is on display this term in the TRIO Learning Centerin Room 219 of the Student Services Building.

"It was relaxing (to make)," says Powers. "When I got it all done I noticed it looked a little bit like me."

The masks are the end product of a two-day winter term workshop facilitated by LCC counselor and art therapist Christine Salter designed to enhance self-confidence.

"A lot of our (TRIO) students are the first generation in their family to attend college or are non-traditional in some way," explains Mary Parthemer, TRIO director. "We try to provide a variety of activities to help their learning. We want to help people feel confident for school, and the mask (making workshops) have filled that role.

TRIO is a federally funded program aimed at helping students stay in school and successfully graduate from LCC or transfer to a four-year institution. Students who qualify for the program must meet financial need criteria and be either first generation college students or have a documented disability.

TRIO is the acronym for the program's former name, says Marla Norton the center's administrative assistant. Although the program has grown and changed over time, the original name

TRIO student Jeanne Grimes-Davis titled her colorful mask "Me."

"The first thing I did was roll out the clay and put it on my face for three to five minutes," says Davis. "I felt like I was smothered, but it was fun."

Davis says she took the workshop because "I had seen other masks that TRIO students had done and they were beautiful. I really wanted to do one."

Davis says she is already signed up for the next workshop scheduled for May 2 and May 9, "I'd like to make one with a little more decoration on it."

For information about the TRIO Learning Center or the mask making workshops call 463-3131 or stop into room 219 in Building 1.



LCC students admire clay masks on display in the TRIO Learning Center in Room 219 of the Student Services Building. The masks are the work of a group of TRIO students who attended a two-day mask making workshop winter term.

Options conference demystifies non-traditional careers

Girls introduced to jobs that employ less than 25 percent of women.

Ann Green

It's a typical rainy Oregon night; the road's dark and slippery. She only has an hour's drive; not long and she will be

Ten minutes into the trip, her right rear tire blows, and her car swerves off onto the shoulder of the road. She grabs her raincoat, opens the trunk, and picks up the lug wrench. She knows what to do.

Basic automotive technology is just one of the many skills girls can explore when attending the third Options Unlimited workshop held April 20 here on the LCC campus. The one-day conference takes a hands-on approach to exploring what many describe as nontraditional skills for women.

The idea is to expose younger girls to a variety of kinds of careers and opportunities," says Donna "La Rosa" Rose, program advisor for Alternative Career Choices for Equitable Student are women. Success.

"The conference is not necessarily career based — it is skill based, so we want to encourage the girls to enjoy learning some skills that they may have never considered for themselves," she

Research shows that most girls have already decided what they want to study by the time they get to high school, says Rose. So offering middle-schoolers a look at different skills and career options could open up their choices for future careers.

The government describes non-traditional careers as those that employ less than 25 percent of women. The kinds of jobs that you automatically think, "That's a job for a man," says Rose. "Too often girls and women have been told, 'You can't do this because you are a woman."

The most popular sessions in past years have been woodworking, multimedia, computers, welding and home decoration. Of the 280 girls who participated in the last workshop, two-thirds were in middle school. The sessions are facilitated by people who work in the fields, and about 80 percent of the facilitators

This year's workshop offers 29 sessions on topics ranging from carpentry to video productions. The girls can choose up to four sessions, including welding a metal candle holder, creating a birdhouse or toolbox in wood, or developing their own web page.

Also included are workshops for parents, teachers and counselors that explain apprenticeships, how to support girls seeking non-traditional careers, and demystifying the trades. One session addresses changing perceptions about math and science. And a panel of representatives will discuss apprenticeship programs at LCC.

Players from the UO Ducks women's basketball team, members of Encore Theater, news and radio personality Nancy Steele, and Jeanne Staton, owner of Staton Companies, will participate in the opening and closing presentations.

Sabine Wilke who returns for a third year to facilitate the tile-setting session, plans for the girls to make stepping stones with mosaic patterns.

The opportunity to try new skills gives the girls a more confident attitude, that they can go anywhere and not be intimidated," says Wilke. "They leave

the workshop with a different attitude about non-traditional careers and skills, they see them as "more normal when they walk away, they can do those

Julia Simmons-Rear, now a high school sophomore, has signed up to participate in the workshop for the third time. She learned to cut tile and work with sheet metal last year and this year registered for architectural drafting, civil engineering and automotive repair.

"You get a broader picture of what you can do, and what is out there, says Simmons-Rear. "Anybody can do it, there is so much to choose from. It was a good experience."

Jenny Potter, a mechanic for Sandpiper Import Services, and was trained in the automotive program at LCC, says she will lead the automotive technology program again. This year girls, like Simmons-Rear, will learn what to look for under the hood, and how to change a flat tire on one of those rainy Oregon nights.

For more information about the workshop call the women's program at 463-5353, or visit the web site at www.lanecc.edu and look under Options Unlimited.

Study Break

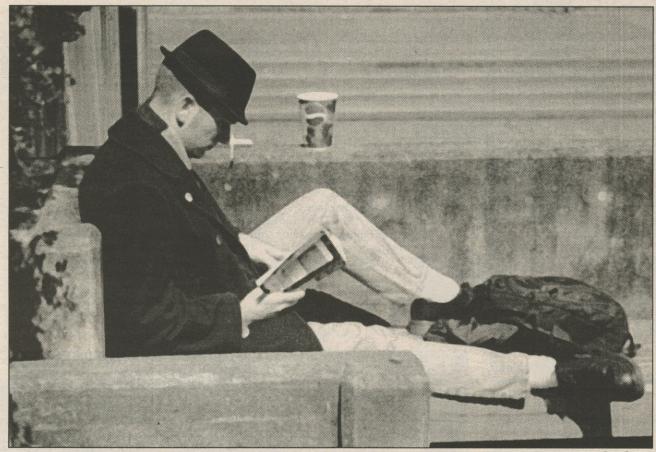


PHOTO BY BLAIR GIRRARD

An LCC student takes advantage of the good spring weather- for five whole minutes.

Contest open to 2002 graduates

Peggy Morgan

Students graduating in 2002 are invited to enter into the keynote speaker contest.

Entering students will present their speeches on May 1, from 3 p.m. to 5 p.m. The deadline for entering is April 30.

Lane graduation is on Saturday, June 15, and will feature a keynote speech delivered by a member of the graduating class. Students who are interested should prepare a speech no longer than five minutes. The speech should reflect the time, energy and hard work students have put of the center building, in the lobby into earning their degree. of the center building, in the lobby area next to Room 451. Tutors are

In the past, speeches have been selected based on presentation as well as quality. Tina Lymath, Student Life and Leadership administrative specialist says last years winners, Stacy Adair and Angelica Carrier, "were very powerful and eloquent,"

Students who are interested in delivering the keynote speech, but are concerned about their writing skills, are encouraged to get help from the Writing Center. The Writing Center is located on the fourth floor

of the center building, in the lobby area next to Room 451. Tutors are available from 9 a.m. to 6 p.m. Monday through Thursday, and 9 a.m. to 4 p.m. on Friday.

Although Lymath was unable to release the number of judges or their names, she did say, "they're very skilled, not biased and very openminded."

Students can sign up to present their speeches by contacting Lymath in the Student Life and Leadership Development office, Building 1, Room 206 A, or by calling 463-5336.

INTERESTED IN BREAKING
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Applications
for
2002-03

Denali Editor & Torch Editor
Available on April 25

Stop by Building 18
Denali Office 213
or
Torch Office 218

Scholarship application deadline moved back

Derek Olson

The LCC Foundation has changed the deadline date for scholarship applications from April 15 to May 15 due to a lack of applicants.

Geri Meyers, advisor at LCC's Career and Employment Services says, "We need more students to apply. We have more money than we do applicants, so we need to get the word out."

The Robert W. and Bernice Ingalls Staton Scholarship provides 15 \$5,000 vocational scholarships and five \$5,000 lower division collegiate transfer scholarships each year.

The Wayne Sheilds Vocational Education Scholarship offers nine \$1200 scholarships

The Juan Young Trust Scholarship, which gives preference to individuals who are directly descended from former employees of j7Kienow's Food Stores, is also available to the general public.

Meyers says that out of five available Juan Young Scholarships, only three LCC students

have applied.

Each of these scholarships has certain requirements for eligibility that are specified in the application form. Each also requires a written essay, but Meyers says that LCC's Career and Employment Services will help anyone who struggles with essays.

Meyers also says all the scholarships are for next year and that people who are just starting to think about next year's money should know that this is the tail end of the application process for the bulk of scholarships.

"Even if they miss out, this is a great time to start research for next year."

Benefit will aid Lane's neighbors in legal dispute

Peggy Morgan

A benefit for the Russel Creek Neighbors—area residents opposed to the National Guard's 30th Avenue site for its new armory—will be at First United Methodist Church on Friday, April 19 at 6 p.m.

The benefit is to raise money to help cover the \$10,000 the neighborhood has accumulated in legal fees during its battle to prevent an armory from being built in the Russel Creek area, the neighborhood surrounding LCC

area, the neighborhood surrounding LCC.
Howard Epstein, a resident of the area, worries that the building could become a military

target if the U.S. went to war. Epstein also has environmental concerns.

"The zoning is all wrong," he says, "It's infringing on wetlands, and I think it's a terribly unfortunate thing to happen at the entrance to Eugene."

Another neighbor, LeAndra Bell Matson, says they have done research and believe there are more appropriate sites. They found a location near the airport the meets all armory needs, including City Sewer service.

Anyone interested is invited to attend the benefit. There will be art, refreshments provided by local businesses, a silent auction, and eight performances, including the Oregon Flute Circle and Victor Steingardt, a piano player and UO instructor. For more information, call Howard or Kathleen at 746-6459.



Death is one consequence of the tenacious habit of smoking. Emphysema and bronchitis are two others.

A tough HABIT to kick ...

Pat Sweeney

Jerry Sirois, an academic advisor in the LCC Counseling Department, admits that smoking is a tenacious habit. Sirois lit his first cigarette around the age of 26 when he began frequenting taverns.

Thirty-five years later he continues to smoke. None of his many attempts to quit lasted more than five days. The habit has survived five smokers clinics and even a heart attack.

He lives in a smoke-free home and wants to quit, he says. There are reasons, but not the motivation.

Kyla Wilson, a multimedia design and production major, says she also would like to quit smoking, citing the expense as one reason. "In three months, I spend \$180 on cigarettes," she

During her four years of smoking she has tried using the patch and drugs, with no permanent success.

My nerves get on edge when I don't smoke," says Wilson. "I want something to do with my hands. Seeing people smoke sets me off, too." But she realizes, "I have to want to quit."

While pregnant with her first child she reduced the amount she smoked from a half pack per day to one cigarette because she was concerned about the health of her baby. Now pregnant with her second child, Wilson is back to smoking a half pack per day.

In fact, people who want to quit addictive smoking will probably fail - many times.

In the spring term LCC class, Lifetime Health and Fitness, health instructor Susie Cousar bombards the students with reasons not to smoke. She talks about smoking in relation to cancer, chronic diseases, heart attacks and strokes.

During the lecture on human sexuality Cousar reveals that smoking has also been linked to impotence.

Cousar, who teaches the class each term, says she believes it is important to support people in trying to get over this difficult addiction.

An average of five smokers register for her class each term, says Cousar. By the end of the term, usually four out of the five are thinking about quitting and two or three are in the planning and action stages.

The class text, "Focus on Health," by Dale Hahn and Wayne Payne, contains a chapter on methods of quitting classes, nicotine gum, patches and anti-depressants.

But even the text acknowledges that the best group-based smoking cessation programs have only a 20 to 50 percent success rate over one year.

Nicotine chewing gum, when

used with counseling, has a success rate of 40 percent or more. The nicotine patches appear to be less effective than the gum, but easier to use.

Studies show that using antidepressant medications is substantially more effective than the patch, according to Hahn and Payne.

Cousar explains that smoking sends a neuro-transmitter, dopamine, to the brain causing a euphoric response. The anti-Zyban depressants and Wellbutrin increase the production of dopamine. So using these medications decreases the craving for euphoria when a smoker quits.

But here are success stories. "Dan," who wished to remain anonymous, managed to quit after smoking for about 10 years when he began thinking about his health and not wanting to die. And he had moved away from his home where members of his family smoked. To rid himself of the habit, he replaced the cigarettes with nicotine gum, then quit chewing the gum, and says he hasn't smoked in more than six years.

Jane Irola, an LCC accounting and art student, smoked for 20 years, then found the motivation to quit eight years ago when she started thinking about death.

She had tried several times to cut down the number of daily cigarettes, and she tried to quit "cold turkey." But it was impossible while she lived with another smoker, she says.

Smoking was a way to relax when she was stressed. "Newspaper, coffee and cigarettes was a habitual part of my

She moved to a place by herself, but noticed that smoking was taking a toll on her health because she was frequently sick with colds and sore throats. When her mother died Irola began thinking about her own mortality, which led to her success in quitting.

Richard Archambault, a photographer and LCC art and photojournalism major, says, "The big thing is the desire. You gotta' really want it."

He quit four years ago after smoking for about 30 years because he realized that it had become socially unacceptable for photographers to smoke. And price increases made cigarettes prohibitively expensive.

He says he was spending \$125 to \$150 per month on cigarettes. He wanted to learn photography and decided instead of spending \$5 for a pack of cigarettes, he would rather spend it in on rolls of film and devel-

Archambault unsuccessfully tried the patch. He later succeeded when he followed his doctor's recommendation to use the drug Wellbutrin in combination with nicotine replacement cigarette holders for about two weeks. "Mostly, it was mind over matter," he says.

Now, he says his lungs are clean and it's nice not to be shelling out money for ciga-

In addition to Cousar's class, support groups, gum, the patch and drugs, other resources include counseling acupuncture.

Mark Harris, LCC Substance Abuse Prevention coordinator, offers counseling and referrals. He also suggests chewing licorice root and drinking herbal

He says some can quit "cold turkey." For others, it comes only after successive failures.

"Don't get discouraged," says Harris, and "don't substitute another addiction."

Tom Williams, a local acupuncturist, offers three separate treatments on three consecutive days. He says when the UO Health Center tracked 15-16 people who received his treatments, it found that 50 percent continued to not smoke after a

Irola says if a smoker wants to quit, "change your habits. Break up habits that make you always have that cigarette, and don't hang out with other smok-

Death is one consequence of the tenacious habit of smoking. Emphysema and bronchitis are

"A smoker is 10 times more likely than a non-smoker to die Chronic Obstructive Pulmonary Disease," which includes emphysema and chronic bronchitis, according to the American Lung Association.

Each year 785 Oregonians die from these diseases.

Many students in Cousar's class begin a plan to quit smoking. She says she is ready and willing to help. For more information, call 463-5271.

Resources for smokers who want to quit:

Lifetime Health and Fitness," LCC class in the Health Department taught by Susie Cousar each term.

Mark Harris, LCC Substance Abuse Prevention Coordinator Counseling, referrals.

The American Lung Association of Oregon web site - www.lungoregon.org. Access to a 46 page selfhelp guide, an audio tape, and a 24 hour on-line support group.

The Tobacco Quit Line, operated by The Oregon Department of Human Services toll-free 877/270-7867. Free quitting information, telephone counseling and referrals.

The Seventh Day Adventist Church, 1275 Polk St., 683-4169 Four annual classes consisting of five evenings and a follow-up

Tom Williams, acupuncturist, 686-9658

The Eugene phone book under the heading 'Smokers' Treatments" lists two more acupuncturists and a hypnotist.



An LCC student puffs away as she drops her pack of American Spirits in her purse. She's been smoking since age 13 and wants to quit now, 10 years later.

Concert captures Beatnik atmosphere — almost

Graham Coslett

If only espresso and cappuccino had been sold at an April 16 jazz concert, and there had been cigarette smoke in the air, then the mood of a 1950s San Francisco Beatnik coffee house would have been caught exactly as I imagine it.

The LCC and UO music faculty and individual lesson instructors concert was titled "Poetry, Prose and Jazz," and was held in LCC's Blue Door Theatre in the Performing Arts

Performing in the concert were Carl Woideck on soprano saxophone; Jake Pavlak on guitar; Nathan Waddell, who also directed the concert, on string bass; Alan Tarpinian on drums and percussion; and Sparky Roberts, voice.

The performance consisted of a well chosen program of old standard jazz and popular tunes, interspersed with poetry read by Roberts. The musicians accompanied her in a manner evocative of poetry readings in Beatnik coffee houses.

I found the concert, which was unfortunately somewhat lightly attended, to be a fine showcase for the talented performers and educators, disproving the old saying, "those who can't play, teach."

There were several highlights for me. The beautiful tune "Django," by John Lewis, written in memory of the great jazz guitarist Django Reinhardt, was a good vehicle for the expressive, dynamic saxophone playing of Woideck. The piece started with a slow ballad section, and moved to a faster tempo during the middle section, and Woideck's playing shone at both paces.

Roberts read an interesting poem called "Sweet Thing (For Those Who Find it Hard to Say 'I Love You')," by Richard Reed, accompanied by the talented Tarpinian on drums. The feel of the poem, which used short arrhythmic phrases to evoke the uncertainty implicit in its title, was mirrored perfectly by Tarpinian. The rhythm section, overall, played effectively. Waddell, a versatile bassist who also plays in the Eugene Symphony, played several good solos and provided a solid foundation throughout the evening. Pavlak, who is not a flashy but a soulful guitarist, gave good accompaniment to the other players, and also took a number of nice solos.

The concert closed with "Softly as in a Morning Sunrise," by Hammerstein/Romberg. This tune, played at a quick tempo, featured terrific solos by all the players, especially Tarpinian. The tune was then used to accompany the Roberts' reading of a funny poem called "Nostalgia," by Billy Collins. The poem, which makes fun of the attitude that any time in the past is to be preferred to the present, amused me with a reference to how enjoyable "sonnet marathons" of the 16th century must have been.



Nathan Waddell grooves on the bass in the April 16 "Poetry, Prose and jazz" concert.

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Choreographer sets stage

Valerie Link

It isn't often that people have the chance to see what goes on behind the scenes at any of Lane's stage productions, so it is easy to forget that it takes hard work to prepare the actors and the sets. One Lane student is the choreographer of "The Crucible," which will be opening April 19 and showing the 20, 26t and 27, 28, and May 3 and 4.

Mona Jones, originally from Newport, has been dancing since the age of nine. Early on, she focused primarily on jazz, ballet and modern dance styles. After high school, she moved from Newport to Eugene, where she continued her study of dance at Lane and at the University of

In "The Crucible," she choreographed several of the scenes. "Because the scenes deal with hysteria and intense moods, I decided to focus on loose choreography and improvisation. The girls learned to work with each other on stage and to organize their movements," says Jones.

Jones has been with the Lane Dance Company for the past two years, during which time she has danced in many of Lane's performances. She performed in this last February's "Touch" dance concert, last year's student choreographed Blue Theare dance Door 'Collaborations 2001," and has done choreography for the "Amazing Grace" breast cancer show. In addition, she has also participated in various Lane Dance Company promotions, workshops for high school stu-

dents, and has contributed to performances in senior centers.

A pivotal change for Jones began with her work study position with Myrna Seifert, the box office supervisor and publicist for the Lane Performing Arts Department, where she does everything from poster design to organizing dance events in public high schools. "She is very capable of handling many tasks. ... I give her lots of special projects because she is able to get things done," says Seifert.

Jones enjoys being able to work behind the scenes and with the performing arts staff. "Working this way has helped me to see more behind the scenes ... the whole dance department has been supportive and inspiring," says Jones.

In addition to her dancing, Jones also loves science. She chose a major in biology because she loves the outdoors, and appreciates academics. Why not a major in dance?

"I feel I can make more of a difference with science. The opportunity to change things is greater. Dancing will always be there, though." And while dance may not be her choice for a

career, she may decide to take a minor in Balancing her dancing and rigorous studies with day-to-day life isn't always easy for



Mona Jones, "Crucible" choreographer

this 22-year-old. Trying to find the time to do what needs to be done in addition to her other interests such has hiking, gardening and just hanging out with friends, can be a cause of some real "mental gymnastics." "You have to have a positive attitude that there is time for everything. Things do work

A&E Calendar

April 19

 Party Music: World/Inferno Friendship Society, Mine 37, Ghost To Falco

Location: W.O.W. Hall Time: 9p.m. Cost: \$7 at the door

April 20 • Jazz-Funk-Hip-Hop / Samba: Kawaida, Bloco Ama Zinha Location: W.O.W. Hall Time: 9 p.m. Cost: \$6 Door

 Friends of the Library Book Sale

Location: Lane Events Center, Lane County Fairgrounds Dates: April 20-April 21 Time: 10 a.m.-4 p.m.

• Earth Day Celebration Location: Downtown Eugene Time: 11 a.m.-6 p.m.

April 21

Hawaiian Reggae: Natural

Vibrations Location: W.O.W. Hall Time: 8 p.m. Cost: \$13 Advance, \$15 Door

April 24
• Hip hop: Anti-Pop
Consortium, Mist 1 & Spaikon Location: W.O.W. Hall Time: 8 p.m. Cost: \$10 Advance, \$10 Door

> Compiled by Tate Woniya A&E Editor

7

BUDGET continued from page 1

think undermine the basic mission of this institution," said Bayless.

As proof of its skepticism the union pointed out a \$600,000 error, which incorrectly carried a one-time retroactive faculty raise increase to the 2002-2003 budget. Marie Matsen, vice president of College Operations, acknowledged the error, saying it has been corrected.

Board Chair Robert Ackerman flinched. "If there is a flaw in the process I need to know what it is, and the (\$600,000), where did it go?"

LCC President Mary Spilde responded. "As I have often said, we continue to sharpen our pencils and try and make sure that the projections are accurate ... I don't want you to leave thinking there's an extra \$600,000 here."

Spilde said new figures from the state show a decrease in its contribution to Lane's budget. She also said that Matsen has recalculated the projections based on the new state figures and the \$600,000 error, and new changes are reflected in the new projection sheets.

Board member Roger Hall said, "I think ... that our administration's projections of the budget have been uncannily accurate year after year."

But the union said in its proposal that "it is not impudent to question the administration's numbers." And it continues to question tuition revenue projections, stating that figures used in the projection are "based on a calculation (made) several years ago."

To generate new revenue, the union suggests the college create a differential rate of tuition for nursing and other expensive programs, a concept already applied by several other Oregon colleges.

The union also questions procedures used to determine the budget and program cuts, calling for a more inclusive, "transparent" budget process and a system where "challenges to the data used to justify program reductions and eliminations can receive a complete and fair hearing."

Because its expense and revenue projections differ from the administration's, the union suggested a certified management accountant should look at projection models providing a different function than an auditor performs

"The faculty union is willing to share in the costs of bringing somebody in," said Bayless.

Ackerman, considering the 31 pages of graphs, charts and proposals, said that the administration should react to the figures and analyze the union's data. "(We have) an obligation to confer with (the union)," he said. But later pointed out that the board must bring matters to a close by the next meeting.

Hall said, "I don't view this just as an obligation but as an opportunity to discuss these issues."

Board member Lucille Salmony agreed with Hall, but added, "My concern is that this is a time sensitive matter. I don't feel comfortable with us as a board waiting until our next regularly scheduled meeting to respond to this, because we make decisions quickly and there is process involved in this. ... And so I would recommend ... that we hold another work session, at the very least, in a week or two weeks."

Ackerman said, "The issues are pretty narrow, we don't need a work session. I think we either need a special meeting of the board or we need to refer it to the next meeting."

However, the board took no action on the issue other than directing the administration to analyze the union's data.

FORUM continued from page 1

how people afford education." He says there must be control of costs and more stress on the importance of education in the budget. "Education has got to be the priority."

Democratic candidate Jim Hill says, "We should not be in this difficult position in the first place."

During the last 10 years of unprecedented economic expansion a "rainy day" fund should have been set aside. "Even squirrels understand putting nuts away for a bad winter," said Hill.

All of the six candidates are vying for either the Democratic or Republican Party nominations and no other parties or independent candidates were included in the discussion.

The Republican side featured candidates Saxton, Jack Roberts and Mannix. Saxton said, "(Education) is the number one reason I'm running."

Hill, Ted Kulongoski and Stein presented democratic views. Stein commented on the six candidates' common profession, "Yes, all of us are lawyers. Your next governor will be a lawyer."

Attendees dined on \$14 per plate catered dinners, while each of the six candidates spoke for a duration of 12 minutes.

Prior to the forum, City Club members and The League of Women Voters asked candidates to prepare a written statement about their vision for education reform.

The candidates' full written responses to the education question can be viewed at www.cityclubofeugene.org along with more information about the events' sponsors.

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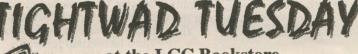
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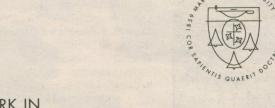
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Invitational will test Oregon athletes

Coach describes Lane's track and field team as solid and well-rounded.

Laura Martyn
Sports Editor

Thursday April 18, 2002

Lane's Track and Field team is moving into its last and most exciting third of the season, when all of the meets are scored.

The Clackamas Invitational, taking place in Oregon City April 20, will have both four year schools and community colleges competing against each other in a scoring situation.

Coach Grady O'Conner says, "We're looking forward to working hard, and scoring puts extra pressure on the athletes to compete. They need that pressure, because that's what they'll be facing in the (Northwest Athletic Association Community College) Championships."

Not all of the Titans will be competing at Clackamas. Skyler Reddington, and Brooke Urhausen both sustained mild injuries, and will likely sit out the mee, so they can be at full strength next week.

"That's when the Oregon Invitational opens," says O'Conner."We'll start showing where we rank in the NWAACC. It kind of changes the dynamic when athletes know they are scoring points for the team."

O'Connor said that Mt. Hood, Spokane and Clackamas are looking to be their biggest competition. But he says has a very solid, well-rounded team, and had a hard time distinguishing his top competitors. Many of the Titans have already qualified for the NWAACC Championships.

Athletes to look out for: sprinters Gabe LeMay, Skyler Reddington and Adam Bailey, and distance runners Brooke Urhausen, Miranda Petersen and Cody Loy.

Lane's team is also rounded out by two cross-over athletes, Keith Baker in the decathlon and Nicole Brown in sprints, both of Titan basketball fame.



LCC runner Nicholas Ballard crosses the finish line in the 1500 meter run at the Southern Region Preview held at Mt Hood Community College in Gresham, Ore on April 6.

PHOTO BY RICHARD



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"The current economic slump in the U.S. is definitely having an impact on higher education," says Dick Dent, dean of enrollment services at Bastyr.

"Students are telling pollsters that they have become very cost-con-

ture recently approved 16 percent to 25 percent increases in four-year public institutions in Washington.

In comparison, undergraduate annual tuition for 2001-02 at Bactyr University was

increase in tuition. The legisla-

In comparison, undergraduate annual tuition for 2001-02 at Bastyr University was \$11,270, more than \$5,000 below the state private-school average.

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for the Washington state massage licensing exam. A massage practice can be the main focus of your working life or it can become an integrated part of your work in a related field or provide extra income during grad school.

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Titans skin Clackamas Cougars in double-header

Laura Martyn Sports Editor

In sweeping the Clackamas Cougars April 11, the Titans gained their fourth and fifth consecutive victories. While it was the first time the Titans had faced the Cougars this season, they did enjoy some success against them last year. Lane had a win/loss record of 4-1 against the Cougars, outscoring Clackamas 30-10.

The Titans' right-handed ace, Troy Grimmer, delivered anoth-

er sparkling performance, going seven innings, and giving up

Game 1: Lane Titans 12, Clackamas Cougars 1

one run on four hits. His lone mistake came in the second inning, when Grimmer hung a slider over the plate, giving up an RBI double to Richardson.

It was the first of three Cougar extra base hits of the game.

Grimmer said, "I didn't feel quite as good as in my other starts, but when that happens, you just try to hit your spots, and the hitters will get themselves out."

If there was one thing Lane's hitters weren't doing, it was getting themselves out.

The Titans scored one run in each of the first two innings, before really settling into the groove. In the fourth, Knute Parent hit a one-out single. Scott Sims moved him into scoring position, and Porter Smith drove him in with an RBI single.

Mitch Wade worked the count 2-2 before hitting an RBI double.

Paulsen tried to pick Wade off second, but the ball went into center field instead, and

instead Wade wound up at third, for Nick Currin to bring home with a double.

The whole game followed the same pattern, with the Titans totally in the game, staying aggressive on the base paths and figuring out how to manufacture runs. They failed to score only in the third and seventh innings.

All of this was really nothing new to Troy Grimmer, though; the Titans have scored 26 runs in his five starts.

Game 2:

Lane Titans 4,

Clackamas

Cougars 3

Nate Larson took the mound for the Titans in the second game.

Larson was Lane's main guy out of the bullpen last season, with a 1.99 ERA and 22 strikeouts in 32 innings.

The Titans scored all of their runs in the second and third innings. Kenny Brock (reached first on a fielder's choice) scored on a Ryan Hoffstot double. Smith reached first on a bunt single, scoring Hoffstot from second.

In the third, Wade drew a free pass, and then stole second, as Nick Currin went to a 3-1 count, eventually walking. DJ Kooken added to the lead with an RBI single. Currin was thrown out trying to steal third(in a disputed play) Justus Kimbrough then drove in Kooken with a double, the last run of the day for the Titans.

Nate Larson worked out of a jam in the second inning when the first two batters got singles off of him. The third batter lay down a suicide squeeze, but Larson fielded his position and caught the leadoff batter as he tried for home. The Titans ended the inning with consecutive outs at third.

Things got interesting in the sixth. Larson got the first batter out on an infield fly, and then walked the next two batters.

Then Matt Paulsen came up to bat, and hit a squib grounder, that was fielded by Johnson. Larson covered first, but the ball deflected off his glove and rolled into foul terri-

Seeing what had happened, the Cougars already on base broke for home. Larson then made an errant throw, the ball sailed into the Titans' dugout, and two runs scored.

Coach Donny Harrel then made the trip out to the mound, calling for lefty Brock in relief. Brock ended the inning, and Clackamas' rally with a grounder and strike out, respectively. He came back in the seventh to earn his first save.

Runs

Errors

Baseball Stats Lane Titans verses Clackamas Cougars

First Game Innings Clackamas	123 010	456 000	789 000	Hits 1	Runs 5	Errors 3	Second Game Innings Clackamas	123 001	456 002	Z O	Hit:
Lane	110	133	03X	12	14	2	Lane	022	000	×	140014
W- Grimmer L- Paulsen							W- Larson L- Gleich S- Brock				MIT IS A SECOND

2B: Currin, Taylor-Weber, Currin. RBI: Currin, Hoffstot, Johnson, Kimbrough, Sims, Smith, Taylor-Weber, Wade.

2B: Hoffstot, Kimbrough RBI: Hoffstot, Kimbrough, Kooken, Taylor-Weber

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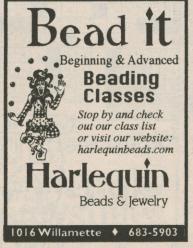
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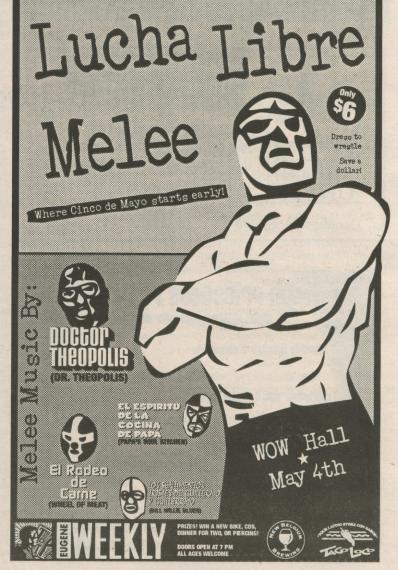
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- 4 Sink
- 9 Knock
- 12 Sick
- 13 Cheer
- 14 Age
- 15 Visualize
- 16 Took out
- 17 Admirer
- 18 Spanish monetary unit
- 20 Resigned (abbr.)
- 21 Liability
- 22 Cut
- 24 Dog 25 Article
- 27 Fast
- 30 Cam
- 33 -eer (variety of)
- 35 Flower
- 37 Extravehicular activity (abbr.)
- 38 Sand below water 40 Story
- 41 Square of any type size
- 42 Drag
- 43 Ooze
- 46 Map; chart
- 48 Ova
- 50 Beak
- 53 Sup 54 Assembly place (Gr.)
- 56 Mat
- out (complete) 58 Gemstone weight
- 59 Of the kind of (suf.)
- 60 Lead (p.t.)
- 61 Swelling
- 62 The letter C

- 1 Speech defect
- 2 Toward which the wind blows
- 3 Bless (p.t. form)
- 4 Cot
- 5 One who scares
- 6 Stuff
- 7 A follower (suf., pl.) 8 Man's name
- 9 Umpire
- 10 Semitic
- 11 Huff
- 19 N.W. state (abbr.)
- 21 Dig (p.t.)
- 23 Lupino
- 25 Broadcast
- 26 Born
- 28 7th letter, Greek alphabet
- 29 Message 31 __ Maria
- 32 Male sheep 34 Akin
- 36 Dream stage (abbr.)
- 39 Obese
- 44 Not out 45 Subject
- 46 Pare
- 47 Erie, e.g.
- 48 Mild oath
- 49 Stab
- 51 Rational
- 52 Rim
- 54 High card
- 55 ___ glance

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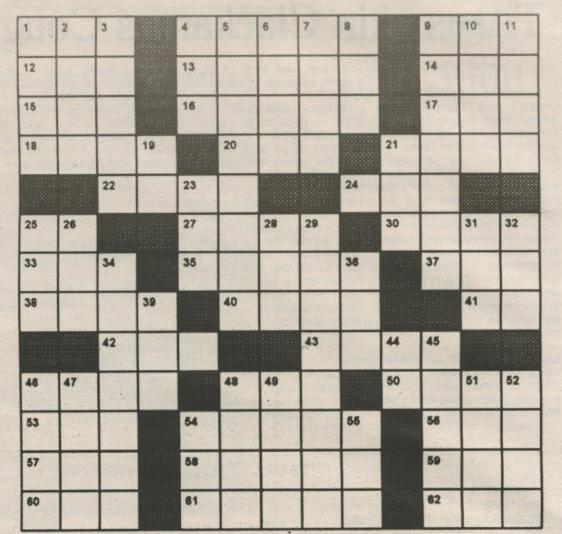
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Thanks to alumni, friends for carrying The Torch

The Torch staff and advisers wish to thank the many students, Lane employees and community members who made phone calls and wrote letters/e-mails to the LCC Board of Education in February, endorsing journalism courses and urging the retention of The Torch.

We offer special appreciation to media professionals Scott Maben, president of the Greater Oregon Chapter of the Society of Professional Journalists; J. LeRoy Yorgason, executive director, Oregon Newspaper Publishers Association; Tim Gleason, dean, University of Oregon School of Journalism and Communication.; Judy Riedl, general manager, University of Oregon Daily Emerald; Finn J. John, city editor of The Cottage Grove Sentinel.

And heart-felt thanks to former Torch staff members —

Sarah Jenkins (editor in chief, 1979-80), editor and vice president for news, Yakima Herald-Republic; Lee Beyer, (columnist, 1970), now a member of the Oregon House of Representatives; Joe Harwood (editor in chief, 1992-93), business reporter, The Register-Guard; Rick Bella (editor in chief, 1974-75), reporter for The Oregonian; Heidi Swillinger (1980-81 editor in chief) Insight assistant editor, San Francisco Chronicle; Kelly Fenley (1975-77 sports editor) copywriter for creative sections and promotions, The Register-Guard.

And to **Paul Yarnold** (1978-79 columnist) Corporate

Training & Development specialist, SAFECO Corporation, Seattle; Kevin Dougherty (1993-1994 production specialist), art director/production manager, the Eugene Weekly; Mikel Kelly (1971-72 features editor), managing editor, Beaverton Valley Times, Tigard Times, Tualatin Times; Christian Hill (1994-95 editor in chief), govemment reporter for The Corvallis Gazette-Times; Kim Sullivan, (1991-92 reporter), reporter for The Springfield News; Jackle Barry (1984-85 editor in chief), alumni director for the Evergreen State University, Olympia, Wash.; Jim Gregory (1972-73 editor in chief), retired publication consultant

And to Will Doolittle (1982-83 associate editor), production-director, Moving Image Productions, Eugene; Steve Myers (1978-79 editor in chief), former city editor for The Rocky Mountain News, Denver; Chris Gann (1983-84 editor in chief), executive assistant at Hyster Sales Company, Eugene; Gloria Biersdorff (2001-2002 features editor), Eugene freelance writer; Kathie Durbin (1972-73 reporter), special projects reporter for The Columbian, Vancouver, Wash.; Karen Irmsher (1984-85 editor in chief), former Springfield News reporter, currently LCC instructor; Sonja Taylor (1993-94 editor in chief), conflict resolution specialist, Portland.



Powell (2000 production manager), graphic designer for GTS Companies, Los Angeles; Lubomir Vatchkov (2000-2001 advertising designer), student at the Art Institute of Seattle; Jeff Keating (1981-82 editor in chief), editor of The News-Press and The Burbank Leader, Los Angeles; Jack Clifford (1997-98 editor in chief), associate journal editor, Department of English, Florida State University; Judy Sierra (1999-2000 editor in chief), Eugene freelance writer; Tina Belmont (1997-98 production manager), freelance graphic designer, Springfield; Scottie Barnes (1976 journalism student), editor of Geospatial Solutions, Eugene; Emily Semple (2000-2001 production manager), owner, Semple Design,





Spring Term 2002

Important dates to remember:

- In-service day,
 NO CLASSES,
 APRIL 26
 - Deadline to submit degree/ certificate application
 April 30

Art Exhibit

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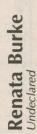
SUPERCUTS

As hip as you want to be.

Of all the classes you've ever taken at LCC, which one was your favorite? Why?



"Definitely [hip hop] ... because it's the only class I could ever imagine getting up for at 7:30 in the





"[A] human sexual behavior class — it's a psychology class. We're learning a lot of valuable and interesting stuff to help further our personal development."



Small jazz ensemble. We all just get in small combos and jam. Every other Thursday we get in front of the class and perform."



"My favorite is anthropology. Our teacher explains the subject really well and makes it interesting."





"I was taking English as a Second Language classes downtown. But now I'm taking history. It's my favorite because events from 200 years ago can affect your life."





"I'm taking English as a Second Language courses reading, writing and speech. Our teacher is great. I don't like the subject, I like our teacher."



"I'd have to say jazz band. It's the reason I [come to LCC] It gives my mind a break."

Compiled by Skye MacIvor Photos by Naomi Reichman



The best class was a children's performing arts class that I went to once. It's not every class you take that you get to put on bunny ears."

Your **LCC FAST PASS** is available now. To make more Fast Passes available to a greater number of people, the LCC/LTD subsidy has been stretched. This raises the price to \$33, but allows 3,060 passes for spring term and 1,500 for the summer term.

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