



## Here's Jimmy!

LCC nursing department's SimMan provides interesting hands-on experience

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## Riding the airwaves:

KLCC moving to downtown Eugene

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VOLUME XL, NUMBER 15

# THE TORCH

LANE COMMUNITY COLLEGE

THURSDAY, FEBRUARY 16, 2006

## Class offered for credit in Costa Rica

*Instructor plans rafting and volcano trips for summer students*

LARRY COONROD  
TORCH REPORTER

LCC's Science Department is offering students a rare opportunity to study abroad for credit this summer. Instructor Joe Russin will lead students to Costa Rica from July 24 – Aug. 21 for a course in field biology.

Biology 103 students will spend a week in each of three separate parts of the country doing fieldwork and observation. The Continental Divide running down the center of this small Central American nation creates a diversity of ecological environments, according to Russin.

Week one of the course will place students in a tropical rain forest on the Atlantic side of Costa Rica. For the second week, the class will move to a dry forest environment on the Pacific side. The last week students will study a cloud forest ecosystem in the Monteverde region.

Russin emphasized that students interested should. "Beware that they will be in a country that has spiders and scorpions. They're gonna get dirty and work hard."

Grading for the four-credit class will be based on group presentations and a field journal that students will keep throughout the course.

"This will be a hands on class, very field orientated," Russin said.

During down time Russin plans to take the class on a river rafting trip and possibly visiting a volcano.

There are no prerequisite requirements for Biology 103 but instructor consent is required for this summer's

See **COASTA RICA** page 8



PHOTOS BY NAOMI REICHMAN



Students enrolled in Joe Russin's Biology 103 course will spend four weeks studying in Costa Rica this summer

## Lane faces budget crisis

*Deficit now estimated at \$5.9 million: no cutbacks announced*

PEGGY GREEN  
NEWS EDITOR

At the LCC Board of Education meeting Feb. 15, President Mary Spilde announced that the estimated deficit for the 2006-07 school year has increased to \$5.9 million. This is due largely to two items: LCC will receive \$700,000 less in state reimbursement than previously expected in part due to enrollment figures; \$700,000 is needed to adequately fund LCC's early retirement program for faculty and managers.

Spilde reported that discussions on how to curb spending in departments has begun and they will continue to look for ways to save money and work efficiently.

No cutbacks were announced.

Spilde also announced that beginning the week of Feb. 20 she will send weekly communication to all staff. She will make herself available once a week for staff who wish to discuss concerns with her.

The board discussed whether or not to try for a Local Option on the May ballot. The Local Option would raise no more than \$1.37 million for LCC, and would in turn take \$700,000 from School District 4-J's budget. The Board decided to delay any action until next month, which means the earliest that a Local Option would appear is on the November ballot.

## Energy bills reached new high for month of December



PHOTO BY NAOMI REICHMAN

These pipes heat water on campus. Rising energy costs are a growing concern.

### Sustainability office is working to provide awareness on energy saving

DREW HUNT  
TORCH REPORTER

One of the many issues at LCC is the conservation of energy. People around the world are primary energy consumers, whether they are turning on a light, driving to work or cooking on a stove. However, this energy is rarely a reusable source, and once used, it's

gone.

Anna Scott, energy analyst at LCC, is one of many in the sustainability program who is expressing her concern over just how often and how carelessly some people use energy.

"One of the biggest problems is that most people don't understand the power they have," Scott said. "Everyday use is a significant part of the system. One of our goals is to show you different ways to be sustainable."

In providing information on proper ways to conserve energy, Scott adopted an energy quiz in which one simple ques-

tion was asked: How much is LCC's natural gas bill for the month of December?

The closest guess was \$124,000, with the actual number being \$125,600. This is a considerably high number, because last year's amount LCC paid was \$613,000.

The natural gas bill is lumped into the same overall statistic as electricity, and the two together ended up costing the school \$1,226,766 last year.

According to Scott, these current numbers are high but could have been lower. With these trends not looking to

ease up any time soon, she and the rest of the sustainability group are already taking some necessary steps to raise awareness of how much energy is being used.

One such option is purchasing wind power in order to limit dependence on resources that are non-renewable through the Eugene Water and Electricity Board.

"If we partnered with EWEB, ten percent of our electricity would come from renewable wind power," said Scott.

Wind power in electricity See **SUSTAINABILITY** page 8

### WHAT TO LOOK FOR:

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FEATURES	P. 4	BLOWING SMOKE	P. 8

### WEEKEND WEATHER FORECAST

Friday	Saturday	Sunday
34/24, snow showers	37/25, snow showers	42/23, cloudy
*	*	*
*	*	*
*	*	*

THE TORCH HAS BEEN AWARDED FIRST PLACE IN THE OREGON NEWSPAPER PUBLISHERS ASSOCIATION'S GENERAL EXCELLENCE CATEGORY FOR COMMUNITY COLLEGE WEEKLIES FOR 2004 AND 2005.



## THE TORCH

The official student-managed newspaper of Lane Community College is published every Thursday.

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Letters to the editor should be limited to 250 words. Commentaries should be limited to 750 words. Please include the author's name, phone number and address (address and phone number are verification purposes only and are not for publication.) The editor in chief reserves the right to edit letters and commentaries for length, grammar, spelling, libel, invasion of privacy and appropriate language.

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## Childhood obesity nothing to worry about

When my generation entirely loses the already-dwindling art of conversation, we'll still be able to communicate by quoting from our vast repertoire of Simpson's episodes. That's probably why an article in the Feb. 12 issue of the New York Times ("Thinning the Milk Does Not Mean Thinning the Herd") reminded me of the animated scene in which evil industrialist Mr. Burns and his assistant fled their picnic at a local park because "there's too many fat kids out today."

Yes, in that episode, and in what we laughingly call Real Life, there's a lot of "fat kids" out and about. Enough for alarmists and self-proclaimed experts to declare childhood obesity an epidemic. According to Katherine Flegal from the National Center for Health Statistics, quoted in the NYT article, childhood obesity rates currently squat somewhere around 15.8 percent.

Health risks associated with childhood obesity are things like Type-2 Diabetes, asthma and hypertension (according to the American Obesity Association on their website at [http://www.obesity.org/subs/fastfacts/obesity\\_youth.shtml](http://www.obesity.org/subs/fastfacts/obesity_youth.shtml)) and being asked to do the "Truffle Shuffle" by the other students in your gym class.

The NYT article lists a variety of common approaches to combating childhood

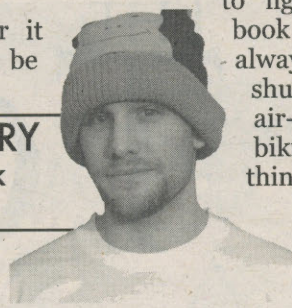
obesity, and goes on to denounce them all as not being supported by scientific studies. The question that the article fails to pose, however, is why we're looking at childhood obesity as something negative.

Why do we consider it something that must be

## COMMENTARY

Randy Woock

A&amp;E Editor



condemned and combatted? Is it yet another way to pick on children of a socially undesirable phenotype? Is this the grown-up sublimation of the same impulse that had us shouting unkind names across the playground at our more portly schoolmates?

So there's a substantial amount of American children who may very well grow up to shop at those euphemistically named Big and Tall stores. So what? Why shouldn't these kids be "overweight?" What is there that's so important for which they need to stay in shape?

Unlike earlier generations of youngsters, today's schoolchildren have less reason for physical exertion. Outdoor

sports have been replaced by more technologically sound things like indoor video games. Children no longer have to trudge "uphill, both ways, in the snow" like our forebears did. Nor do they have to "fight off grizzlies using only a notebook and #2 pencil" as my old man always claimed. Today's children are shuttled to and from locations in air-conditioned vehicles. Walking or biking to school (or elsewhere) is a thing of the past.

If the result of things like this is a percentage of overweight children ages 6-11 that passes 30 percent (once again [http://www.obesity.org/subs/fastfacts/obesity\\_youth.shtml](http://www.obesity.org/subs/fastfacts/obesity_youth.shtml)), then so be it. Bypassing that eternal nature vs. nurture debate, children are entirely the product of their environment. If those environments do not call upon them to possess lithe and sleek forms, they will not.

It can be surmised that our society's objections to childhood obesity is an aesthetic one. Any claims that our society gives a damn about childhood health issues can be brushed away with the statistic that over 10 million children in our wealthy country are without the most rudimentary measures of health

See **OBESITY** page 3

## A spicy handful of things to ponder

The new phone book is coming out later this year.

Now you can put your own directory anywhere you want including your computer hard drive. The future will be here sooner or later.

Soon your computer will make a phone call and talk, you never know. Also, camera phones are delightful.

Some extra words of wisdom Mackwood-style:

• Barbara Mindell is proud to present an artist lecture. Ladies and

gentleman she is famous and going to be here on main campus in the LCC Art Gallery Thursday, Feb. 16 at 1 p.m.

• Help make your life easier; visit Albertsons. It's your store. The new spicy

**Mackworld**  
**John Mackwood**  
Columnist



premium chicken there is too spicy for me to eat. I have to get a cold medium pop to put it out.

• WinCo foods store thanks you for shopping there. Come back again and have a nice day.

• There is a three-day weekend coming up and I have a lot of homework to do and more

work.  
Out for now.

## Knights errant and virtueless maidens

This time of year, as Valentine's Day has recently passed, love and romance are on our lips and minds and if they are not, then stores are all too happy to place them on the forefront of our minds. Gaudy display stands are satiated with pink and red hearts, candy, flowers and cuddly teddy bears saying "I love you."

As such, it seems an appropriate season for the cumbersome question: "What is love?" Do these charming and at times aggravating displays embody the essence of love? Or perhaps the media has an accurate concept of this enigmatic issue in its sex-exploiting movies and television shows. Whatever the definition of love is, it affects every person on this earth in both subtle and profound ways.

So what exactly is love? In the Jan. 12 edition of The Torch, Randy Woock wrote an editorial entitled, "The clock is ticking on your love life." The article explained the chemical side of human "romance," detailing the feelings we experience when attracted or aroused. He raised questions regarding the meaning of love, but left them as rhetorical queries spoken into the void of journalistic expression.

However, these chemicals, these attractions, the short-lived exhilaration lovers experience, are simply what they appear — short-lived attractions that thrill.

If I may be so bold, love has nothing to do with chemical levels. Love is not a passing fad of attraction. While love does involve emotions, love is a choice comprised of will, commitment, selflessness, sacrifice and courage. Love reaps what it sows.

Who mandated that sex, the fulfillment of desires, is equivalent to love?

What happens when the novelty lessens or the beauty fades? Love must be something more. Authentic love is found in desiring the best for another individual, not seeking personal gain from a relationship.

We've cheapened love by equating it with sex, and we've cheapened sex by giving it so freely. Is sex in itself somehow "bad?" Absolutely not! It is a beautiful expression of love that bonds, but is not love itself. Yet in our instant-gratification society, this passionate, intimate act has been

## GUEST COMMENTARY

Aleisha Johnson



reduced to a lustful pastime. Too often, sexual interactions occur only to satisfy individual desires, both physical and emotional. Though it can satisfy those desires temporarily, it cannot fulfill them.

To fulfill, a relationship must be bonded deeply, through the love of devotion, time, and words. Fulfillment is not achieved through cheapened sexual intercourse that's treated like a fast-food meal. To be excellent, wine requires time to age properly; so do relationships. Why drink wine prematurely and waste the richness that could be attained, instead of waiting for the best?

Even if it is merely an idealized fantasy, I am a hopeful romantic holding fast to knights in shining armor and fair maidens. Bonnie Tyler's 1980s hit, "Holding Out For A Hero" expressed it well, "Where have all the good men gone...Isn't there a white knight upon a

fiery steed?" They are rare indeed.

We are a world replete with knights errant and maidens without virtue. Where are the integrity and patience of waiting for the one you love and basking in the reward earned by your virtue? We succumb to bodily urges as if we have no self-control, and as if we distribute without thought what should be our most cherished treasure — the one gift we can give which no one else possesses — ourselves.

Sexual intimacy is only one aspect of this profound complexity called love. We've fashioned sex into an egocentric endeavor that loses its mystery and beauty when it is so prevalent.

This is not merely a physical feat we engage in, but one that involves and demands the whole of who we are — our physical, emotional, and spiritual selves. What is it like to give ourselves wholly to another person? I recently discussed the topic of marriage with several peers. It was a humorous subject for us to discuss, as only one man was married. However, when this question was posed, I responded, "Giving yourself wholly to another person would be scary and yet oddly freeing."

The married man concurred with my statement, phrasing this offering of oneself to another human as terrifying, and yet freeing because you trust and know that this person will love you with commitment, despite your flaws.

As this "season of love" passes, let us ponder what love truly is and consider the impact of how we give ourselves away — partially, selfishly, or wholly in the richness of dedicated love.



# KLCC plans the big move

New building and new technology provide more possibilities

PEGGY GREEN  
NEWS EDITOR

The building has been bought. The current tenants will be gone by the end of April, and in May the remodel will begin on the future home of KLCC, "listener-supported public radio station licensed to Lane Community College."

Occupied at the moment by "Wings," the building at 136 West 8th Ave. in Eugene is the right size, structurally sound, and has high ceilings. KLCC will be able to reconfigure some of the interior and build professional audio studios. The remodeling is expected to take several months. There will be a performance studio in the new building, making it possible to record for broadcast later. There also will be more room for a conference area than KLCC has now.

The move into the building will include the purchase and installation of new equipment using digital technology.

"Basically, we'll be starting over. Our plan is to be a digital operation from the microphone to the transmitter," KLCC General Manager Steve Barton said.

They expect to take two or three months with the new equipment, which will involve rewiring the building and setup. The new studios will be soundproofed.

It is important to keep out the sound of not only the city but of the day-to-day radio business from being broadcast on the air. In the present studio, if the door is open, the sounds of people talking in the hallway filter onto the air. If the door remains closed, the broadcasters can't breathe.

The campaign has been going on in phases since 2001. There was an exploration process and a period of regrouping and replanning.

"It's a big investment for the college and we're wanting to get it as right as possible," Diannah Anavir, Capital Campaign Coordinator, said. "It will be a boost for the college."

Initially they looked at constructing a new building on campus, but it was cost-prohibitive. "The cost of just extending utilities was about \$500,000," Barton said.

They brought in a consultant, who determined that KLCC and its management needed to become better



PHOTO BY JAMES HOLK

**KLCC plans to leave home at the end of 2006 from its current location on the second floor of LCC's Forum Building and take flight to new grounds at 136 W. 8th in downtown Eugene.**

known in the community. "Community outreach is part of the college's mission," Barton said.

Another important aspect is that they could be part of revitalizing downtown Eugene. They took a serious look at both Springfield and Eugene. It was difficult to find the appropriate building and they found it in Eugene.

The consensus is that the new station will be in a good location for news. Eugene is the primary Lane County seat, so the new studio and KLCC reporters will be close to the Lane County Courthouse as well as the new federal building.

"Democracy requires people to be informed in order to function well and KLCC plays an important part in that role," Barton said.

Another important reason for their choice is the purchase option on the building that they were able to get. The owners gave them two years to come up with the money for the building. LCC will own the building, but it will be purchased with money KLCC raised.

LCC has committed money for the project, although, "They gave KLCC a bridge loan so they had enough cash-on-hand to purchase the building," Diannah Anavir said.

There is still more money to be raised.

"The money they are raising now will mainly be for equipment and renovation. They need \$800,000 to \$900,000 more to reach their goal. The budget for the move is \$2.3 million. They paid \$950,000 for the building. They might get gifts. They have one government grant and are trying for more," Anavir said.

In May or June KLCC may do an on air campaign for the

move. Unlike the radiothon, it involves being on air for just targeted hours.

"In January we were on for seven specific hours," Anavir said.

They also do mailings to raise money, as well as hold fundraising events such as the Valentine's dinner at \$89.70 a plate held Feb. 12.

Anavir considers that event a success.

"We made approximately \$3,500 and had 40 people attending."

The event was catered by Coho Bistro which donated the food and time. A KLCC volunteer organized the event. KLCC has had 50-60 volunteers helping with the project at various times, assisting with events, serving on boards, and making contacts with possible donors in the community.

KLCC covers Lane County and the surrounding area, and has a lot of rural listeners. They have affiliated stations in Newport, Florence, Reedsport, Roseburg and Bend.

The station first went on the air Feb. 17, 1967 as KPNW with 440 watts of power, broadcasting from 200 N. Monroe St. in Eugene.

The following year it moved to the main LCC campus, and in 1971 it began its National Public Radio affiliation. It now broadcasts with 81,000 watts of power and is located in the Forum Building.

Right now the target date for opening the new station is in November or December 2006. Barton expects virtually no downtime for the broadcasting station during the transition from 30th Avenue to downtown Eugene.

The move will allow KLCC to expand what they do.

"We think it will be a great community service for a long time," Barton said.

## News Flash

### LCC CLOSED FOR PRESIDENTS' DAY HOLIDAY

Campus will be closed for Presidents' Day on Monday, Feb. 20.

### COOKING WINTER VEGETABLES IN STYLE

There will be a cooking demonstration on Friday, Feb. 17, from 1-1:50 p.m. in the Renaissance Room next to the cafeteria. Chef Adam Hammel will show how to create meals featuring winter vegetables. Recipes will be given out as well as samples. Space is limited to 25 people. Sign up by e-mailing Wendy Simmons at [simmons@lanecc.edu](mailto:simmons@lanecc.edu) or call 463-5551.

### READING TOGETHER PRESENTS LANE NISHIKAWA

Award-winning playwright and director Lane Nishikawa will discuss and show excerpts from his new film, "Only the Brave" on Friday, Feb. 17, from 10-11:30 a.m. in the Center for Meeting and Learning, Building 19, Room 104, presented by the Reading Together Project. "Only the Brave" is a documentary about an official branch of Japanese-Americans who volunteered for the U.S. Army in World War II to serve in Europe.

### TENT CITY REVISITED

"Remembering Our Roots: Eugene's Tent City Revisited," will be Saturday, Feb. 18, from 1-4 p.m., at Lamb Cottage in Skinner Butte Park. The Black Student Union Tent City Historical Project is dedicated to remembering the past hardships and victories over racism and discrimination of African Americans who chose to make this community their home. The project is a tent city reenactment and display. Sponsored by the LCC Black Student Union in observance of February as Black History Month.

### ON THE DOWN LOW: "RACE, RACISM, HOMOPHOBIA AND THE SPREAD OF HIV"

New York Times bestseller J.L. King will give a lecture about tolerance at LCC Performing Arts Main Theater, Building 6, Tuesday, Feb. 21, at 7 p.m.

### BLOOD DRIVE

Lane's Blood Drive for Winter term will be held on Tuesday, Feb. 21, and Friday, Feb. 24, from 9 a.m. to 4 p.m. If you're eligible and wish to donate, contact Judy Ann Fuller at [fullerj@lanecc.edu](mailto:fullerj@lanecc.edu) or 463-5564 with a preferred appointment time and she'll contact you.

### TAX HELP AVAILABLE

Free tax help is available Tuesdays, Wednesdays and Fridays from 9:30 a.m. to 2:30 p.m., through April 14 at the south end of the cafeteria, from AARP volunteers. For more information call 1-888-227-7669 or see their website [www.aarp.org/taxaide](http://www.aarp.org/taxaide).

## Crime on campus

Do not leave your caution unattended

JAMES OSBORN  
REPORTER

Now halfway through February and Winter term, LCC has had its share of criminal incidents since the beginning of the year. There have been 37 case reports filed since Jan. 1, with cases including Theft 2 (a class A misdemeanor), graffiti and a suspicious person on campus.

On Feb. 10, LCC student Steve Waggener had two cameras stolen while in his Lifetime Health & Fitness class. A Nikon F60 with a Sigma 75-300mm lens, an HP Photosmart 945 with a 512mb memory card, and a black Lowe Alpine hip/shoulder pack were all stolen with a value of around \$700.

Waggener says he will not press charges if the cameras are safely returned and offers a possible reward. Instructor Tina Davis should be contacted regarding the stolen cameras. Anyone with information



ELYSE THOMPSON

**W.D. Perkins inspects an automobile on the LCC campus.**

can drop it off anonymously in her mailbox, or by her office in Building 5, Room PE 228 or they can telephone her at 463-5270.

The men's locker room in the physical education building has had five reports of theft, and LCC Public Safety Officer Jim Harris is asking

See **CRIME** page 8

### **OBSIDITY** from page 2: Child health risks larger than childhood obesity

insurance (Bureau of the Census, March 1999, Current Population Survey; stat found at <http://www.amsa.org/cpn/CHIPfact.cfm>). Further proof of our country's indifference to the well-being of our children can be found in Bush's recent budget proposal, which slashes child aid programs with much the same vigor that hockey-mask wearing psychos once slashed teen actors in horror flicks.

If Americans were truly worried about the health of our children, we'd put our money in the spaces currently occupied only by the empty

platitudes of our ever-whining mouths.

As an aesthetic problem, however, the visual torment of those who do not like to be surrounded by the sight of fat children becomes an easily ignorable quibble.

Some people enjoy a fleshier variation of the human form, and some do not. Until we're ready to actually do something to preserve the overall health of all children in our country, those troubled by the sight of so many youngsters covered in so much excess weight are welcome to merely look elsewhere.



# Eugene business juicing its way to the top

Local company  
supports organic juice  
industry

KRYSTLE JOHNSON  
FEATURES EDITOR

Considering the economic problems currently creating a stir in the area, supporting Eugene's local businesses is becoming a bigger issue. Buying local not only pumps money back into the area money market, but allows small businesses to stay afloat, keeping jobs and products here in town.

One of Eugene's businesses is now back in business at LCC, selling organic, fresh pressed, cold-pasteurized juice. Genesis Juice has been in the area for

almost 30 years, and has a product of wide appeal to the LCC demographic.

When the Federal Drug Administration laid down the law and required products to go through a pasteurization process, Genesis had to rethink its way of doing things. Retaining nutrients and flavor was their biggest concern.

"FDA regulation came down about no un-pasteurized products on the shelf, and the only way around that was to go to direct sales. We tried that for a while and struggled for a couple years until the FDA directed us to the technology that Ohio State University had been working on which is called PEF for pulse electric field. It is considered a cold pasteurization, and we got in touch with them about becoming a test company for it and a long while later that's what happened," 20-plus year employee Claudia Sepp said.

"Any time you change the process and add another step to it you're compromising something, but I feel that this only compromises our nutrients and juice by an extremely small margin. Right now we're the only company licensed to use this process, but they may be looking at other companies to use it," Sepp said.

Not only does Genesis sell locally, it also purchases its certified organic fruits and vegetables from mainly northwestern vendors. The apples are from Washington and Oregon; strawberries and cranberries from other Northwestern farmers; and carrots from Washington or Oregon. The honey used usually comes from Montana, and cane syrup (which the Northwest isn't famous for) comes from the coast.

"We're having some problems with the vegetable juice right now. The vegetables are highly conductive and we can't get them to go through the unit without creating so much conductivity and voltage that it creates an odd flavor, so that's still on the drawing board.



PHOTO BY SUN-E PALLADAY

Genesis Juice makes its way through the final stage of the assembly line.

But we're hoping to come back with the vegetable juices soon."

The process is all done locally as soon as the fruit comes in. Some if it comes frozen and after washing, mainly all they do is squeeze it. The process doesn't take up a lot of space, only a few medium-sized rooms house their machinery.

The fruit is hand-sorted, and travel up the conveyor belt to a hammer mill where they're reduced to a pulp. They're chopped up and the juice is hydraulically squeezed out and it goes through the PEF unit where the pasteurization happens. Once pasteurized, the juice goes into the bottles with labels they make there at Genesis.

She said that they order a shipment of apples every four to six weeks, refrigerate the fruit and then press it fresh weekly. One shipment of apples is usually 60 bins with each bin weighing 800-900 pounds. Making the juice will take about five people on a 12-hour shift, from fruit to bottles. They have

yet to hit their maximum capacity.

The company has many goals, though growing is certainly its top priority at the moment. It's not so important that they're compromising product, but they certainly want to get the word out. Their appeal is to customers looking for an organic, but not highly processed product, which retains a lot of nutrients.

"Of course you can do all of this at home but there's a lot of setup and cleanup and I think we offer our customers some convenience in that sense," Sepp said.

The employees have a wide range of experience at Genesis Juice, with some ranging from three months to 20-plus years.

"I just like supporting the local farmers, the sustainability about the whole thing. To us as much as we can we'd like to help support the local people," said one employee.

See **JUICE** page 5

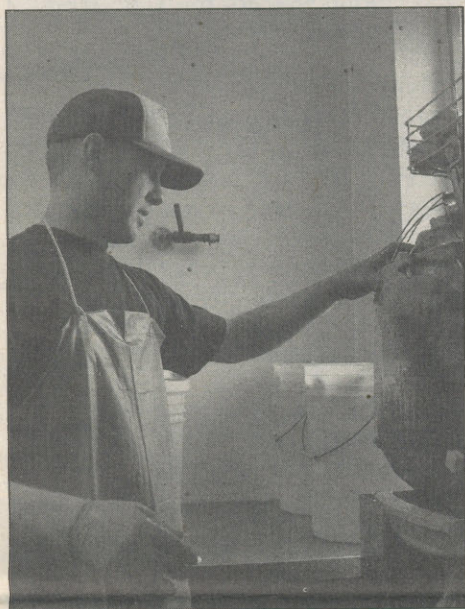


PHOTO BY SUN-E PALLADAY

David Petromica runs lemons through a juicer for Genesis Juice. The organic juicers's biggest rival is the Coca-Cola Company's Odwalla brand

## Correction:

Jill Metcalf's  
last name was left  
off Blowing Smoke  
Feb. 9

## Doug's Place

Restaurant and mini-mart

86742 McVay Hwy., Eugene  
(next to 76 Gas station)

Show LCC student ID for  
10% OFF Menu Items

Call for orders

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(expires 3/31/2006)

## Shamrock Village RV PARK

Close to college on LTD bus route.

\$275 plus electric with  
laundry and showers.

Study by the river.

541-747-7473

Restrictions apply.

ALL YOU CAN EAT  
SPAGHETTI

\$3.50

Every Tuesday

PIZZA PETE'S

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# Amateur doesn't have to mean 'second-rate'

Bijou showcases  
winners of local  
film festival flicks

DREW HUNT  
TORCH REPORTER

**What's What:** The Second Annual OpenLens Indie Film Festival was held at the Downtown Initiative for the Visual Arts over the course of three days in early January. If you didn't catch this exciting new event, the Bijou Theatre featured the winners and fan-favorites of the festival this past weekend.

Limited to pieces by residents of Douglas, Lane, Linn, Benton and Deschutes counties only, the Bijou showed a unique array of films. Littered with entertaining comedies, creative art pieces and the best in unconventional stop-motion animation, the Open Lens festival is a fine way for young filmmakers to get their feet wet.

**What's Great:** As this was the "cream of the crop" of this year's entries, each film was eye-catching and notably unique. One of the more entertaining pieces was titled "Dandy and the Tomatoes

from Outer Space."

Directed by LCC students Anya Gearhart, Sera Gearhart and Katie Heldt, "Dandy" is oddly heartwarming, if not entirely pointless and actually drew a round of applause at its end.

**Movie Quick Picks**  
OpenLens Indie Film  
Festival Winners  
Bijou 492 E 13th Ave.

"Today is Monday" is a Seinfeld-esque situational comedy directed by Terry Holloway. Set in an Ace Hardware store, new employee Nolan offends co-worker Jack by not initially saying hello to him when first introduced.

The piece forces minimal chuckles but for the most part is admirable for its aesthetic qualities.

The festival's overall winner, "Part of the Old Brick Chimney Stood Still" is a highly unique piece. I had trouble fitting it into a specific category, as it is more of a visual piece of art as opposed to a film. On screen, a written poem unfolds before us. As the piece progresses we are told the story of an old house and the heartbreaking events that the former resi-

dent endured there. Behind the writing on the screen are beautiful photographs that provide images of what the house may look like, along with a look inside the mind of the narrator as he relives his past. A haunting piano melody accompanies the piece, and the overall experience is gripping and emotionally stirring.

Directed, written, edited, photographed, and composed by Brian Kerr, "Old Brick Chimney" is an unconventional yet very inspired piece of art.

**What's Not So Great:** Though last weekends showing was the best the festival had to offer, that does not mean that all films were as inspiring as "Old Brick Chimney."

"August Skies" tries to come off as deep and substantial as Kerr's piece, but fell considerably short. The film is set up in three pieces ("Rob," "Luke" and "Tom"), and features different shots of landscape as poetry is read aloud in the background. Not only is "August Skies" boring, but most importantly it's uncreative, though the director may think otherwise.

The semi avant-garde "spider" is a short piece shown through the point of view of a spider. Blurry shots of green

landscapes and kitchen counter tops are somewhat intriguing, as the colors and different textures are definitely interesting, but it's another example of how easy it is to be "artsy." Take a camera, zoom it in as close as possible, and shake it along some grass, and you have "spider."

**What's Just Plain Horrific:** Hands down the most insipid film was an untitled, unaccredited piece made up of random shots of old newscasts and home videos while a teen-aged boy complained about something. The content was so obviously self-indulgent that the director had to have been choking on his own ego.

The piece was intentionally edited poorly, and cross-sectioned with old images and shots of a blurry or snowy television. There was no other film like it, but that ended up being a positive.

Whoever the filmmaker is, there's no doubt that he thinks he is, for lack of a better term, "da bomb," or if you asked him, "so deep you can swim in my tortured mind."

Aspiring filmmakers need to take a page from Bukowski and remember that just because you're sad doesn't mean you can't be funny.



## Nursing students get hands-on training with SimMan

*High-tech mannequins give nursing students realistic training*

EDER CAMPUZANO  
MANAGING EDITOR

Two patients lie alone on their hospital beds while nurses have a conference in the same room. Each patient takes a deep breath. They've both just been in a car wreck.

The nurses are not negligent; their patients are SimMen.

SimMan, as its name implies, is a life-size patient simulator manufactured by the Laerdal Company.

LCC owns one SimMan while the other belongs to the Lane County Simulation Alliance.

SimMan has called the simulation room in Building 4, Room 264 home since the start of Fall term. He was acquired through the Carl Perkins grant for nursing students to safely practice procedures in a real environment with minimal risk. Harming the \$22,000 mannequin is not a big risk.

"We like to be fairly careful with him," said nursing program coordinator Julia Munkvold. "But he's very sturdy."

Nursing students tend to SimMan in groups of three. One student sits at a laptop attached to the mannequin while the other two care for him. The computer monitors SimMan's condition. His heart rate, blood pressure and other vital signs is displayed on the screen. SimMan can talk to the students caring for him through a microphone attached to the laptop.

"Are you doing OK?" asks Emily Sams as she and partner Tamra Munson take care of their SimMan.



PHOTO BY EDER CAMPUZANO

Valerie George checks Simmy Jimmy's pulse. This SimMan belongs to LCC and was purchased through the Carl Perkins grant. Nursing program coordinator Julia Munkvold hopes to purchase a SimBaby for pediatric simulations soon.

"Yes," replies SimMan through Valerie George.

Another team of three students works in the adjacent prep room.

Today SimMan, or Simmy Jimmy as he is sometimes called, is suffering from a gash on his leg and has undergone some abdominal surgery as a result of a car accident. Sams and Munson take his vital statistics and tend to him. Sanitizing his wound and making him comfortable are top priorities right now.

Munkvold watches the students as they care for their patient. After the

students finish the simulation, they confer with Munkvold and one other instructor about what they have just done.

"Welcome to the grey zone," Munkvold says. "There's no absolute perfect answer here."

Munkvold and the students go over the patients' ailments and the level of care received. After the discussion they take a 10-minute break. When the students return SimMan will have alcohol poisoning.

While SimMan trains students with general ailments, the nursing program



PHOTO BY EDER CAMPUZANO

Emily Sams and Valerie George tend to a SimMan who has just been in a car accident...or so they're pretending. The realistic mannequin cost the nursing department about \$22,000.

has no way of safely testing pediatric care.

"We want SimBaby," said Munkvold, referring to the infant counterpart to SimMan. "We would love to have the pediatric one."

Munkvold is applying for federal and state grants to purchase a SimBaby, Laerdal's pediatric equivalent of SimMan.

The money for LCC's SimMan did not come out of the student general fund, stresses Munkvold. The purchase was made possible by the grant among other fundraising efforts. One of those efforts occurs on Feb. 20 at McMennamins on North Bank.

"It's a good cause," McMennamins manager Sunnie Baker said. "We know the nursing program needs help and we're happy to provide it."

Fifty percent of all sales after 5 p.m. that day will go towards equipment for SimMan and the simulation lab. SimMan is always in need of more intravenous equipment. Another leg or two couldn't hurt, either.

**JUICE** from page 4: local makers plan to expand

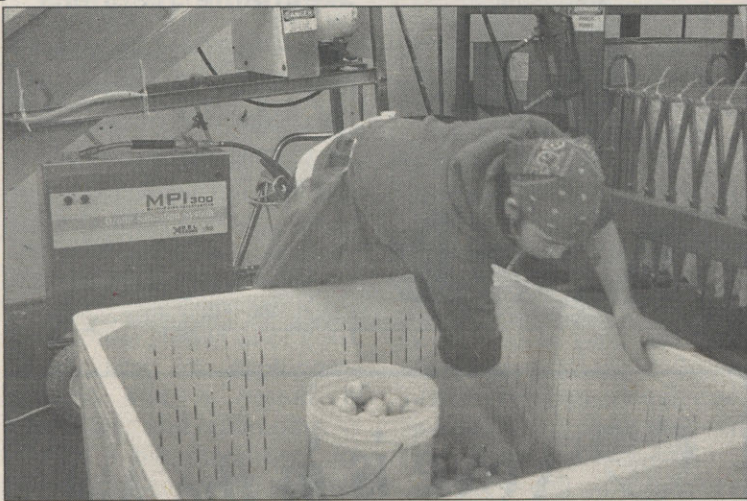


PHOTO BY SUN-E PALLADAY

Zak Larson prepares lemons for juicing at the Genesis Juice plant in Eugene. The company distributes in Portland and Salem and hopes to distribute in Corvallis and Bend.

Genesis Juice can be found at most organic food stores and selected restaurants in the Eugene area including the LCC cafeteria and at several locations in Portland. There are a few places in Salem where it can be purchased and they're hoping to really expand. Now that they cold-pasteurize, its shelf life has been increased, which will allow them to move their product to other places in Oregon.

"Right now we're available in Portland and at a couple venues in Salem; we'd like to get to Bend and Ashland soon. I think we're going to go into Corvallis at the First Alternative Co-op. We're hoping to rival Odwalla," Sepp said.

"Well they're the ones who

brought on this whole pasteurization thing, and they destroyed the fresh market, so someone ought to rival them. But they sold out and now they're Coke and we can't really rival Coke."

Sepp explains that one of their new slogans is that they're "nature's link to health."

"That's pretty much it right there. We're supposed to get five of these servings of fruits and vegetables a day, and one of these bottles is probably about four or five servings alone," she said.

If nothing else is learned about Genesis Juice, she wants people to know that it's "fresh pressed, organic, cold pasteurized, in glass."

O

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## Women's basketball brings in talent from local area

Four of the five freshmen are from Eugene area high schools

ZACKARY PACHOLL  
SPORTS EDITOR

When coach Greg Sheley first arrived in Eugene, the Titans had trouble bringing in local talent. After building a successful program those troubles have dissolved.

The current class of freshmen is made up of players from Lane County: Ashley Ficek (North Eugene High School), Calie McVicker (South Eugene High School), Shelby Stephens and Stephanie Stephens (Willamette High School) and Kammy Martindale (Siuslaw High School, Florence, Ore.).

Getting local players has always been a goal for Sheley and the Titans.

"Since day one, we have wanted to get the best local kids as we can get and as many as we can get," Sheley said. "To me, I think it makes things a lot easier. I think that there is a lot of good talent in this area. If we can get them we don't have to go to Washington or California, Idaho or other places if we can keep these kids around."

Sheley and his coaching staff have confidence that this class of freshmen could come in and make an impact for the Titans squad.

"We thought all of them could come in and could contribute to the success of our program. I think some have contributed more than others. Each and every one of them has had opportunities this year to come through for us in a big way," Sheley said.

One of the players who came to Lane and started early is forward Stephanie Stephens. Stephanie had the option to attend other schools but chose Lane for comfort reasons. She also had the chance to play with her sister Shelby.

"I knew I had a good chance. We had a really good inside game so I knew I was going to have to work for a starting spot," Stephanie



PHOTO BY JARED MILLS

Shelby Stephens (white) scored 14 points in Lane's 90-58 victory over Umpqua.

Stephens said.

"I'm glad I stayed close to home for this year and next year. I'm at the right place here (at Lane)."

While in high school, rivalries are a major aspect of sports, but now as teammates the players have really bonded.

"You pluck these players out of high schools where they were rivals and now they are on the same team. The freshmen have really jelled," Sheley said

"It's crazy, you're young and you have rivals. They were the players you played against that you don't really like. Now they are great

See **BASKETBALL** page 7

### What has been the best part of being a Lane basketball player?



**Ashley Ficek**

"The girls and the program. I've never been on a winning team before."



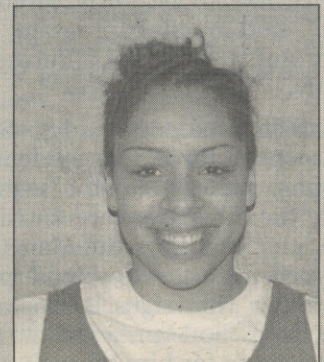
**Calie McVicker**

"That we are all friends. We all get along really well. It's like a big family something I've never had before."



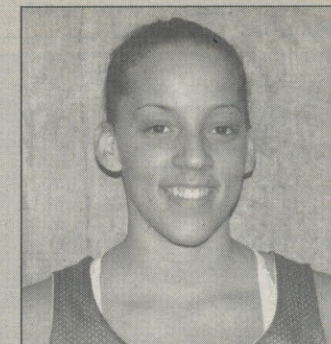
**Kammy Martindale**

"Winning every game except for one and playing on a really aggressive team."



**Shelby Stephens**

"The great friendships and our record this year."



**Stephanie Stephens**

"The relationships that we have made on our team and the friends that we are going to have for the rest of our lives."

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**Building 18, Room 101**



# Titans stumble against Saints at home

## Michael Marek leads Lane with big game

ROBERT JONES  
ASSISTANT SPORTS EDITOR

It was an eerie first half for the Titans against Mt. Hood on Feb. 11, in a rematch against the top-ranked team in the southern division.

In both games Lane controlled the first half and had the same point lead at the break.

In the first game on Jan. 21 in Gresham, Lane jumped out to a 15-2 lead and had a four-point advantage at halftime, 38-34.

The recent game was reminiscent of the first match as Lane ended with another four-point lead 41-37 against the Saints.

Lane jumped out to a quick 12-3 lead.

"The first half we came out with great intensity. Everyone was playing team ball and we were moving the ball," freshman Travon Mouton said.

It was that focus in the previous game that helped Lane keep the lead and control the entire game. But at home the Titans couldn't gain the same focus in the second half.

"We came out kind of sluggish, we kind of came out with a big head like 'we got them, we can beat them, and it all went downhill from there,'" Mouton said.

The Saints started the second half with an 11-0 run to take the lead. There were 11 lead changes and four ties in the game.

Lane dropped the game 89-77.

It was Lane's fourth loss at home

this season, a season in which they have struggled to win one on their home court.

With only five games remaining, Lane finds itself in need of winning at least four games to reach the playoffs.

Lane has already played the top two teams in the region twice and have a tough road game at Chemeketa on Feb. 18.

"We've played Mt. Hood twice, and we've played Clackamas twice, our remaining schedule is pretty favorable so it's kind of up to us," Head Coach Matt Swagerty said.

The Saints' Nick Klinger led all scorers with 27 points. Michael Marek led Lane with 19 points and 14 rebounds. Marek's night was another top performance by a freshman that was brought in to play a different position.

After Lane lost its two previous post

players, the Titans were pushed to use the 6'4" Glide High School player instead. "I think he's just grown into that role more and more as the seasons gone on," Swagerty said.

Marek has gone toe to toe with some of the biggest players in the NWAACC. In the Mt. Hood game he was matched with back-up post player Adonal Arrington.

Arrington stands 6'11" and is 355 pounds.

Marek is only 210 pounds but still dominated the boards against the big man.

"Michael used his quickness and athleticism especially when the big kid was in there and really dominated the boards," Swagerty said.

The Titans will continue to battle in hopes of getting the team to the playoffs.

## Men's Baseball and Track & Field previews coming in the next few weeks.

## Classifieds

### Help Wanted

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### Messages

**Miss Marie.** The first thing I see in the morning is the best sight experienced all day. Love you bunches.

Are you a student with a home-based business? I'd like to interview you for a Torch feature story. Call Larry at 463-5881 or write [coonrodLarry@yahoo.com](mailto:coonrodLarry@yahoo.com).

**STOLEN!** Attention: Two cameras were stolen from the Lifetime Health & Fitness Class, HE 275, on Friday, Feb. 10, 2006. The cam-

eras, a Nikon F60 w/Sigma and a HP Photosmart 945 w/512MB memory card, were in a black Lowe Alpine hip/shoulder photo pack. If you have any information to offer or if you accidentally picked up the bag and would like to return it, please contact Tina Davis at 463-5270. If you would like to remain anonymous in order to give information or simply return the cameras (the owner won't press charges), you can go by Building 5, Room PE228, or the main office in Building 5. If you prefer, contact the owner, Steve Waggener, at (770) 713-8050. Possible reward.

### Other

**Bible Study/Prayer Group!** T/Th at noon in the NE cafeteria, in front of the coffee shop. Questions? E-mail Aleisha: [BrokNBe4God@aol.com](mailto:BrokNBe4God@aol.com)

**Aikido/Self-defense classes** for all levels T/Th 6-8 p.m. Amazon Community Center, Eugene. Call 935-8655.

## BASKETBALL from page 6: Freshman help Titan team accomplish 25-1 record



PHOTO BY JARED MILLS

**Domonique King (5) shoots a jumper over Umpqua's Ashley Chambers, Titan's win 90-58.**

friends," Stephanie Stephens said.

Not only have the freshmen become close, Ficek and McVicker are roommates.

"You have North Eugene and South Eugene. You would think there would be some sort of rivalry and they end up being roommates. That's the cool thing about it," Sheley said.

At this point in the season the freshmen class of players have met Sheley's expectations.

"I think they have come in

and performed really well. Every one of them at least one time has stepped up in a big situation and helped give us a boost to get a win," Sheley said.

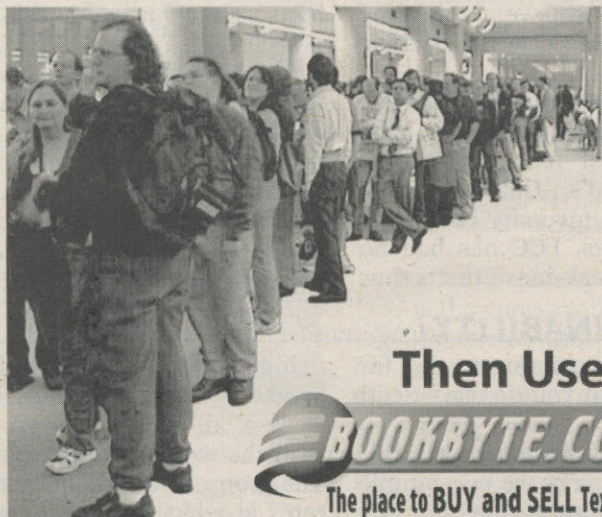
In the eyes of sophomore forward Lisa Fernandez, the freshmen are seen as players not as a certain grade level.

"I don't really think of them as freshmen. I think of them as great players and teammates," Fernandez said. "So far this season, they have given us a great spark and energy."

### Fun fact

Last four season's women's league winning percentage		
Team	League Record	Winning %
Lane's Titans	43-8	84.31%
UCONN Huskies	53-8	86.88%

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# If you could re-elect any former president, who would it be and why?



**Sckot Robinson**

PROFESSIONAL FITNESS  
TRAINING

"Say Abraham Lincoln. Why? Because he had a tall hat and beard. He had a cool style. He was very persistent."



**Kelly Batteen**

NURSING

"Truman! That's who! I think that he led our country from pretty much nothing into a very prosperous country."



**Jessica Lowe**

UNDECIDED

"I vote, but I don't trust (presidents)."

COMPILED BY EDER  
CAMPUZANO  
PHOTOS BY NAOMI  
REICHMAN



**Hall Meuse**

POLITICAL SCIENCE

"JFK and FDR, because as leaders they tell people things to do that are good for them that they might not do otherwise."

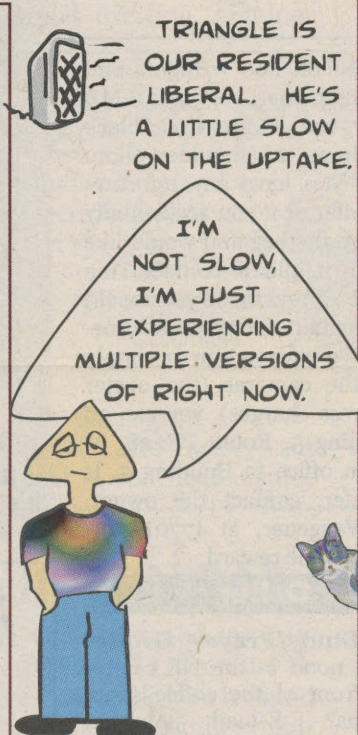
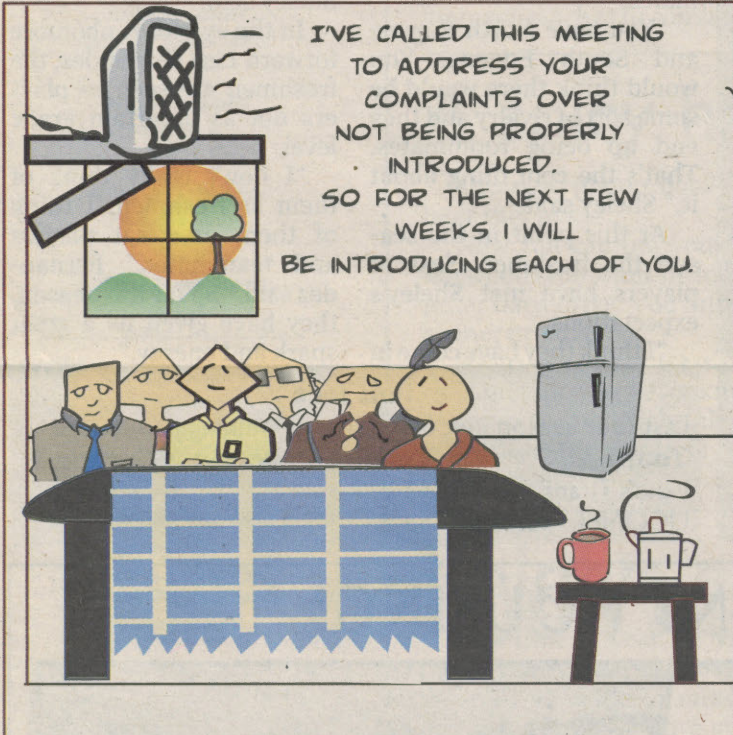


**Lyris Cooper**

DANCE

"I would bring back George Bush Sr. They had the best Saturday Night Live skits making fun of him."

## 2ND DIMENSION



PART TWO  
NEXT WEEK!

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## COSTA RICA from page 1: New opportunity for summer students



This iguana is one of many animals Joe Russin's Biology 3 students might see on the Costa Rica trip this summer.

PHOTO COURTESY  
OF JOE RUSSIN

course in Costa Rica. Cost of the class, excluding four credits of tuition is approximately \$2,500. This covers airfare, all room, board and travel cost within the country.

Russin plans to conduct an information session with a slide show and videos in a few weeks. He urges interested students to contact him immediately as class space is limited to 24 students. A passport is required for entry into Costa Rica so prospective students should begin the paperwork process now if they do not already have a valid one.

While in Costa Rica, the

class will be utilizing facilities sponsored by Duke University and the University of Georgia. Students will stay in rustic cabins with indoor plumbing and take meals in a cafeteria setting. Vegetarian meals will be available.

Russin looked for opportunities to teach the class while on a three-month sabbatical in Costa Rica last year. He believes this is the first time LCC has ever offered a class in a foreign country for credit.

Russin said he hopes this will be an ongoing course in future years and would like to see it evolve into a learn-

ing community class, possibly combined with photography or Spanish.

Websites for the research stations the class will use while in Costa Rica are:

Tropical rain forest ecosystem, La Selva: [www.esintor.co.cr/en/laselva](http://www.esintor.co.cr/en/laselva).

Dry forest ecosystem, Palo Verde: [www.esintro.co.cr/en/paloverde/index.shtml](http://www.esintro.co.cr/en/paloverde/index.shtml).

Cloud forest ecosystem, Monteverde: [www.ecolodgesanluis.com/index.html](http://www.ecolodgesanluis.com/index.html)

Russin can be contacted at 463-5452 or e-mail: [rusin@lanec.edu](mailto:rusin@lanec.edu).

## CRIME from page 3: Lock up your valuables

students to help out.

"If you see someone who looks like a lookout, or someone who isn't in the class hanging around, get a good description and report it immediately."

LCC issues locks to students, so whoever is stealing from these lockers is using force.

While other parts of Eugene have seen a rise in car thefts in the past year, particularly Springfield's Gateway Mall and the University Commons apartments, LCC has had no vehicle break-ins or thefts thus

far in 2006.

Harris adds as a precautionary note to students, "As lame as it sounds, use common sense. Don't leave your cell phone or a wad of cash on the front seat of your car."

Cars with big sound systems: make sure your vehicle is secure.

"Be aware, don't leave your belongings unattended, and don't become an attractive target." The LCC Department of Public Safety's non-emergency phone number is 463-5558, and their number for an emergency in progress is 463-5555.

## SUSTAINABILITY from page 1: Saving energy

is a "low cost way to pay for energy that you do use," Scott said.

In order to effectively utilize the energy we use, simple conservation is the key. By shutting off your computer when not using it, you're saving electricity; by driving less, you're preventing carbon dioxide from poisoning the air; by buying organic produce you're helping a farmer who doesn't use damaging pesticides that harm the environment, said Scott.

"What you're doing is prac-

ticing sustainability," added Scott.

Also, an energy user group is in the works for the future. The group would examine the rates at which energy is used and how it is affecting the area around us while keeping students of LCC and residents of Lane County informed.

Scott will continue to look for additional ways to conserve energy and mitigate utility costs for the college, all the while keeping the already sterling reputation of intelligent environmental practices.