



Mixed Martial Arts

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The Torch

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LANE COMMUNITY COLLEGE

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SEPTEMBER 25, 2009

Did you wash those hands?

Health staff offers advice on how to avoid contracting H1N1

By BRENT JONES
Reporter

As the spread of H1N1, previously known as Swine Flu, worsens, LCC prepares by educating staff and the student body.

The World Health Organization officially declared the spread of the disease as a pandemic on June 11. This means that at least three different countries have officially reported outbreaks of the virus.

The disease primarily affects the respiratory system, leading to viral or bacterial pneumonia.

What happens with pneumonia is your lungs fill up with fluids and you can't breathe, LCC Health Clinic Manager and Nurse Practitioner Mona Arbuckle said. So once that process starts it's a little hard to reverse. We want to catch it at the source.

Contagious students attending class is one of the health department's major concerns. I don't want people who are sick coming to school, but the culture here at Lane is that you need to attend class, Arbuckle said.

Such behavior contributes to the spread of disease, and students suffering from flu-like symptoms are advised not to visit the health clinic for a note.

We're adults, Arbuckle said. We should be able to say when we need to stay home. So, if you're held to the standard to get a note, then you're risking the health of the peers around you.

LCC has a multi-department team of employees working to prepare in case of a serious outbreak.

We're concerned, we're focused, and all of our education may have creative challenges this coming fall, LCC Human Resources Executive Officer Dennis Carr said. "We're trying to engage in as much communication about self prevention as we can."

People are certainly alert to the fact that this is an issue, Kate Barry, Executive Dean of Student Affairs, said. There are going to be posters about H1N1 around campus, we'll

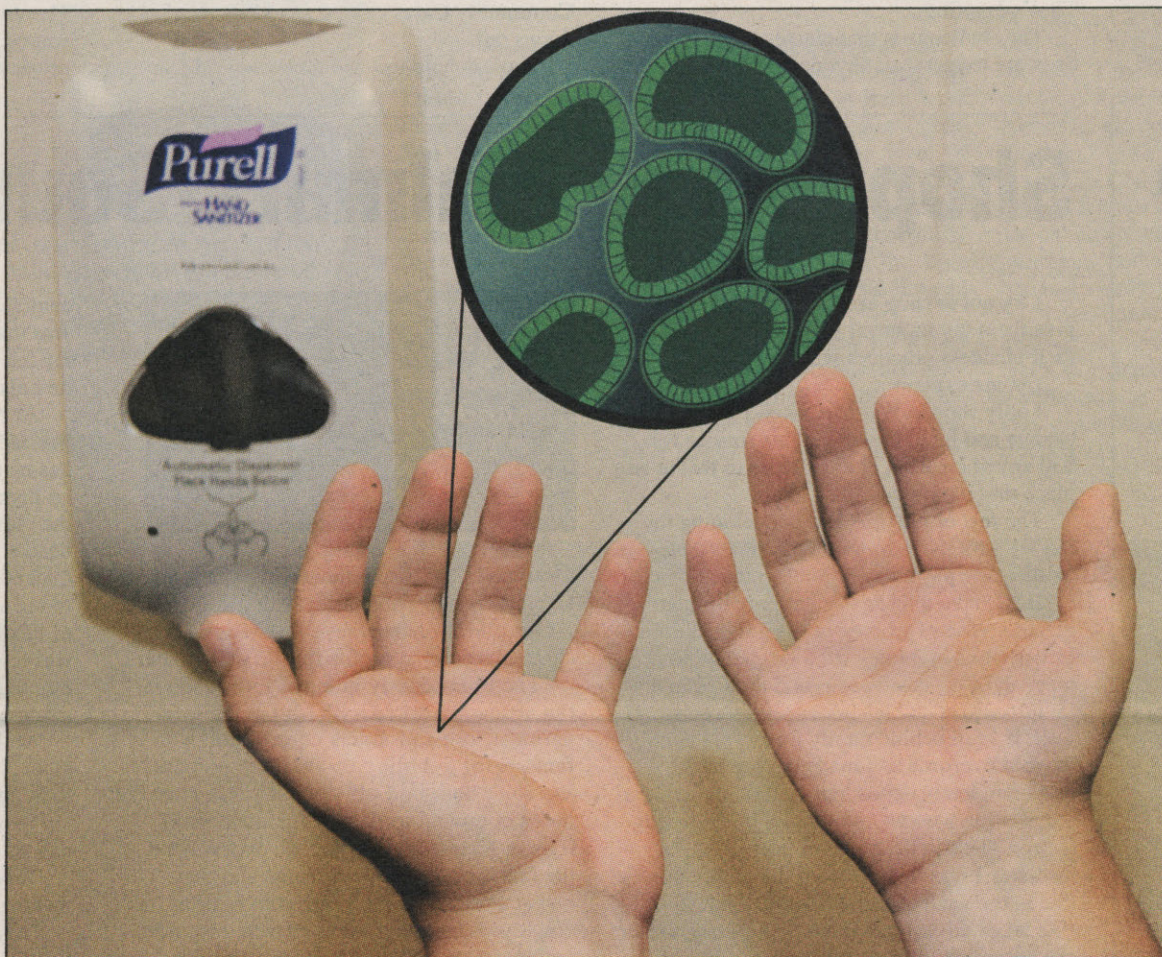


Photo illustration by JB BOTWINICK & ANDY ROSSBACK/The Torch

The installation of hand sanitizer dispensers in high traffic areas is one of the ways LCC is preventing the spread of the H1N1 virus. Popularly known as the "Swine Flu," H1N1 was declared as a pandemic in June of this year and the vaccine for this particular strain of influenza will be released in limited quantities by state governments.

have fliers the first week. There's going to be a lot of messaging. Facility improvements such as the installation of hand sanitizer dispensers in high contact areas have also been implemented.

Currently, Lane County does not have a high rate of H1N1 contraction. The Health Clinic hopes to have both H1N1 and standard inoculation ready by mid-October to keep that trend steady.

The H1N1 influenza vaccine is expected to become available for public the first week of October, ac-

cording to the Centers for Disease Control and Prevention website.

Specific dates have not yet been determined because the vaccine's availability depends on manufacturing time and time needed to conduct clinical trials.

All 50 states are developing a delivery plan for the vaccine, but use of it will be limited. I must sign a contract saying that I will only give this vaccine to high-risk patients, Arbuckle said.

High-risk patients include pregnant women, children and adoles-

cents, individuals with respiratory issues, health care workers and others with pre-existing conditions. The vaccine is free to those at risk but will not be easily available to healthy 24-65 year olds until after the government has deemed the jeopardized population vaccinated.

Prior planning for immunization was limited. We were kind of surprised by swine flu," Arbuckle said. All of our pandemic planning tended to be towards avian flu."

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LCC enrollment tops 11,000

Students are encouraged to start registering for Winter term as Fall classes fill up fast

By EDER CAMPUZANO
News Editor

LCC is throwing a party, but there may not be enough room for everyone seeking an invite this time around.

That's how Student Recruitment and Outreach Coordinator David Van Der Haeghen views the college's current enrollment climate.

The general perception is that anybody can come to community college," Van Der Haeghen said. "People kind of show up and say 'Here I am.'"

Individuals waiting in the Building 1 lobby know all too well how incorrect that perception is. Students wait anywhere from 30 minutes to an hour for help with topics ranging from financial aid packages to counseling for a transfer degree. 11,537 individuals were enrolled for Fall term credit courses as of Sept. 14. That's roughly an 18 percent increase over last year's total of 9,757.

While the numbers may seem intimidating, it's nothing Enrollment Services wasn't prepared for. A news release published on June 17 advises prospective students to sign up for Student Orientation and Registration, which allows them to enroll in classes before the regular registration date of Sept. 10.

This is the insider's secret to success," Associate Dean of Student Affairs Helen Garrett said. This is the best way to get the classes you need. Don't wait for general Fall registration to open.

LCC was expecting between 2,000 and 2,500 students to sign up for the SOAR sessions that ran from Aug. 24 to Sept. 2. Actual attendance for the program came to 3,100. Cram sessions, wherein students meet with a counselor to figure out their academic plans and take placement tests if necessary, were full within hours of registration opening. You do what you can with what you've got, said Van Der Haeghen.

The college is even going so far as suggesting students look beyond Fall term.

We're trying to communicate with students the possibility of Winter term availability," said Van Der Haeghen.

E-mails and postcards have been sent to students who applied for admission and financial aid after Aug. 15. This correspondence has illustrated the limited availability of Fall

See

REGISTRATION, Page 7

Parking lot expansions alleviate capacity concerns

Administration suggests alternative transportation

By EDER CAMPUZANO
News Editor

As enrollment surges at LCC, so does the demand for student parking. Fortunately, college administrators have been hard at work looking for solutions since March.

In addition to expansions to current parking lots, LCC has reached an agreement with the Eugene 4-J School District to adopt Civic Stadium as a Park-N-Ride location for the 82 bus line. Students and faculty may begin using the site Oct. 1. Additionally, 20 Park-N-Ride spaces were added to Lane Transit District's Springfield station.

There were about 3,800 individ-

ual spaces before the adjustments, said Chief Human Resource Officer Dennis Carr.

Gravel lots installed earlier this year added 400 parking spaces to that total bringing it to 4,200 on-campus parking spaces. Lot M has also been expanded to accommodate 50 motorcycles.

The addition of the Park-N-Ride spaces at Civic Stadium is a simple way to expand ridership without the need to add routes or construct new lots on-campus.

It's pretty expensive to add extra trips this late in the ball game," LTD spokesman Andy Vobora said.

With enrollment totaling more than 11,000, the majority of students

will need to find other means of arriving on campus.

The acquisition of the Civic Stadium lot is one way LCC is promoting alternative transportation methods. Endorsement of LTD services is prominently featured on the LCC homepage.

Another LTD service aiming to reduce traffic congestion is the Point 2 Point program, which helps commuters organize carpools.

Faculty members have been offered 5-week LTD passes as part of an ongoing effort to promote alternative modes of transportation.

The funding for expansions came

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JB BOTWINICK/The Torch

TORCH MISSION STATEMENT

The Torch will serve the LCC students, faculty, staff and community members by providing news relevant to academic life. In addition, the Torch will provide student journalists, photojournalists, graphic designers and web designers a positive learning environment and exposure to the highest standards of journalism.

The Torch

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The Torch is the official student-managed newspaper of Lane Community College. It is published every Thursday during the term. Up to two copies per person per issue of The Torch are free; each additional copy is \$2.

Letters to the editor should be limited to 300 words. Commentaries should be limited to 750 words. Please include the author's name, phone number and address (phone number and address are used for verification purposes only and are not made public).

The Torch reserves the right to edit letters and commentaries for length, grammar, spelling, libel, invasion of privacy and appropriate language. The Torch reserves the right to publish or not to publish at its discretion.

LCC president welcomes students

Welcome to the most happening place in Lane County!

Lane Community College is one of the finest two-year colleges in the nation and I'm glad you're here.

You will have fun, and there will be some challenges. One thing's for sure—your experience here will be well worth the investment.

Remember what Charles Dickens wrote? "It was the best of times; it was the worst of times..."

That's what this fall is like at Lane. Enrollment is burgeoning as thousands of people pursue their dreams: high school grads starting their college careers, displaced workers coming back for retraining, intrepid entrepreneurs starting up new businesses, and retirees keeping active through learning. That's exciting.

The challenge is that classes are full, and lines are longer than anyone wants them to

be, but we're on it.

We've added extra classes at alternate times and locations. Did you know there are more credit

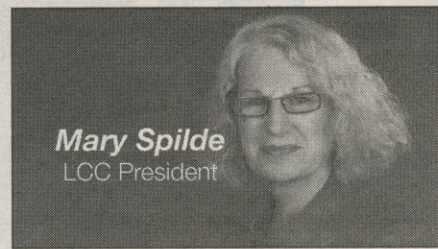
classes available at our downtown campus now, as well as on main campus? The Titan Store debuted

an online ordering system and extended hours, and Food Services is adding new locations around campus (look for an outdoor grill!). And if you see anyone wearing a bright pink

"How Can I Help You?" sticker, tell them what you need. These are our faculty and staff putting in a little extra effort as part of our Lane Community Cares campaign to help you sort things out.

You can help too. Go green and ride the

Mary Spilde
LCC President



bus or carpool to avoid parking problems. Slow the spread of flu and wash your hands often, cover your cough, stay home if you're sick and get vaccinated when you can. Excuse our construction disruption and know this will result in better instructional facilities for you.

Remember, Dickens also wrote: "It is a far, far better thing that I do than I have ever done."

How true for the important act of learning.

You are here to achieve your dreams and you have my sincerest admiration.

Lane Community College belongs to you. Thanks for being a part of this wonderful resource, and good luck with all your classes and projects this year.

Shopping at Walmart: Sour grapes

I try not to shop at Walmart. I don't like to give them my money. I don't want to support their business practices with my dollar.

Let me explain ...

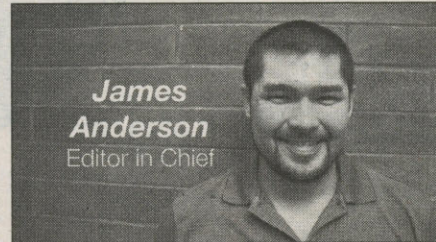
I only shop at Walmart when I need an oil change and lube. I can't get this service for \$30 anywhere else, or even close to that at any place that I know of.

The rest of the time I'm condemning the big "W" for its history of depriving employees of adequate pay and health insurance.

But I have bills to pay with my limited income. When I worked at the mill full time, I made enough money for a single guy to meet all of his basic needs and indulge in a lot of comfort and leisure expenditures as well. If I fell behind on my finances, I simply worked overtime and made the big bucks. I was completely dependent on the international corporation who was so fond of clear-cutting entire forests in the name of profit.

Since I was laid off from the production line in the waning wood products industry, I've taken advantage of the opportunity to start my education. Now I'm learning to live on unemployment, and now that my job as editor officially started, I'll have an added stipend also. This still amounts to a lower income than I was accustomed to taking home for the last 15 years of my professional life.

So this is how I justify my visit to Walmart. I understand after taking my Sociology classes from Dr. Jim that I'm actually partaking in short term expense relief at the cost of society's best economic interest. I know as I'm pushing my shopping cart down the uniform aisles that I'm con-



James
Anderson
Editor in Chief

tributing to the corporate machine that systematically tests its boundaries with just how little it can offer its dependant employees so they can make optimal profits for the shareholders.

Then I randomly bumped into Jason in the aisles. I worked with him at the international forest products corporation who is famous for gobbling up smaller companies. We were both laid off several years after the mega company took over the once family run-business. Together we experienced the repossession of our benefits and perks one at a time over the years until most of the employees and their families were disgusted and resentful at what they were left with... but still dependant on the income and security of a familiar employer.

Normally, I wouldn't want to be recognized by anyone I know while patronizing Walmart, but Jason and I had some catching up to do. Like me, he decided to pursue an education to get out of the industry altogether. He'd chosen to attend Pioneer Pacific professional training, and then transferred to North West Christian College. The funny part of his chosen path is the fact that Jason is an atheist. He chose to attend Pioneer Pacific because it was a con-

centrated, short term curriculum. The trade off was that the classes he chose aren't accredited. He felt that options were severely limited when he finished there.

At NWCC Jason is required to take classes that include scripture, which is something he has no appreciation for. As he was lamenting on his current predicament, I empathized on the outside. On the inside, I was shaking my head at his obvious folly. I understood immediately that he sought the short term solution to his needs at the cost of the long term benefit of flexibility and freedom of choice. Now he was reliant on a social structure that expected him to share their beliefs and values in order to attain his degree.

At the end of my super-saving shopping spree, I headed to the checkout stands. A tired looking silver haired woman started ringing up my items and mechanically asked me how my day was.

"My day was pretty good," I said, while making eye contact. "How was your day?"

"My day was good," she replied in practiced monotone.

"How were your customers today?" I implored earnestly.

She paused at the unexpected break in her daily cadence. "The customers were pretty nice today," she replied.

After she scanned a couple more items, I asked her a question that I ask everyone when I'm spending my money to support their business. "How is the company treating you?"

She checked my face cautiously, searching for my motive. "Well," she said while looking over her shoulder, "they could use some improvement."

I nodded and put her at ease by describing my experience with Weyerhaeuser in a few sentences.

"Well, before I was hired here," she said, "I used to work for a huge warehouse in Springfield. They went through several owners over the course of my 25 year career there. Each new company took away benefits until they just completely replaced the senior, higher paid employees with new hires off the street."

She continued warily, "now I only have 10 months left until I retire. I can stick this out for that long."

A part of me ached as I listened to her experience. What started out as a pre-scripted verbal exchange that she'd become numb to turned into an earnest and discreet exchange of empathy.

I pushed my shopping cart outside and loaded the groceries into my truck. I tried to tip the employee who had vacuumed my truck interior after changing the oil. He shook his head. "We're not allowed to receive tips here."

As I pulled out of the parking lot, I realized that I had saved a lot of money today, but somehow I still felt a little disturbed. Like Jason, my vision lacked the long term consequences of my savings today.

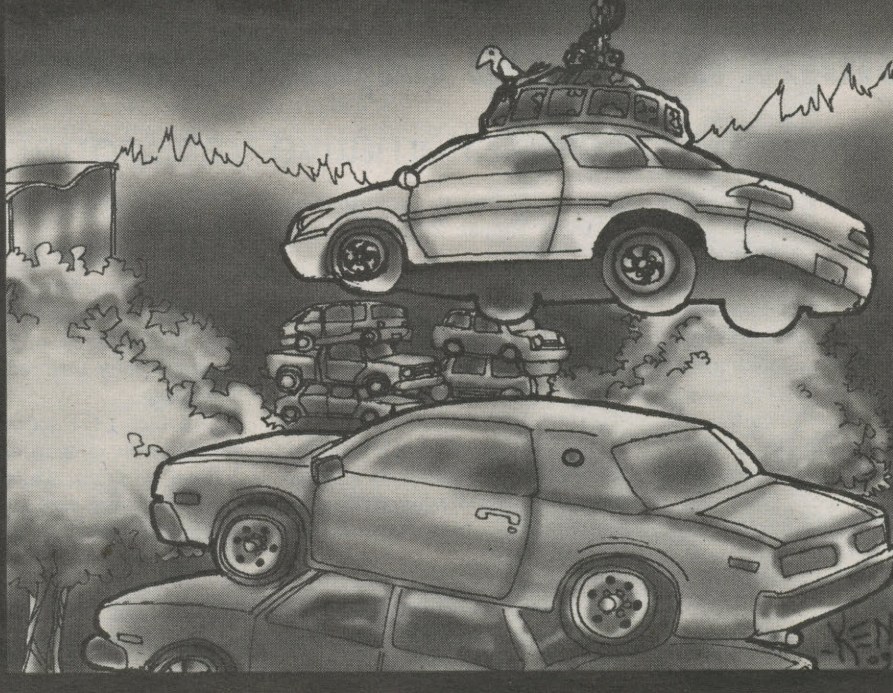
After I got home, I was hungry, so I washed off the conventional grapes that I just brought home from Walmart.

I sat at the computer as I wrote this editorial and ate grapes. They tasted good. They'd better be damned good, considering what I've just traded for them.

WTF?

by Kenny Ashcraft

New parking arrangements at LCC due to increased enrollment ...



Enter the cage

LCC business student seeks second mixed martial arts title

By JB BOTWINICK
Photo Editor

With eyes on his second mixed martial arts title LCC student Nathan Wall will take to the cage in Emerald City Fights 6. He will fight a rematch bout against Jake Stanley in the co-main event.

The event, put on by Brass Knuckle Promotions, takes place Saturday, Sept. 26 at the Springfield Regional Sports Center. It will feature 15 full contact fights, a pro fight, two title fights and a female title fight. Marcus, Drew and Tanner of the KFLY Donkey Show will be announcing.

With a title in the 145 pound division, Wall has a record of 2-3 and is making a grab for the 155 pound title. To do that, he will have to beat Stanley, 2-1, who won by decision due to a take-down in their last meeting. The fight will consist of five rounds, each three minutes long. Wall is confident that his refinement in his wrestling technique and strength in jiu-jitsu will yield better results against Stanley's strength in wrestling.

"Better wrestling, better shape, better overall game plan," Wall said. "I just got to make weight, be prepared and I'll execute when it is

time to go."

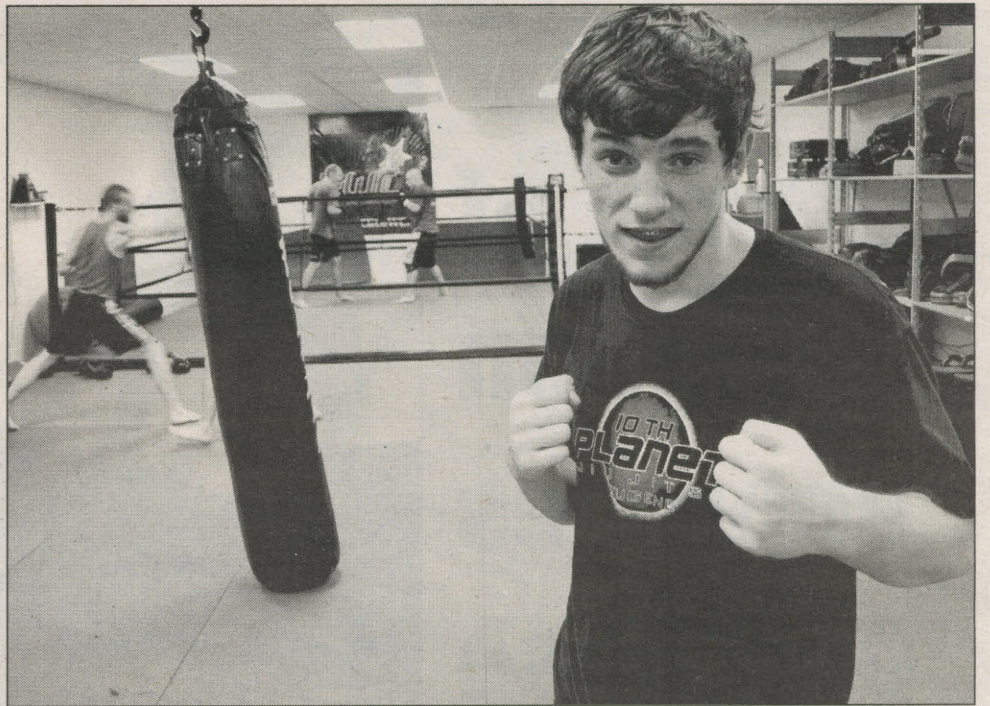
Wall began his MMA career three years ago after moving to Lane County from Wisconsin Dells, Wis. At 17 he began attending Northwest Training Center and continues to train under the tutelage of former Ultimate Fighting Championship Cage Fighter Gerald Strebendt. "I started watching [MMA] when I was 14, kept up with the events and decided it was something I wanted to do," Wall said.

Although Wall's main aspirations lie in the ring, he will attend LCC this term as a business major. "I've got to have a fall-back. This is a sport, so if I get injured, what am I going to do for money? I need a degree," he says.

In the past 10 years, MMA's popularity has increased drastically with the rise of the Ultimate Fighting Championship and similar organizations reaching higher levels of publicity, but the sport is not just for those who want to enter the cage.

Just ask LCC geography instructor Demian Hommel who has taught muay thai for fifteen years after training in Thailand while pursuing his graduate studies.

"A lot of people are intimidated by fighting. Not everyone here comes to fight. They are here for a variety of different reasons — fitness,



JB BOTWINICK/The Torch

Nathan Wall will fight for a Mixed Martial Arts title Sept. 26. This will be the LCC student's second title match.

discipline and as a way to occupy your mind," Hommel said. He believes that it is especially beneficial for students.

"Students have a particularly high stress level. In many cases LCC students are working and have families they are taking care of. So I think it is important to balance," Hommel says, "You can't focus on your mind all day long without focusing on your body."

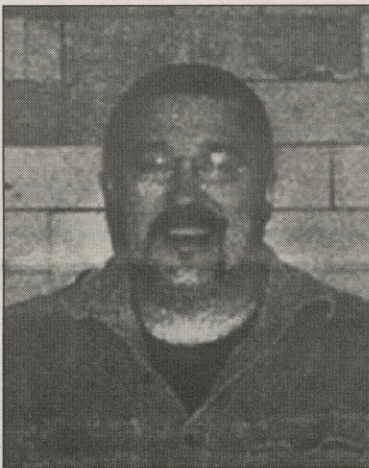
The benefits of the extreme cardio workout and discipline obtained through MMA training are reason enough for many people to take up the sport. For fighters like Wall it is the allure of a career in the cage that draws them in. "[It's about] performing; there is a lot of training and hours put into the gym before you fight, so the best part is the show," Wall said. "That's what it is all leading up to."

In Memoriam

Art department
loses two full-time
faculty members

Tom Rohr:

Tom Rohr was a ceramics instructor at LCC for five years, with a specialty in different kinds of kilns. He helped shape the ceramics department with innovations that brought a higher level of learning and an environmentally friendly approach. As an example he taught clay mixing both to help lower costs, as well as teaching the students not just how to make art but how to make their own clay.

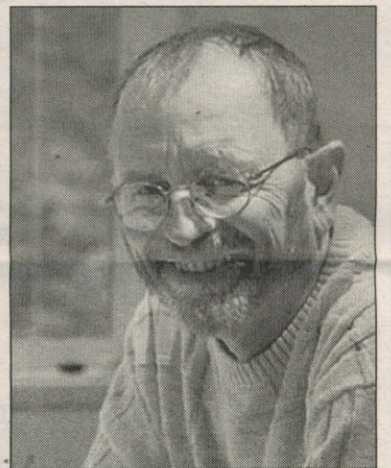


Tom Rohr
Ceramics instructor

Thomas Rubick:

Thomas Rubick was a graphic instructor for close to 30 years, during which he worked in the graphic design program and helped bring it through to the digital age.

Before Thomas Rubick passed, he collaborated with Tom Rohr to make ceramic plates for each member of Rubick's family. Rohr made the plates and Rubick painted and glazed them before Rohr fired them. Thomas Rubick also made one for Tom Rohr and presented it as a symbolic gift of gratitude.



Thomas Rubick
Graphic instructor

Advertise in THE TORCH

The Torch is read annually by more than 60,000 students, staff and surrounding community members in the Eugene/Springfield area.

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Board of education approves purchase of pit



JACOB DODDS/The Torch

The LCC Board of Education has voted for the purchase of an open lot known as "The Sears Pit," located on the corner of 10th and Charnelton. Rather than renovating its current location near 11th and Willamette, the college plans to build an entirely new building from the ground up, which would meet higher energy efficiency standards.

Help Wanted.

Here is an opportunity to become a part of a dedicated and innovative team working to make news cool again. In the coming weeks, big changes are coming to The Torch.

We have a great demand for photographers, reporters, graphic artists and advertising sales people.

You need no experience. We'll train you. Motivation and willingness to learn are required.

To apply, swing by The Torch newsroom in Building 18, Room 218 or contact the editor at torcheditor@lanecc.com or call (541) 463-5655

The Torch



LCC funds annual Summer program Rites of Passage

Grades 8-12 are taught confidence and understanding as community artists

By JAMES ANDERSON
Editor in Chief

"Did you get a close up on this shot?" inquires Jason Mak, while inspecting the image projected onto the classroom screen. You'll need to edit out the wind noises.

The Asian American Video Production course is a two and a half week class that comprises part of the Pan Asian Rites of Passage Program at LCC.

The Rites of Passage summer classes are designed to teach and motivate middle school and high school students from four ethnic groups: African American, Pan-Asian American, Umista Native American, and Puertitas Abiertas Latino/Latina.

Coursework focuses on cultural history, literature, folklore and traditions in order to bolster student's self-image and self-esteem. Classes are primarily funded by LCC and take place on Main Campus from July 5 to August 5.

In the Pan Asian film program, the students watch, learn and sometimes giggle at the bloopers as the class goes over their dailies (raw, unedited film footage). They learn in a relaxed and fun environment.

Mak patiently keeps them on track. Are you listening? Make sure you save your work every day or you'll be telling me tomorrow Jason, I can't find my work."

Guided by Mak, Eugene School District 4-J employee, middle and high school students are shown how to express themselves through video media. Mak teaches the class as a college level video production course. Students learn how to convey their perspectives through video and write scripts. They also learn how to direct and operate video, sound and light equipment

before finally editing their work.

Some students will see their work on the big screen at the Bijou Theater for the community's annual DisOrient Film Festival.

The big screen legitimized their efforts, Mak said. "The children learn confidence when they see something they created on the big screen.

Mak recalls a past student who had learning problems due to a brain tumor. The student's confidence drastically improved from the process of learning how to make movies and seeing his work on the big screen.

Matt Rasmussen, a 16-year-old Sheldon High School student and first year Rites of Passage participant, said, "I feel very, very confident about being an Asian American. The program has taught him a lot about his culture and what being Asian American means.

The students not only learn confidence and ethnic pride, but they also find new social opportunities through the courses.

Eugenia Su will attend Oregon State University in the Fall studying Pharmacy and assists Mak with the video production class. An eight-year veteran of the program, she recalls finding out about the community's Chinese Lion Dance Team through social connections made in the course.

Chau Nguyen, a junior in cultural anthropology at Princeton, remembers being one of very few Asian Americans at Springfield High School.

"I teach these kids more than film," Mak said. They learn how to tell a story.

Mak attended graduate school in Hawaii before returning to Oregon and teaching film for the Rites of Passage program.

The Rites of Passage summer program started in 1996 with the African American Rites of Passage summer academy. The Pan Asian American summer program was added in 2001 and the following year the Umista Native American and Puertitas Abiertas Latino/Latina Rites of Passage academies were included. More than 250 teens of different ethnic backgrounds have taken the Rites of Passage classes at LCC in its 10-year history.

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<http://www.flickr.com/photos/41274263@N04/3802583817/>



Flyin high

Kites and culture mix at yearly kite festival

By **ANDY ROSSBACK**
A&E Editor

This October will mark 24 years of kites streaking across the Eugene sky during the annual Asian Kite Festival.

The purpose of the festival, put on by Eugene and Springfield's Asian Councils, is to introduce the Asian kite culture to people in the area, said festival organizer Mike Takahashi.

It's a community event, he said. We have all the materials to make a kite and fly it."

The event will be held at Washington Park in Eugene from 2-5 p.m. on Oct. 4. The event is sponsored by the city of Eugene, Takahashi said. Admission is free.



Courtesy photo by **MELISSA NOLLEDO**

The annual Asian Council's Kite Festival will held on Oct. 4 from 2-5 p.m. at Washington Park in Eugene.

Beginners and professional kite-fliers are welcome, according to a press release. Materials

for building kites will be available to purchase for \$2. Kites won't be the only



Asian culture on display. The Eugene Taiko School will perform dances in addition to a Chinese-American lion dance being performed.

It's a traditional dance [performed while] wearing a lion costume, Takahashi said.

Many kites made in Asia will be on display at the Washington Park Community Center. Japanese drummers and a Hawaiian orchestra will also play.

It's just a celebration, Takahashi said. "The kite flying is a traditional thing to do around Asia.

For more information, call (541) 729-4096.

The Summer's Top 5



Dillon Blanks
Managing Editor

Job Hunting

Unemployment has skyrocketed in the past year and people who once had careers are now finding themselves competing for jobs against college students, which doesn't make job hunting any easier for people without a degree. According to the Bureau of Labor, unemployment has continued to rise throughout the month of August. The current national unemployment rate is 9.7 percent. Since the economic recession, which began in December of 2007, the number of unemployed workers in America has risen by 7.4 million. Trying to land a decent, reliable job without a college degree is now much like trying to find a needle in a haystack.

Celebrity Deaths

This summer marked the deaths of some of Hollywood's brightest stars, the King of Pop among them. Michael Jackson, whose Victory Tour was set to run from July to March, died June 25 at the age of 50. His death was recently ruled a homicide. Actress Farrah Fawcett, one of the original Charlie's Angels, died the same day, although her death didn't receive as much publicity as the King of Pop's. Other celebrity deaths include: Billy Mays, better known as the "OxiClean guy," David Carradine, who played Uma Thurman's nemesis in Kill Bill, and Ed McMahon, former host of a televised show called Star Search that gave the stage to some of today's brightest stars such as Britney Spears and Justin Timberlake. "Dirty Dancing" actor Patrick Swayze died Sept. 14 from pancreatic cancer.

Sketchbook



JAVIER MAGALLANES/The Torch

Palace Bakery and Full City Coffee Roasters offers "Top Drawers," a collaborative collection of artwork. Through the end of September patrons from both businesses can enjoy the unique assortment of drawings along with their coffee or pastry.

Happenings

Arsenic & Old Lace Student Productions Association of LCC

8 p.m.
Oct. 1-3, 8-11, 15-17.
2 p.m. matinee on Oct. 11.
Building 6
\$12.50 general, \$10 for students, seniors and staff.
(541) 463-5761

The Bunny Show Gallery LCC Art Gallery

Campus hours.
Sept 29-Oct. 22.
Building 16.

Vampires

It seemed as though the teenage vampire obsession died with the televised series Buffy the Vampire Slayer and Angel earlier this decade. Twilight, a New York Times bestseller, deserves most, if not all, of the credit for bringing it back. Not only has Twilight skyrocketed former Harry Potter actor Robert Pattinson's career, it has also started an obsessive frenzy over the monsters. To support the craze, new TV shows similar to Buffy and Angel have been on the rise as well, such as HBO's True Blood and CW's "The Vampire Diaries," which premiered earlier this month. It looks like the Twilight craze won't come to an end anytime soon. In fact, werewolf movies are set to be released this school year: Wolfman in February and Underworld: Rise of the Lycans in January.

Bad Radio Music

Turn the dial at your own will; a lot of hip-hop songs sound the same these days, from Lil Wayne to T-Pain. They blend together so well at times I feel like I'm listening to the same songs I've heard months ago, but it's new and from a different artist. The songs I'm mentioning have the same bass beat and feature any random rapper whose voice sounds very similar to an alien's with a sinus infection. At least American Idol winner Kelly Clarkson got caught in the scheme. Her single "Already Gone" had the same backtracking of recording artist Beyoncé's "Halo." Fans who still listen to their music, for whatever reason, caught on. I give Clarkson credit for fessing up and telling the truth as to why it wasn't her fault. Music producer and OneRepublic singer Ryan Tedder gave the beat to Clarkson who claimed he didn't tell her he gave the same beat to Beyoncé. If this holds true, then it would seem that the fault lies with Tedder. A future suggestion to all blockbuster recording artists: if you make your own music like you're supposed to, maybe your fans won't realize your talent is fake.

Going on a Boat

Speaking of bad music, The Lonely Island really set it off with their hit-single "I'm on a Boat" featuring none other than T-Pain. The first time I heard the song, I thought it was from some skit from MADtv... then I realized they were actually serious. I didn't think much of it until Facebook exploded with random pictures of people out in the water writing, word-for-word: "I'm on a boat." Among the Hollywood funerals over the summer, the death of good music should have been one of them.

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Practicing with the masters

A unique opportunity to learn foreign martial arts

By SIMON SOL KEMP
Features Editor

Feeling like you need a physical, mental and spiritual boost? Tai-chi has been known to do just that. With guidance and enough practice, tai-chi can help encourage and sustain good health, as well as spiritual fulfillment and the practical application of self-defense. LCC offered an intensive five-day workshop this summer. The class was lead by LCC instructor David Leung with guest Grand Master Chen ZhengLei. The workshop focused on advanced techniques and rare forms, giving the students an experience unheard of in the United States.

Chen's birthplace is Chen-Ji-Chen Village in China, which is the birthplace of Chen style of tai-chi. In the last 100 years, tai-chi has spread beyond the lineage of the family and as a lineage holder, Chen has the responsibility to continue promoting tai-chi to the world. Tai-chi has been listed as a national treasure of China for its self-defense and its value in improving health. While tai-chi has spread outside of China only in the last 30 years, there are around 2 billion people actively practicing in roughly 150 countries around the world. It's only in the last 20 years that all the information has been compiled into books, DVDs, and photos so that it can be passed on with more ease to people across geographic and lingual barriers. Tai-chi has been translated into six different languages, a project Master Chen was in charge of promoting. In the last 30 years he has traveled to more than 30 countries and more than 100 schools. Outside of China, LCC is the only place that does a five-day workshop:

"For people to understand tai-chi, they need to participate. After three months of exposure, they will definitely love to practice tai-chi. Only



Grand Master Chen ZhengLei leads a weapon routine in the LCC courtyard. ZhengLei gave a five-day workshop over the summer that focused on the more advanced forms of tai-chi and other related martial arts.

SIMON SOL KEMP/The Torch

after three months, can you really appreciate what tai-chi can do for you," Chen said. "It's like a relationship."

Leung has been a psychology instructor at LCC for 40 years and has

been teaching tai-chi since the 1970s. In the beginning, Leung had to be talked into teaching tai-chi, and that was just for one student. "Before I knew it, I had a whole bunch of stu-

dents and started teaching for the [Eugene Parks and Recreations Department], then I started teaching health education for LCC," Leung said. He claims to be the first tai-chi teacher in

Eugene as well as at the University of Oregon. Leung recently started teaching children's classes at LCC.

See TAI-CHI, Page 7

LCC faculty forms team to walk in Relay for Life

LCC's answer to cancer

By JAMES ANDERSON
Editor in Chief

Looking out from the top of LCC's recessed quarter mile track, a small village of tents and canopies shimmer in the summer heat.

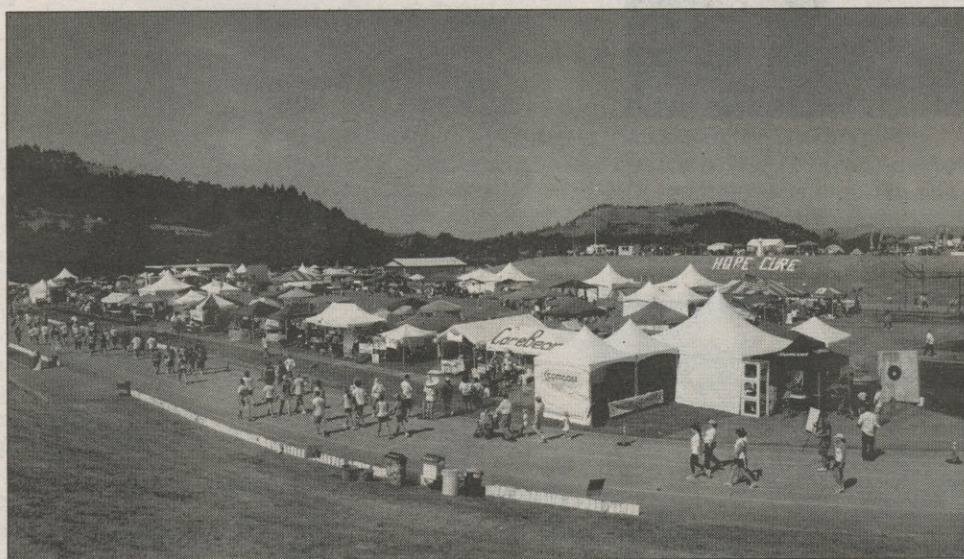
Colorful signs and the sound of music and talking highlight the movement of thousands of people walking from tent to tent in the center of the track. The track itself seems alive with movement as community members represent their relay team while walking or running on the oval path. More tents along the rim of the bank, representing teams of businesses and community groups, share space with food vendors. LCC's track field is alive with altruism and hope.

A large stage was set up in the northern end of the track where performers took turns providing entertainment for the participants. At one point, the Southside Cheer Allstars, a cheer-leading team, performed a routine.

LCC faculty members Beverly Farfan, Sue Thompson and Gloria Vanderhost organized the college's relay team this year by recruiting volunteers to take turns walking the track.

LCC representatives raised funds to sponsor their team with garage sales in Springfield and Eugene two weekends in July.

The Relay Team congregated under the shade of the LCC canopy in the center of the track. "This is a good turnout for staff and stu-



JB BOTWINICK/The Torch

"Relay for Life", the American Cancer Society's primary fund raising program took place on LCC campus earlier this summer. This year's event featured over 200 teams and raised nearly \$630,000 for cancer research.

dents who've come together from LCC to put this thing together," Farfan, social sciences cooperative education coordinator, said.

The registrants for the college team were motivated for a variety of reasons.

"My father, other relatives and best friends were affected by cancer," Farfan said. "[This] gives you hope, when all of these people get together and honor those who have passed, that there will be a cure someday."

"We recently lost a colleague in the graphic

design department," Thompson, LCC fitness instructor, said. "I don't think I know anybody who doesn't know somebody [with cancer]. My sister is a survivor right now."

Vanderhost, a LCC accountant, was present to support everyone who's fighting any kind of cancer. "I think [this event] makes a huge difference," Vanderhost said.

The Relay for Life

The annual volunteer driven Relay for Life

fundraising event is the American Cancer Society's primary fundraising program. This year the 24-hour event started at noon on Friday, July 24, and continued to noon on Saturday. Several team members walked together to make the experience more social.

Around the world, 3.5 million volunteers form teams to represent businesses or community groups and hold relays at schools, parks and fairgrounds. Community volunteers select the location.

Members registered on paper or online to receive an event tee shirt for ten dollars, signifying their commitment to raising a minimum \$100 for research, education, patient services and community services.

Each team has a relay member walking the track at all times during the 24 hour event.

Relay teams raise money in a variety of creative ways. Some teams offered products or services at the relay such as manicures or root beer floats. Raffles and auctions were also performed at the event.

Other teams took to street corners with signs before the weekend ordeal and asked motorists for donations from the intersections. Other businesses had donation containers at their checkout counters.

The Pan Asian Rites of Passage relay team members offered a Lion Dance performance for participants between laps around the track. The Asian American teens camped out all night in a couple of tents, under the leadership of team captain David Tam, to contribute to the cause.

For ROP student Matt Rasmussen, this is

See RELAY FOR LIFE, Page 7



JB BOTWINICK/The Torch

Students wait for their chance to enter the Titan Store two weeks before the start of Fall term. The line continues down the stairwell curving through the second floor of the Center Building into the Tutoring Center where it wraps around a hallway and finally ends. With enrollment dramatically increasing scenes like this may become everyday occurrences.

REGISTRATION, From Page 1

term classes. Additionally, Winter term is the earliest time students can sign up for new cram sessions.

While enrollment generally increases annually, this year's jump of 18 percent is definitely above average.

The increase is attributed to many factors. Among them are that more adults are re-entering the educational system to learn new skills to make them better candidates for modern jobs. A growing number of high school students are also taking their general education classes at the community college level due to rising tuition costs and admission standards at four-year schools.

University of Oregon, for example, has raised its minimum grade point average for guaranteed admission from 3.25 to 3.4 and raised tuition by 7 percent from the 2008-2009 school year. The cap for federal Pell Grants is raised annually by a comparable amount, but not all students qualify for need-based assis-

tance from the government, and that financial backing definitely makes a difference, even at LCC.

"Even though the cost of education is relatively low [compared to UO], not having access to that aid can make things complicated," Van Der Haeghen said.

That's one of the reasons Kim Brasher is attending LCC before transferring to UO. One of the biggest obstacles she's faced is registering for classes during the peak hours of 9 a.m. to 3 p.m.

"My biggest problem is finding classes that meet the time frame," she said.

In an effort to alleviate that particular problem, the college has added core classes to the Downtown Center, but even that solution has its limits.

"They just fill up so quickly," Brasher said.

Registration for newly added classes can easily be filled hours after they're added.

H1N1, From Page 1

Ultimately, personal hygiene is the best advice for remaining healthy.

"Wash your hands frequently, maintain an appropriate social contact, distancing if you think you may be around someone who is ill, and if you have symptoms, stay home," Carr advised. "Just take care of yourself, be healthy."

Arbuckle agrees. "We need to learn to cough into our sleeves," she said.

James Anderson, Dillon Blanks, Chas Cassidy and Eder Campuzano contributed to this report.

For more information on the H1N1 influenza vaccine, please visit: http://www.cdc.gov/h1n1flu/vaccination/public/vaccination_qa_pub.htm

TAI-CHI, From Page 6

When Leung began teaching tai-chi independently, his rate was \$7 a month, which was eventually raised to \$10 a month, where it has stayed for some time. Some of Leung's students who have gone on to teach have raised their own prices up to \$25 a month, but Leung he still has the best deal in town. A Wisconsin student that came to study with Chen during the summer class and is trying to get certified to teach tai-chi for his job as a coach at a health club. To get certified it will likely cost him around \$600 for about the same, if not less, knowledge than LCC offers.

The students who practice tai-chi at LCC and in Eugene can find a tremendous community, and through the sense of community they are actually able to learn what their teachers have to offer both quickly and thoroughly. The community-style learning allows for the level of knowledge and ability that is achieved by the tai-chi students to be absorbed in such a small period of time. In this learning environment, every student takes responsibility for every other student. The people who know the most feel obligated to give more, while everyone is encouraged both to learn and to help each other learn.

"The grand master was impressed with how we helped each other ... that's how we learn and get better together," tai-chi student Sharon O'Hara said with a humbled smile.

Leung describes the physical health benefits of tai-chi as an internal art, so it has to strengthen the internal

systems as well as strengthening the body itself. This gives the individual a balanced body and mind through willpower, agility, strength and knowledge. One's personal limits are continually pushed in order to encourage growth. Students can learn at any age, like O'Hara, 62, who started when she was 57. "This is something that will last the rest of your life. I feel younger from doing this," O'Hara said.

According to Leung, tai-chi has helped encourage physical, professional, intellectual and spiritual growth of both the professors and the students alike. "Students say, 'well it changed me', 'you did something fantastic for me', 'I'm a different person' and 'Tai-chi transformed me on all these different levels'" Leung said. The spiritual part of tai-chi doesn't have an end point; it gets deeper all the time, there's just more and more refinement. The practice of Tai Chi becomes a way of explaining other things, like a reference point, it helps to keep one's life in context. Tai-chi can positively change people and encourage community as well as good health, it is no surprise that everyone had a smile on their face.

"I don't think that the LCC mission is totally unique to a community college. It's actually unique to a community, that's it. I think LCC really is a community, not a community college. What we talk about in tai-chi, actually is very similar to what LCC has established as what they call mission and mission statements," Leung said.



JB BOTWINICK/The Torch

On the Northeast corner of the LCC campus crews prepare an area adjacent to the baseball field for use as a parking lot. Along with several others, the lot will serve to accommodate an expected increase of vehicles.

PARKING, From Page 1

from the Transportation Fund, which is paid by credit students when they register for classes.

Last year, the board of directors and ASLCC voters approved an increase in the Transportation Fee so these improvements could be made. The fee increase not only provided funding for the lot expansions, but for regular maintenance as well.

"We knew that we needed to re-invest in our parking structure," Carr said.

Trips on LTD Route 82 were also funded by the increase. Those extra trips were added during the peak times of 7 a.m. and 8 a.m.

"People tend to want to catch that 7:30 or 7:40 bus," Vobora said.

All of the improvements in the current infrastructure

were planned with both economic and ecologic concerns in mind.

"We've chosen a location [for the expansions] where there were no trees, so there was no tree removal," said Carr. "Hopefully some of these initiatives will reduce our carbon footprint."

Expansions were planned around current and future learning sites on campus. The scrub oak habitat near Lot N is often used for instructional purposes in science courses. A solar learning laboratory is also in the planning stages for Lot 3.

In an effort to minimize the impact of construction crews working on the Longhouse and Health and Wellness Building, parking for contractors has been restricted to Lots A and 5, where the work is most extensive.

RELAY FOR LIFE, From Page 6

his fifth year participating in the relay with his family. The 16-year-old Sheldon High School student is the son of a cancer survivor. "I just feel like walking along the track here, I'm honoring my Mom in a way and how she survived and what she went through," Rasmussen said. "You're making a difference and finding cures for cancer."

At nightfall, all over the track and surrounding field, participants lay in sleeping bags and inside tents for an overnight campout.

Hushed voices continued to walk the track through the night, creating silhouettes against the glowing luminaries.

The History of Relay for Life

Dr. Gordy Klatt decided to donate money for the American Cancer Society in May of 1985. The marathon runner spent 24 hours running the track at Baker Stadium at the University of Puget Sound in Tacoma, Washington.

Nearly 300 of the doctor's friends, family and patients watched as he ran and walked a total of 83 miles. Throughout the night, friends donated \$25 to run or walk with Dr. Klatt for half an hour. He successfully raised \$27,000 in donations for

the Cancer Organization.

Since 1996, the Society has joined forces with several cancer organizations in countries around the world to facilitate Relay for Life programs and educate public and health care communities about this fatal and often preventable disease.

Survivor Walk

The track was cleared at 7:00 p.m. for the Survivor Walk. Whether participants were successful in their cancer treatment or were currently battling the disease, they were invited to walk the track behind a bagpipe player for a victory lap.

Luminary Ceremony

After the Survivor Walk, Luminaries were lit for survivors and victims of cancer. Paper bags with the names of cancer patients had small candles lined on the in and outside edges of the track after night that illuminated the writings and pictures that decorated the outside of each hand made lantern.

Marissa Hastie said "We're not just celebrating the survivors, but also the lives of the people we've lost to cancer."

For more information, visit cancer.org or call 1.800.227.2345.

The next issue of the Torch will be published on Oct. 8.

Think about it

'What will you do differently because of the H1N1 pandemic?'



"Nothing probably. Wash my hands. I'm not scared of it. Doctors say it is just like the normal flu."

Talya Pont
Undecided



"I don't freak out about things like that. I'm not changing my lifestyle."

Brent Ellison
Faculty



"Get a flu shot, take precautions, get more check-ups, watch what I eat."

Royce Leeds
Welding



"I'm going to do what I do every year and try to stay clean to keep from getting sick."

Joel Davis
Undecided



"I wash my hands a lot more, and I'm getting my flu shot tomorrow."

Rachel Willingham
Dental Hygiene



"I probably won't do anything different, because I worked in the healthcare field so I know the importance of infection control"

Marie Sagaberd
Faculty

Interviews by **JB BOTWINICK**
Photos by **JACOB DODDS**

USC should sweat the small stuff

The 2001 Seattle Mariners set the Major League Baseball record for most wins in a 162-game season, a record held since 1906, but didn't even make it to the World Series. Ohio State hasn't won a big game since 2002.

The Dallas Cowboys haven't won a playoff game since 1996. What do they all have in common? They don't lose the small games.

Apparently, the University of Southern California is diametrically opposed to that approach. You see, USC has a nasty habit of losing to one mediocre team every year, while ending the year by blowing the doors off some poor, defenseless Big 12 or Big 10 conference opponent in a marquee bowl game.

If the USC Trojans were a real person, you would have met them before. The Trojans are the smart kid that kills it in your calculus class but can't pull that A in their Speech 101 class because it's so remedial comparatively.

Since 2002, USC has posted a winning percentage of .783 against unranked Pac-10 teams on the road compared to a winning percentage of .930 in all other games. They play as a team with confidence, a swagger that even surpasses those 1990s Florida State teams. That swagger is just as potent in terms of a winning strategy as scheming zone blitzes or play action passes.

As many games as they win just for being the USC Trojans, the problem with USC's swagger is that it works against them in games like the most recent Washington game.

Washington wasn't the better team. They just outplayed us," said USC running back Joe McKnight, who had 100 yards rushing and

USC's lone touchdown. Clearly, we have superior athletes. But hard work beats athleticism any day." Duh.

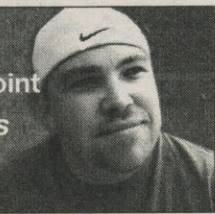
Just like Washington's unprecedented 12-game losing streak, McKnight's comments are a broken record. Annually we hear the USC players talk about how they are genetically superior after losing to the harder working players of Victims of Eugenics University.

So where does it

end? It ends with USC head coach Pete Carroll. Thus far, he's been Teflon-Man, avoiding any real criticism because he has won two national championships since 2002. Carroll is starting to burn up his political capital because every year we hear complaining from USC and Pac-10 apologists saying the Trojans would lay the bricks to the SEC elite in the national championship. I will concede and admit that there is an East Coast bias that pretty much requires Pac-10 teams go undefeated, no different than lower conferences like the WAC or MWC.

All said, it's time for USC to take a page from the Dallas Cowboys, Ohio State Buckeyes or the 01 Seattle Mariners. Win the little games. Especially in college football, especially with an East Coast bias, losing only once a season doesn't guarantee anything to anyone, let alone a perennial powerhouse like USC, a spot in the national championship, make your loss quality. Being the smartest kid in the class only gets you so far. If USC could pass their easy pre-requisite classes, maybe they would have a legitimate beef with not being the valedictorian every year.

Guarding the Point
Bob Rodgers
Columnist

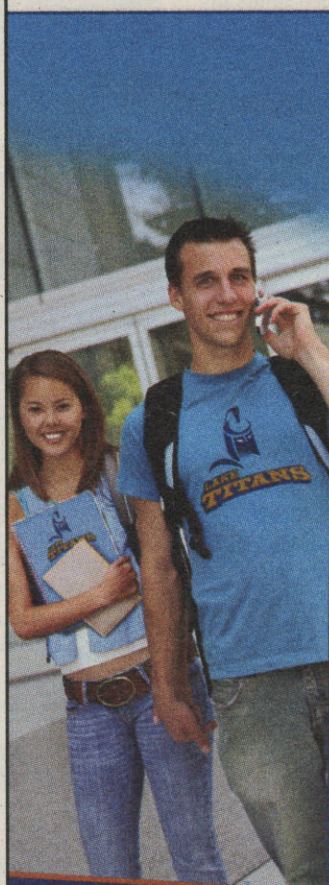


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