Thursday, April 22, 2010

Volume XLIV, Number 22

Online at Icctorch.com

A public forum for the students of Lane Community College since 1964

CITY SHOWS STRONG SUPPORT FOR NEW DTC

Eugene's urban renewal plan would dedicate \$8 million to the construction of a new Downtown Center

> EDER CAMPUZANO | Managing Editor photo by Eugene Johnson

upporters of Lane's proposed purchase of the pit on the corner of 10th Avenue and Charnelton Street as part of the City of Eugene's urban renewal plan were out in full force during the City Council's April 18 public hearing.

The hearing was meant to give area residents the opportunity to voice their concerns relating to the city's urban renewal plan, of which the construction of a new Downtown Center is a component.

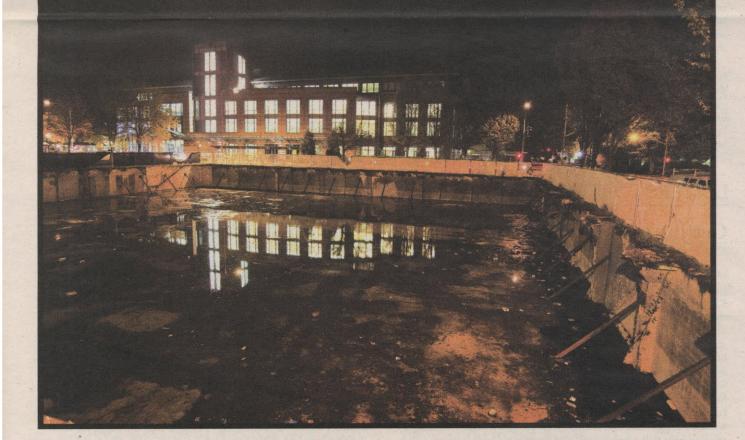
Jim Olney, director of the Eugene Public Library Foundation, urged the council to approve the urban renewal plan in order to construct the new Lane Downtown Center

across the street.

"We know that a library is more than a building with books," he said. "We don't want it to stand alone too long."

He believes that the library and Downtown Center could work together to promote literacy in the area, a goal the

SEE DTC ON PAGE 3



Garden staff looks to motivate locals

Organic food workshops to be hosted

SARA HOHENBERGER | Features Editor

The Lane Learning Garden wants to provide attendees to itsEarth Day event - Local Food and Local Connections — with knowledge on how to eat within their community.

The Learning Garden works with the Culinary Arts and Hospitality Management Program at Lane to provide students with tasty meals filled with fresh

Currently, in the garden there are different types of salad greens and cooking greens. The staff at the Learning Garden hopes to have onions, leaks, tomatoes and winter squash readily available by next year.

"People are having to deal with larger costs such

as health insurance. By having their own garden, [it] helps with health issues in the long run," Devon Bonady, Learning Garden Specialist, said.

Bonady encourages students to have their own garden or share in a community garden such as the one on Main Campus.

For the Earth Day event the staff at the Learning Garden will be screening the movie "Ingredients" at 11 a.m. and 12:30 p.m. in Building 3, Room 216. 'Ingredients" is a documentary film about the local food movement and how consumers are now going directly to the farmers for their produce.

How much waste do Lane students produce? Well at the "waste audit" students will be able to find out. The "waste audit" is from 10 a.m. - 12 p.m. in Bristow Square. Volunteers Master Recyclers will be sorting trash from the Center for Meeting and Learning.

The "waste audit" will provide students with a chance to see what is in the trash and learn tips on how they can reduce the amount that goes into a landfill every day. Results from the waste audit will help the Center for Meeting and Learning develop better waste reduction and recycling practices.

Throughout the day student jazz musicians will be performing to keep the beat lively. Local non-profit and farmers will be available in Bristow Square to let the students know about local food from 10 a.m. to1

Participating organizations will include Next Step Recycling, Lane County Master Recyclers, Willamette Watershed Council, City of Springfield and Lane Community College's Institute for Sustainable Practices and Learning Garden Club.

Instructors and students from the Culinary Arts Program will provide a demonstration on cooking with locally-grown herbs from 10:30 a.m. to 12 p.m.

SEE GARDEN ON PAGE 3

Student government executive candidates, senators announced

Williams, Parker-Milligan file for presidential seat — voting will take place May 10-12

ANDY ROSSBACK | News Editor

Associated Students of LCC have announced the candidates intending to run in the May 10 election.

Bette Dorris, legal secretary for ASLCC, said some of the candidates may not appear on the ballot because officials have not verified that all who have filed are enrolled in a minimum of six credit classes and have a 2.5 grade point average. In addition, they

must attend a mandatory orientation on April 21 or 22.

Candidates for president and vice president must run together

on a joint ticket. April-Kay Williams has filed to run for president with Liberty Zydycrn as vice president.

Mario Parker-Milligan has also filed to run for president with Wesley Smith as vice presi-

Geo Bitgood and T.C. Osborn have filed to run for the treasurer

Eric Richardson was the only student to file for the campus events and multicultural program coordinator position.

Tomas Bautista, Diego Davis, Lebanah Davis, Michael Jason, Alfonso Macias, Charles O'Briant, Nathaniel Robinson, Matthew Smith and Robert Sperry have all submitted applications for senator positions.

Besides deciding these positions, a measure on the ballot

will determine the fate of a \$1 tuition increase requested by The

Eder Campuzano, managing editor for The Torch newspaper cites the doubling of printing costs in the last eight years as reason for the measure.

"The use of the extra revenue ultimately lies with next year's editor," he said.

However, the extra revenue could be used to help pay for more color issues, equipment

upgrades or the expansion of multimedia capabilities, Campuzano said.

Voting takes place on Express-Lane, May 10-12 at midnight. Three computers for voting use will be set up in the cafeteria. The results will be announced May

ASLCC meets every Monday at 3:30 p.m. in Building 3, Boardroom. Read more about the candidates and ballot measure in next week's issue of The Torch.

OPINION



The Torch will serve the LCC students, faculty, staff and community members by providing news relevent to academic life. In addition, The Torch will provide student journalists, photojournalists, graphic designers and web designers a postive enviroment and exposure to the highest standards of journalism.

James Anderson, editor in chief
Eder Campuzano, managing editor
Andy Rossback, news editor
Dillon Blanks, copy and web editor
Sara Hohenberger, features editor
Javier Magallanes, photo editor
Chris Cooper, a&e editor

Ryoko Fujihara, production manager

Assistant Editors

Brandy Dominguez, a&e Steve Rowland, features Jacob Martin, photo David Branham, news

> Reporter Mike Partee

Columnist
Dean Van Leuven

Photographers

Masumi Carlson Eugene Johnson Steve Culpepper

Production

Jordan Botwinick

Ad Manager

Chris Hogansen

Jordan Botwinick, distribution manager

Frank Ragulsky, news & editorial adviser

Dorothy Wearne, production adviser

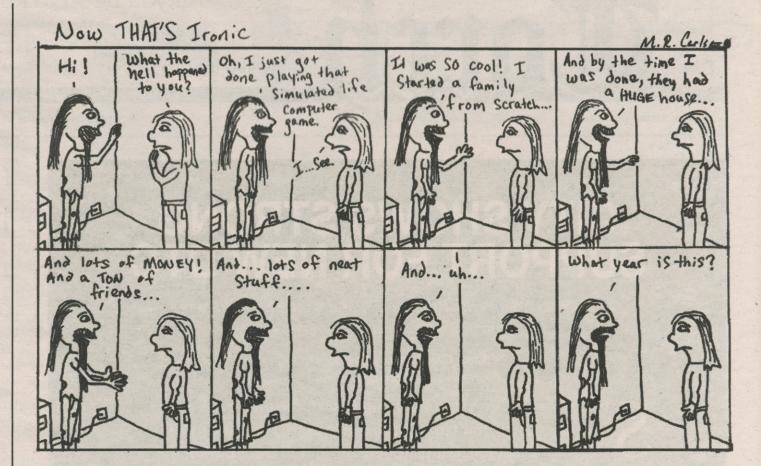
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E-mail: torch@lanecc.edu Ads: torchads@lanecc.edu

Mail: The LCC Torch Building 18, Room 218 4000 E. 30th Ave. Eugene, Ore. 97405

The official student-managed newspaper of Lane Community College is published every Thursday. Up to two copies per person per issue of The Torch are free; each additional copy is \$2.

Letters to the editor should be limited to 300 words. Commentaries should be limited to 750 words. Please include the author's name, phone number and address (phone number and address are used for verification purposes only and are not made public). The Torch reserves the right to edit letters and commentaries for length, grammar, spelling, libel, invasion of privacy and appropriate language. The Torch reserves the right to publish or not to publish at its discretion.



COMMENTARY

Listen by focusing on feelings of others

Train yourself to be a good listener by learning how to "listen deeply." To do this, you must put your own thoughts and beliefs on hold, and really focus on what the other person is saying.

Unfortunately, most conversations can be characterized as "my stuff/your stuff." They can be likened to a strange game of tennis – played with separate balls. You serve your ball to me. I let it pass and serve my ball back to you. You let it pass and serve your ball back to me. The game continues in this way – with neither player returning the other person's ball. In such an instance, it obviously isn't a game at all. And in a conversation with the same characteristics, it's not really a conversation at all. You want to tell your story and I want to tell mine.

We never hear the other person's story because we are too busy telling our own. How many conversations have you had lately that went this way? We can defuse another person's anger simply by putting an end to the "my stuff/your stuff" game and truly listening to that person. Interestingly, very often when you give an upset person the courtesy of politely listening to what they have to say, without interrupting them or retaliating in anger, their anger

is reduced. And they will be better able to listen to your story after you have fully listened to them.

As you are listening, focus on the feelings being expressed by the other person, rather than the strict meaning of their words. The feelings are the most important part of any message. When a child tells us, "Billie hit me," we tend to focus on the hit instead of how the child feels. If you can respond in a way that lets the child know you understand



Dean Van Leuven Columnist

how he feels, this will tend to calm him down. For example, "It sounds like you feel hurt and angry." Learn to deal with an angry person's feelings in this way. Their feelings are usually far more important to them than the event itself.

Dean Van Leuven has a Ph.D. in law and teaches the "Emotional Intelligence" class at the LCC Downtown Center.

LETTERS TO THE EDITOR

Getting to know Pat Riggs-Hensen

In a crowded field of candidates vying to represent the people of Springfield as a Lane County Commissioner, one candidate stands head and shoulders above the rest: that candidate is Pat Riggs-Henson. During her fourteen years of service as Springfield's elected representative on the Lane Community College Board of Education Pat worked collaboratively with all of the LCC stakeholders to find creative and viable solutions to the college's budget deficits. For the past 30 years Pat has protected Springfield's working families through her work as a career advisor for displaced workers and students while working for the Lane County Workforce Network. During her career Pat forged partnerships and built relationships between the business community, LCC and displaced workers. Riggs-Henson's creative leadership style and enduring relationships will serve the folks of Springfield well in these tough times. Honored as the Register Guard Volunteer of the Month for October 2009, Pat continually volunteers her time and efforts to improve the lives of all Springfield residents, serving on numerous community based organizations including, The United Way, The Springfield Rotary and the Northwest Youth Corps. Coming out of retirement, Pat is seeking this position because she sees a need for leadership and another opportunity to serve not because she needs a job. As demonstrated throughout her life and career, when Pat sees a need she steps up and fills it. Please join Peter DeFazio, Bill Morrisette and me in voting for Pat Riggs-Henson for Lane County

> Stephen Devereaux Eugene Resident

Vote for Pat Riggs-Henson

I would like to recommend that you vote for Pat Riggs-Henson for Lane County Commissioner when the ballots arrive in your mailbox.

I have known Pat for quite some years, during which I have had the pleasure of working with her as a member of Lane's budget committee while Pat was Lane's chair of their board. I was impressed that she made sure that everyone got a chance to express their views while maintaining a sense of comity and civility during the discussions.

The discussions, which occur during the meetings of the present Lane County Board of Commissioners, are often marked by the lack of comity and reduce the efficiency with which they conduct the county's business. I believe that Pat Riggs-Henson, if elected, would restore some of this missing comity and improve the way in which the Board conducts the business of citizens of Lane County.

For those of you who have not had the pleasure of working with Pat, I would suggest that you read the R-G 10/25/09 edition which contains a profile of Pat when she was selected as the United Way of Lane County's Volunteer of the month in the category of education. Pat was also profiled in the 7/31/09 edition of The Springfield Times.

Dennis Shine Retired LCC Board of Education member

Clarification

In the April 15 issue of The Torch, a story on the front page noted that student government elections take place May 4-6. This was a miscommunication. Actually, the elections take place May 10-12. We regret this misunderstanding and strive to provide accurate information. If you believe we have overlooked something, please call 541-463-5881.

The grass is always greener

Green Chem Club educates students of all ages in basic chemistry

EDER CAMPUZANO | Managing Editor

The Lane Green Chemistry Club will provide a series of demonstrations and information about its services during the Earth Day celebration in the Learning Garden.

The club is aimed toward educating students of a variety of ages about chemistry. Club members visit area schools — from elementary to high schools — and provide a service some institutions have had to scale back due to budget cuts.

"I'm helping the next generation find out the fun stuff about chemistry," Andrea Clark, the club's vice president, said.

Clark, the club's vice president, said. The Green Chem Club provides lessons on subjects ranging from basic chemistry to solar experiments.

"We try to focus on the greener aspect of chemistry," Clark said.

In addition to educating younger

students in the science of chemistry, the Green Chem Club surveys the Willamette River south of Jasper, Ore. and reports their findings. The main focus of the club is to provide science-related services to the residents of Lane County.

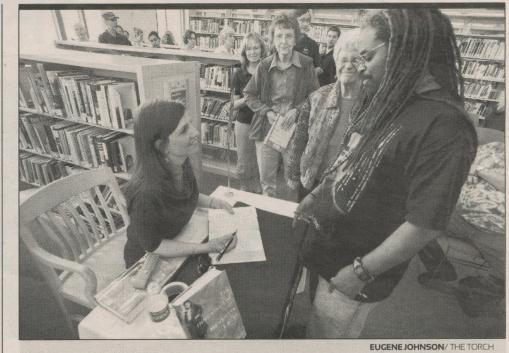
"I really like helping the community,"

One of the club's biggest projects has faced difficulties over the last five terms.

In that time, the club has had to move its biofuel station no less than four times. Each move has cost both the club and the college time and resources, said club adviser John Thompson.

The move also requires the help of approximately 12 club members in order to clean out all of the chemicals and prepare the equipment for the move.

According to Clark, when the club had to move the biofuel station to the east side of Building 10, the batch of fuel that was being created had to be dumped because it was not yet ready for harvest. The station's location was moved again later that week to a location that was not yet known at the time of printing.



Book signing

Author Rebecca Skloot signs a copy of her first book "The Immortal Life of Henrietta Lacks" for Lane instructor Mark Harris during her visit to the Eugene Public Library on April 18.

GARDEN

From Page 1

The Learning Garden staff will provide tips on how to grow the herbs in the Eugene/Springfield area.

At noon, there will be a local foods lunch where students can sample local foods prepared by Lane's Conference and Culinary Services.

There will be a planting party out in the garden from 1–2p.m.. It will provide students with the opportunity to see what the Learning Garden staff does all year

The Celebration begins at 3 p.m. The Learning Garden staff will be providing cake and music performed by the student jazz musicians to finish off the Earth Day celebration.

DTC

From Page 1

foundation holds in high priority.

Dennis Carr, Lane's Chief Human Resources Officer, told the council that Lane is "fully committed to this project."

According to Carr, if the council were to approve the urban renewal plan, Lane could have a shovel-ready project by September or October of this year.

"We could see completion by 2012 on a fast-track schedule," he said.

Carr also told the council that the construction of a new Downtown Center would help revitalize downtown Eugene in the short and long-term by creating construction jobs now and providing job training for future members of the workforce.

"This project can and will create economic

opportunities," he said.

The proposed design for the Downtown Center calls for the construction of a 900,000-square foot building — nearly twice the size of the current building on Willamette Street — that would include up to 200 beds in its dormitories and new headquarters for the college's energy management and renewable energy programs.

The plan would use \$8 million of the city's urban renewal funds to finance the building of the Downtown Center, with the college footing the rest of the bill. The city council has already agreed to sell the proposed site of the new Downtown Center to Lane for \$1.

Of the 31 Eugene residents and business owners who spoke at the hearing, 24 strongly

supported the plan in its entirety with only a handful opposing it. The rest asked the council to refer the plan to the November ballot.

Other aspects of the plan include increasing public safety presence in downtown Eugene, renovations and improvements to the Park Blocks where Saturday Market is hosted and expansion of the urban renewal district to include the proposed site of a new Veteran Affairs Clinic at 12th Avenue and Willamette Street.

The city council will vote on whether to approve, turn down or refer the urban renewal plan to a city-wide vote during its May 24 meeting. Until then, the council will accept public comment and other feedback until its May 10 work session.

Break into print... ...with a job that will give you valuable life experience.

Applications for 2010-11 Torch & Denali editors will be available Monday, April 26, in The Torch office, Building 18, Room 214, Lane Community College, 4000 E. 30th Ave. Eugene, Ore.

Applications are due on May 17 at noon. Return applications to Building 18, Room 214.

Denali Editor

The Denali editor selects and manages the 2010-11 student staff, organizes the production schedule and has the final word on all matters concerning the magazine. He/she must have a concrete understanding of, or the commitment to learn, the technical skills of the production process of a magazine. She/he can expect to work an average



of 20 hours per week. A background in literature and art is recommended. Knowledge of Indesign and Photoshop is extremely helpful. The editor must be an officially registered LCC student and must maintain a 2.00 GPA or higher. The Denali editor will be paid a stipend of \$550 per term and will serve fall, winter and spring terms of the 2010-11 academic year.

Torch Editor

The Torch editor is responsible for directing newsgathering and the publication process, and has control of the news and editorial content of the paper. The editor should have journalistic, management and organizational abilities, training and/or experience.

He/she should also have

previous service on a newspaper staff, and have gained an adequate understanding of the operation of a newspaper.

The applicants must have completed at least six credits at LCC within the last 12 months and be registered for six credits per term at LCC while editor. The editor must maintain a 2.00 GPA or higher, can expect to work 30-40 hours per week, and will receive a monthly stipend of \$600 per month for 12 months. The editor will serve fall, winter and spring terms of the 2010-11 academic year.



Local experts agree that regular maintenance is a key component of

Bicycle Safety

story by Steve Rowland

photo by Javier Magallanes

illustrations by Jacob Martin

Bicycling Hand Signals

These are the proper signals for turning and stopping while bicycling



Left turn



Right turn



Source: Oregon State Bicyclists Manual

Shifting gears when necessary and regular tune-ups can save a bicyclist more than money

lone white sentinel, a bicycle painted white, is permanently placed at 13th Avenue and Willamette Street in Eugene. It whispers of a tragedy that occurred when a bike met a car. Who was "in the right" or who was "in the wrong" doesn't matter. This is the Ghost Bike of David Minor.

This sentinel represents one of many unfulfilled lives lost.

There are two ghost bikes in Eugene: one representing Marcellus Tryk and the other representing David Matthew Minor. Tryk's ghost bike can be found on the corner of 17th Avenue and Lincoln Street. Statewide, there are at least 18 more ghost bikes — 17 in Portland and one in Bend. Nationally, ghost bikes can be found in 38 states. And worldwide, there are more than 100 ghost bikes throughout 18 countries.

Over the past 15 years, there have been 14 bike rider fatalities when a car and a bike have been involved in a wreck," Jenna McCulley of the Eugene Police Department said. "And, of course, that doesn't count the many injuries from the more minor accidents.'

In an effort to improve safety, the Eugene Police conducted a downtown traffic safety event on March 30 and 31. The operation was conducted to educate the public and to reduce the number of crashes

and conflicts between all road users. In the two-day period, 186 citations and 24 warnings for traffic-related offenses were issued. There were also six arrests and two vehicles impounded. Police cited for everything from failure to yield right-of-way to drug use.

'The effort by the department is to bring to everyone's attention the laws that are put in place to protect our lives," McCulley said. "Our city would be much safer if all citizens pedestrians, bicyclists and motorists - obeyed the laws and practiced courtesy and good sense.'

'I've ridden in Eugene for 15 years," Gary Cook, adviser for Greater Eugene Area Riders, said. GEARs is the largest Eugene riding club with more than 300



members. "I've found that over the past couple of years, the acceptance of motorists toward bicyclists has greatly improved. Of course, maybe two percent of the time, there are some jerks, the majority of which don't know the law and make it unsafe for everyone."

Bike safety equipment

From a slight tip-over to a wreck, bicycle safety starts with the helmet, also known as a "skid plate" by some cyclists. The helmet serves to protect a bicyclist's brain. Oregon law says that all riders under 16 must have a helmet with a Consumer Products Safety Commission label (or sticker) and must not be damaged in any way. Helmets should be replaced after one

Any questions about the proper fitting

of a helmet can be answered by either the Oregon Bicyclist's Manual or by a local bike shop professional. Helmets will cost from \$30-200 depending on options.

Next, the rider should wear a brightly colored, ideally fluorescent, vest or jacket. And, if wearing long pants, a pants clip is recommended.

Regarding lights, Oregon law says that lights are required when riding after dark. "Minimal is a white light that is visible 500 ft. to the front and a red light or reflector visible 600 ft. to the rear. More powerful lights are recommended. A white reflector on the front does not meet legal require-

Bike shops recommend bicyclists install a light on both the front and tail end of their bicycle; a bright blinking light during the daytime and a constant beam at night on the front and a red blinking light, often called a "blinky" by bike enthusiasts.

Other optional safety equipment includes affixing lights to a helmet to increase the cyclist's visibility, high-tech wheel reflector systems such as "chop spokes" and pedal reflectors. Experts also insist that riders make sure they choose a bike that fits them. Different bike types vary in fit.

The safe ride

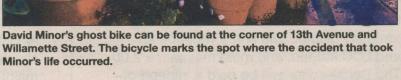
Under Oregon law, a bicycle is a vehicle. There are several laws in the state

that dictate proper operation of a bicycle on public roads. For instance, bicyclists are irged to ride in bicycl lanes when traveling on

busy streets. For that matter, cyclists are also urged to ride with the flow of traffic to ensure visibility of the rider to cars and vice versa. According to the Oregon Bicyclists Manual, 15 percent of bike accidents are caused by a cyclist riding against the flow of traffic. As a vehicle, a bicycle must always yield to a pedestrian as

"Walkers have the right of way and bikes

SEE BIKES ON PAGE 6



For many, it is worth spending more to reduce the risk of injury. Good lights are not expensive; crashing on your bike or being hit is painful and can be costly.

-Phil Cowles, Bike Friday Manager







Talking about vaginas

Eve Ensler's novel, "The Vagina Monologues," covered various issues such as abuse, puberty, menstruation, love, rape and led to V-Day, a national movement to stop violence against women and girls. Lane's Hope Club hosted the event in the Lane Performance Hall Wednesday, April 21. All the proceeds were donated to organizations that contribute to the health and safety of women.

LEFT: Tiffany Sanderson and Sierra Gault. UPPER LEFT: Brandi Dunkinsell. ABOVE: Ailiah Schafer, Bailey Elis-Wiard, Donna Wyrick, Rhea Gates

THIS WEEK @ 3:43

Jessica Gobeoi

Jessica Gobeoi will perform Shafser Smith's "Take a Bow" at 3:43 on April 23.

3:43 is a weekly Friday concert where student musicians perform.

Gobeoi has had an inclination toward the art of music since the third grade. She began playing guitar and moved on to the oboe, flute and currently plays the piano.

After developing an interest in therapy, she decided to change her major from music to music therapy. Gobeoi is a member of the Jazz Ensemble and the Symphonic Band.

Gobeoi will play the piano and sing at 3:43 in the Lane Performance Hall, Room

Brandy Dominguez,
 Assistant A&E Editor



JAVIER MAGALLANES / THE TORCH

Top &

Places to be outdoors around Eugene CHRIS COOPER | A&E Editor

Don't spend Earth Day in front of your television - pack a lunch, get outside and enjoy everything Mother Nature has to offer. Here are a few places close to town where you can spend your day.

1. Triangle Lake

Located approximately 45 miles west of Eugene, Triangle Lake is a natural water park. While there are plenty of lakes and rivers with rocks to jump from or trails to hike along, this one has the works. A five-foot waterfall pours into a deep swimming hole. The depth of this hole comes in handy when jumping from the many ledges that surround it. Water flows from the swimming hole along a large, smooth, moss covered rock creating a natural water slide into another deep pool for swimming.

2. Spencer Butte

Three paths lead to the top of the butte. The short trail is less than a mile long, extremely steep and runs up the north side to the top. The 1.2 mile mediumdifficulty trail zigzags its way to the summit on the south side. The long path starts on Willamette Street and runs into the medium trail, totaling five miles in length. Whichever path you decide to travel, the panoramic view from the top is worth every scenic step you take in the summits direction.

3. Dexter Reservoir

A short drive down Highway 58, a few miles past the Chevron, leads to Dexter Reservoir. The park at Dexter sits right on the Reservoir on the west side and is an ideal spot for soaking up some Vitamin D and enjoying the mountain scenery. The dam next to the park is a great place for Steelhead fishing. If fishing isn't your thing then try the 18-hole disc golf course that runs through the woods at the corner of the park.

4. Hendricks Park

Located near the heart of Eugene, next to the spot where Steve Prefontaine spent his last moments, sits a park that acts as a monument to a Eugene legend. The trails that run throughout Hendricks Park are used by hikers trying to enjoy the pure nature it has to offer and by runners looking to improve their endurance and achieve a good workout.

5. Mt. Pisgah Arboretum

A great place for a picnic, the Arboretum at Mt. Pisgah is nothing short of gorgeous. Anyone not wanting to hike 1.5-2 miles to the top can bask in the nature of the picturesque meadow and surrounding woods near the base of the mountain by the trailhead.

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"Pacific professors truly care. They were so eager to help me get exactly what I want from my education."

> Megan Sharp '09 Elementary Education



EUGENE JOHNSON / THE TORCH

Individuals looking for job prospects scoped out opportunities during the April 21 Career Fair in the Center for Meeting and Learning. Representatives from local businesses were available to answer questions and provide information for prospective employees.

Taking care of business

Health services provided the most opportunities at Lane Career Fair

Laura Cole | Reporter

ASLCC

If the Lane Career Fair was any indicator of the state of employment in Lane County, health care and service-based industries are going strong, retaining their hiring power even through the waves of the current economic storm.

Even with fewer participants than last year's event, this year's fair saw many new faces, all with potential employees in mind.

Garten Services, Inc., a Salem-based company that offers services to disabled individuals in the Eugene-Springfield area, was a new attendee of the career fair. Hiring the disabled for a variety of services including recycling, landscaping and other service related jobs, their-biggest concern is a clean driving record and potential employees being more forthcoming about themselves and their life experiences.

Another new face was the Oregon State Hospital, preparing for its 2013 opening in Junction City. Samaritan Health Services and New Horizons In Home Care were also new on the scene. The fair isn't just for show. Some employers — like fire suppression contractor Inbound — make hires during the fair.

"We hire many Lane graduates," Samaritan Home Health Services spokeswoman Anne Corcoran said.

Non-profit employers also came out of the woodwork for the career fair. Nearby Nature has been in Eugene 17 years providing environmental education for young adults. Working mostly with children, Nearby Nature's potential employees must pass a background check.

Safeway and Comcast also attended. Representatives from both companies echoed the sentiment of many employers present at the event: Tattoos and piercings must come second if you're serious about employment.

Many students didn't dress the part of a prospective employee, according to several business representatives.

"When you come to a career fair, dress like you are applying for a job," Lane Cooperative Education Coordinator Tamara Pinkas said.

BIKE

From Page 4

needs to be considerate of those that are walking," Bill Cole, manager of Wheelworks, said. "Call out as you approach that you are on their left and ring a bell. Letting people know that you are coming at a higher rate of speed is important to their safety and to yours."

A little known fact about bicycle operation is that DUIIs apply to bicyclists. If a rider is pulled over by the police with a blood alcohol level above .08, he or she would be subject to the suspension of driving privileges and a fine of up to \$12,500.

The Components of Good Bicycle Maintenance

Good maintenance yields a longer-lasting bike and a safer riding experience. Besides following the laws, wrecks can be avoided by

having equipment that doesn't fail during critical situations.

"If something feels different, or if you are noticing more play/ looseness in the bearings of a component, have some one address this to prevent premature wear," Jordan Bishko, manager of Bike Friday, said. "Tires should be changed if there is degradation on the sidewalls, worn treads or glass cuts. Proper inflation should GEARs workshops
Bike Maintenance

Clinic series

When: April 26 and 27, 6:30

Where: 1225 E 18th Ave. **Phone:** 541-484-9398

E-mail: gary@eugenegears. org

Web: http://eugenegears.org

be maintained at all times.'
Most riders know that they should keep their chain clean and lubricated. But do they know it is recommended that they maintain a pedal speed of 70 rpm or higher, and that they should shift down as they approach a stop? This allows the rider more control of the bike and at the same time, causes less stress on the mechanical parts.

Also, cyclists are discouraged from jumping curbs and encouraged to avoid storm grates, potholes and railroad tracks — all can damage both the rider and the bike.

Bike shop owners agreed that bicyclists should consider having their bikes inspected annually. This may cost between \$50-100 depending on the scope of the work. Bike owners should make sure what the cost entails to make sure that the bike is worth the cost.

"Your bike takes less to maintain then a car," Bill Cole, co-owner of Wheelworks, said. "A bike can be fixed and maintained for as long as the frame lasts and remains serviceable."

Many shops offer maintenance classes for the bicycles that they sell — often for a nominal fee. Some non-profits, such as GEARs, also offer classes.

Regardless of the measures that are taken, experts agree that the cost of maintaining a bicycle and riding safely is well worth it.

"For many, it is worth spending more to reduce the risk of injury," Phil Cowls, manager of Bike Friday, said. "Good lights are not expensive. Crashing on your bike or being hit is painful and can be costly."

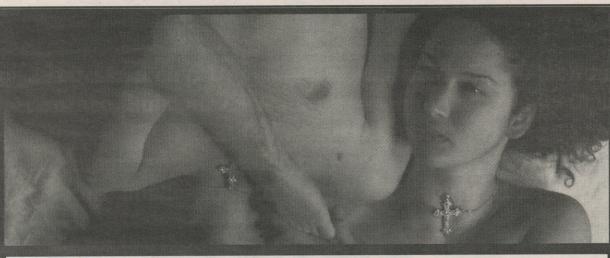
The importance of safe riding

The answer to bicycle safety is not the construction of more Ghost Bikes — they are only the beginning — a stark reminder of an unfulfilled life.

The real answer is the acceptance of all citizens to mingle several of modes of transportation. As the Eugene Police said, it means,

"Obeying the laws and practicing courtesy and good sense."

"Everyone should call his or her city councilor and the Mayor and ask them to start putting some real money into improving bicycle and pedestrian infrastructure," Paul Nicholson, of Paul's Bicycle Way of Life, said "Together [pedestrians] and bikes contribute about 20 percent of local trips. The city isn't even remotely close to dedicating commensurate funds. The days of the single occupancy vehicle as the dominant mode need to end and be replaced with impact transportation systems. More action and fewer committees please."



ROMEO AND JULIET

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APR 25
APR 30
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MAY 6
GROUNDATION

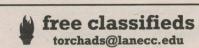
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News Briefs

Campus event committee seeks musicians

The LaneStock Committee is looking for musicians to participate in the end-of-year festival. The event will debut the last week of Spring term and is tentatively scheduled to occur in Bristow Square. Anyone interested should contact Matt Ray at 541-606-8857.

Academy Award nominated director speaks in Eugene

Judith Ehrlich, co-director of the Oscarnominated documentary, "The Most Dangerous Man in America: Daniel Ellsberg and the Pentagon Papers," will speak at Rock Java, 466 E 13th Ave., April 23 and 24 at 8:30 p.m. Admission is \$25 and seating is limited to 50 attendees.

US Bank collecting funds for Lane student's son

Lane student Lisa Warren's son was severely burned March 27 during an incident involving two other juveniles at the family's home in Oakridge. The boy was sent to the Emmanuel Legacy Hospital's burn unit in Portland for treatment. The family does not own a vehicle and is making frequent trips to the hospital for treatment. A fund has been set up and donations are accepted at any US Bank location.

Track and field sets records at Lewis and Clark Invitational

First place and new PRs earned in last meet

hree Titans placed first in their event at the Lewis and Clark Invitational track and field meet last weekend.
"Our four by [400 meters] women's team won their race ... our pole vaulters did very well ... Amber Williams won the women's pole vault," Titan coach Grady O'Connor said of last weekend's

Titan Miles Walk set a new personal record in the shot put event by throwing three feet over his previous PR.

"I would like to PR in everything and I know I can," Kallie Nowak said about her throws. "I've been throwing better in practice than I have been in meets."

Erika Bly set a new PR in the discus with an increase of 15 feet, which moved her from tenth to fourth in the NWAACC standings.

Amber Williams achieved a season best in the pole vault when she placed first in the event and beat out 10 other vaulters. Teammates Tayler Audia placed second and Sam Berryman took fourth.

Titan men, Robby Fegles and Jordan Parker, also placed in the pole vault event with a first and third place out of 19 competitors.

Marc Callagan looks forward to



EUGENE JOHNSON / THE TORCH

Titan Marc Callagan winds up for a discus throw during track practice Wednesday, April 21.

"working for the team" as opposed to for the individual competitor in next week's upcoming meet at Oregon City High School. "It's a smaller sized meet," Callagan said. "So it's a little bit more relaxed."

Arts Briefs

The fifth annual DisOrient Asian American Film Festival of Oregon will be coming to the Bijou Theater April 23-25.

The goal of the film festival is to combat the popular Hollywood stereotypes of Asians and Asian-Americans. The group is often depicted as being fluent in martial arts, hypersexual or asexual in body type, expendable as villains or nerdy by most media.

DisOrient is sure to lighten up Eugene with its three-day schedule of film screenings, workshops and special guests, including film director Patrick Epino.

Epino's film, "Mr. Sadman," will screen April 23, opening night. It portrays a Saddam Hussein body double who has lost his job and moved to Los Angeles in search of work.

The DisOrient film festival will screen six full-length features and 22 short films from more than 70 entries that have yet to hit theaters.

ASLCC EVENTS

Lane Community College Elections! Positions up for Election:

President/Vice President (must run together)

Treasurer

Campus Events and Multicultural Program Coordinator Senators

May 10, 11 & 12 Voting Starts on Express Lane! Students can vote on computers on or off campus. For more information; Speak with Bette Dorris in Bldg 1. Room 210B

Register to Vote with the ASLCC Student Government for Spring Primaries! Look out for a great fun event on April; 14, 21, and 27! Final day to register to vote will be on April 27, 2010.

Solutions Committee meeting at 12:00-2:00 p.m. in Bldg. 1 Room 212. Next meeting times to be announced next term.

The Learning Garden Work Party from 2:00-4:00 p.m. every Thursday at Learning Garden.

Learning Garden Meetings Times. Mondays 4:00 p.m. Bldg. 1 Room. 222.

Council of Clubs meets every second and fourth Tuesday of the month in Bldg 1. Room 210 from 4:00 p.m. to 6:00 p.m.

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The Torch newsroom is a learning environment for writers, photographers and artists. The skills and experience we offer will compare to internships that may not be available to you. Create a portfolio of published work, build your resume and earn credits while learning on the job. Team meetings at 12:15 p.m. on Mondays in Bldg. 18.

"What will you do to help support Earth Day?"

INTERVIEWS BY JAMES ANDERSON . PHOTOS BY BRANDY DOMINGUEZ



Geo Bitgood Sustainability Coordinator

"I think the most important and impactful thing that I do is employ critical thinking to everything that I do.



Davey Romero Sports Medicine

"At my house we recycle bottles, cans and glass.[we also recycle] when we change our oil, paper products and plastic."



Shabd Khalsa Human Physiology

"Being vegan and taking the bus as much as possible; not buying prepackaged foods.'



Drew Villegas Graphic Design

"I'll definitely provide support for all of the Earth Day events on campus."



Katie Fountain Graphic Design

"I try to be aware at the grocery store of what chemicals and preservatives are being used. I'm also not a fan of leather."



Autumn Lindsey Theater Arts

"At my house, when people throw something [recycleable] away, I take it back out [of the trash]. I use biodegradable stuff."

Call 541-463-5654 to list your items.





Recovery Happens in Narcotics Anonymous. For more information contact Narcotics Anonymous at: 541-729-0080 (24 hour helpline) http://lanecountyarea-na.

Kung fu/Taiji classes for all ages. Decades of teaching experience. Generations of Masters. David Leung 541-579-3612. http://leungmartialarts.com/.

Enjoy helping others? Want to share your knowledge of LCC with other students? The Counseling Department is now hiring Student Service Associates for the 2010-11 school year. For information go on-line to http://www. lanecc.edu/ces and click on Lane Job Connection or visit Career and Employment Services in Building 1, Room 102. Applications are due Friday, April 30, by 5 p.m.

Attention, musicians: Do you play in a band or group? Do you have a music link to your band's site? If so, please send your URL to lanestock2010@gmail.com.

POETRYpotpie in the Lane Library for April. Poetry from students, staff and faculty will be displayed in recognition of National Poetry Month. Submit yours at the Library Reference Desk.

OSPIRG is looking for volunteers to feed the hungry on May 8. To contribute, call 541-463-5166 or e-mail drossjenson@gmail.com.

Midtown MMA & Family Fitness 2600 Main St., Springfield. Unlimited gym use for \$39. Unlimited gym use and unlimited classes for \$99. Other deals available. 541-505-8388.

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